



FAMILY Faith Guide

• THE BEATITUDES •

**BLESSED ARE THOSE WHO HUNGER
AND THIRST FOR RIGHTEOUSNESS,**
for they shall be satisfied.

MATTHEW 5:6



1 READ TOGETHER

Read aloud as a family.



Matthew 5:1–12



Psalms 63:1–5



John 6:35

MAKE IT A HABIT



Set aside
15–20 minutes
this week to
talk about what
your family is
really hungry for.

2 FAMILY CONVERSATION



FOR YOUNG CHILDREN

- What do you do when you feel hungry or thirsty?
- What does Jesus want us to want most?
- Why is Jesus better than anything else?



FOR OLDER CHILDREN & TEENS

- What kinds of things do people chase to feel satisfied?
- How can busyness, entertainment, or success dull our appetite for God?
- What does it mean to hunger for righteousness?



FOR ADULTS

- What do my thoughts, habits, and schedule reveal about my spiritual appetite?
- What has been making me feel full without God?
- Am I truly seeking Christ, or just religious activity?

3 WHAT WE LEARNED SUNDAY



1. **A Holy Hunger** — Kingdom citizens are recognized by what they crave. A growing appetite for God is a sign of spiritual life.
2. **A Holy Righteousness** — Righteousness means living according to God's will and reflecting His character.
3. **Christ Is Our Righteousness** — Jesus does not merely teach righteousness; He embodies it and gives it to us.
4. **A Holy Satisfaction** — The world makes promises it cannot keep, but Jesus truly satisfies the hungry soul.



BIG IDEA

Kingdom citizens are recognized by what they crave. Their greatest desire is to become like Christ and see His righteousness displayed in every area of life.



WHAT DOES "RIGHTEOUSNESS" MEAN?

- Living according to God's will
- Reflecting His character
- Longing for Christ to be formed in us
- Wanting what pleases God more than what pleases self

4 BIBLE EXAMPLES



- David — "My soul thirsts for You." (Psalm 63:1)



- Paul — counted everything loss to gain Christ. (Philippians 3:8–10)



- The Woman at the Well — Jesus gives living water. (John 4:13–14)

5 TALK ABOUT IT



1. What do we hunger for most as a family?
2. How do lesser things promise satisfaction but leave us empty?
3. How does Jesus satisfy us differently than the world?
4. What is one way we can seek Christ more intentionally this week?

6 FAMILY CHALLENGE



Pray each day for a greater hunger for Christ.

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Replace one distraction with prayer or Bible reading.

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Read together as a family.

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Choose one act of obedience that reflects God's righteousness.

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Encourage one another with what God is teaching you.

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7 MEMORY VERSE

Matthew 5:6

**Blessed are those
who hunger and thirst
for righteousness,
for they shall
be satisfied.**

8



FAMILY PRAYER

Dear Jesus, thank You that You alone can satisfy the deepest hunger of our hearts. Forgive us for filling our lives with lesser things. Give our family a stronger desire for You, Your Word, and Your righteousness. Help us to seek Christ above comfort, success, and approval. Fill us with Your presence and make us more like You.

In Jesus' name, Amen.

★ 9 FAMILY CHALLENGE BONUS!



Write down one thing your soul has been craving.

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Share one way Jesus has satisfied you.

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Start a "Scripture Jar" with Matthew 5:6 and John 6:35.

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Pray for someone who is spiritually hungry.

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Memorize Matthew 5:6 together.

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