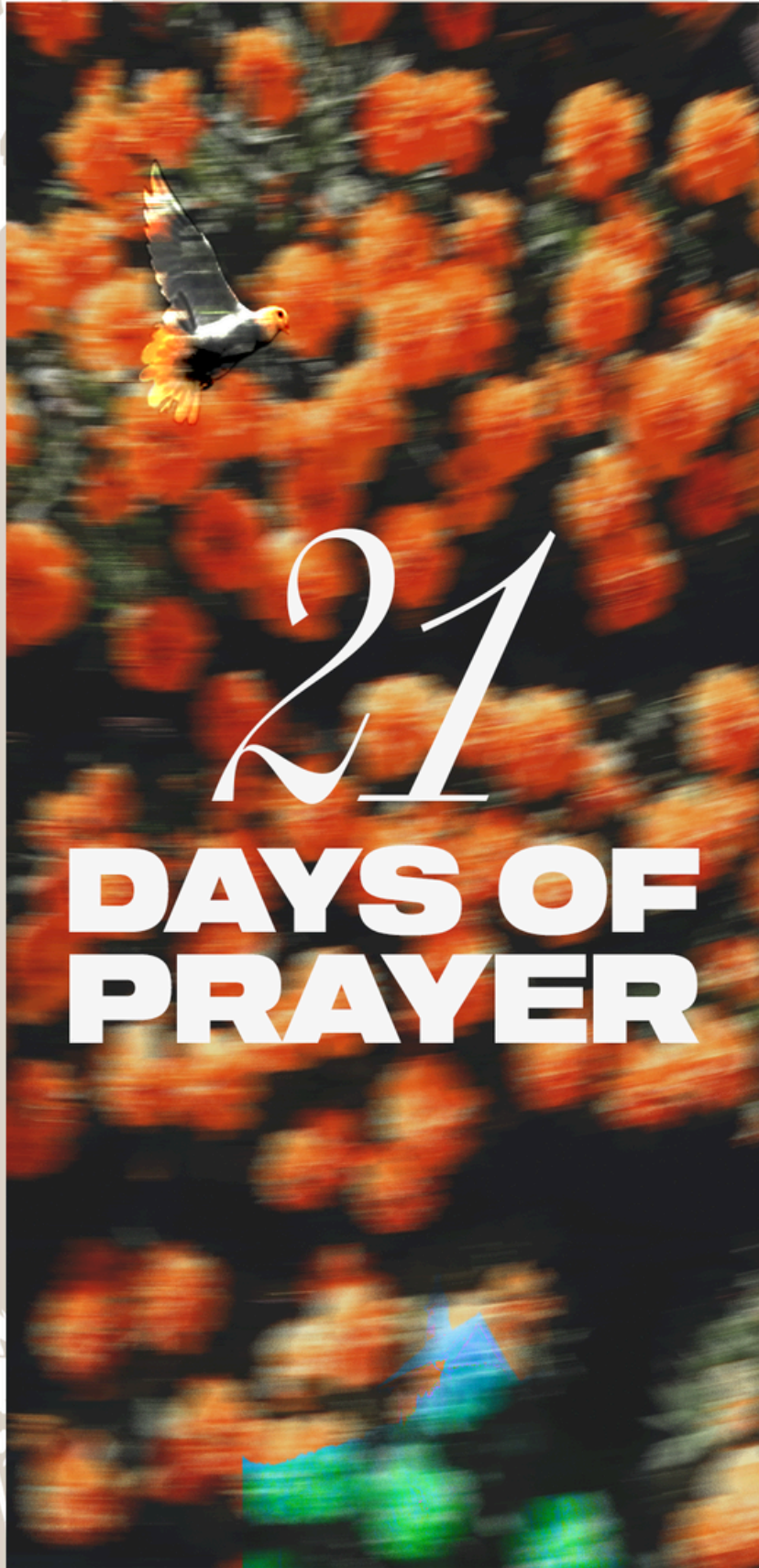


ANCHORCHURCH



* AUG • 2026

Anchor Church: 21 Days of Prayer Guide

Strongholds to Freedom

DAY 1: PRIDE TO HUMILITY

Devotional Thought: Pride elevates self, but humility makes room for God. When we lower ourselves, His grace floods in.

Scripture: God opposes the proud but gives grace to the humble. (James 4:6)

Prayer Focus: Ask God to reveal hidden pride and cultivate a soft, teachable heart. Pray to serve instead of seek status.

Declaration: I renounce pride. I embrace humility and dependence on God.

Day 2: FEAR TO PEACE AND TRUST

Devotional Thought: Fear whispers lies, but trust anchors us in truth. Peace comes when we believe God is truly with us.

Scripture: God has not given us a spirit of fear, but of power, love, and a sound mind. (2 Timothy 1:7)

Prayer Focus: Give God specific worries. Ask the Spirit to quiet anxious thoughts and strengthen faith.

Declaration: I renounce fear and anxiety. I embrace peace and trust in God.

Day 3: ANGER TO LOVE AND PATIENCE

Devotional Thought: Anger is natural, but lingering anger becomes a doorway for the enemy. Love disarms hostility.

Scripture: Be angry and do not sin. Do not let the sun go down on your anger and give no opportunity to the devil. (Ephesians 4:26-27)

Prayer Focus: Bring God unresolved anger or resentment. Ask for the ability to respond with patience and gentleness.

Declaration: I renounce anger and rage. I embrace patience and Christlike love.

Day 4: UNFORGIVENESS TO FORGIVENESS AND GRACE

Devotional Thought: Forgiveness does not excuse wrong. It frees the one who releases the offense.

Scripture: Forgiving one another, as God in Christ forgave you. (Ephesians 4:32)

Prayer Focus: Name people you need to forgive. Ask God for the strength to release them fully.

Declaration: I renounce bitterness. I embrace forgiveness and grace.

Day 5: LUST TO PURITY AND HONOR

Devotional Thought: Lust warps desire, but purity restores it. God calls us to honor Him with our bodies and minds.

Scripture: Flee from sexual immorality. (1 Corinthians 6:18)

Prayer Focus: Ask God to cleanse your thoughts and help you flee temptation. Pray for eyes that see others with honor.

Declaration: I renounce lust. I embrace purity and holiness.

Day 6: GREED TO CONTENTMENT AND GENEROSITY

Devotional Thought: Greed never feels full, but contentment rests in God's sufficiency.

Scripture: You cannot serve God and money. (Matthew 6:24)

Prayer Focus: Pray for joy in what you have and a generous spirit. Ask God to break the pull of materialism.

Declaration: I renounce greed. I embrace contentment and generosity.

Day 7: ADDICTION TO FREEDOM AND SELF-CONTROL

Devotional Thought: Addiction chains, but Jesus breaks chains. Freedom is possible, real, and promised.

Scripture: If the Son sets you free, you will be free indeed. (John 8:36)

Prayer Focus: Pray for deliverance from destructive habits. Ask for strength and accountability for lasting freedom.

Declaration: I renounce addiction. I embrace freedom in Christ.

Day 8: INJUSTICE TO JUSTICE AND RIGHTEOUSNESS

Devotional Thought: God hears the cry of the oppressed and calls His people to act, speak, and stand for justice.

Scripture: Seek justice, correct oppression. (Isaiah 1:17)

Prayer Focus: Pray against injustice in your community. Ask God to use you as a defender of the vulnerable.

Declaration: I renounce injustice. I embrace righteousness and justice.

Day 9: IDOLATRY TO WORSHIP AND DEVOTION

Devotional Thought: Idols promise satisfaction but steal affection from God. Worship reorders the heart.

Scripture: You shall have no other gods before Me. (Exodus 20:3)

Prayer Focus: Ask God to expose hidden idols. Lay them down. Make Jesus first in priorities, time, money, and affection.

Declaration: I renounce idolatry. I embrace wholehearted worship.

Day 10: LIES TO TRUTH AND DISCERNMENT

Devotional Thought: Deception blinds, but truth sets free. God's Word is the anchor.

Scripture: Take every thought captive to obey Christ. (2 Corinthians 10:5)

Prayer Focus: Pray for discernment in media, voices, and thought patterns. Ask the truth to uproot every lie.

Declaration: I renounce deception. I embrace truth.

Day 11: UNBELIEF TO FAITH

Devotional Thought: Faith is not the absence of questions. It is trusting God despite them.

Scripture: Without faith it is impossible to please God. (Hebrews 11:6)

Prayer Focus: Ask God to strengthen weak areas of belief. Pray for faith to rise over fear of the unknown.

Declaration: I renounce unbelief. I embrace faith.

Day 12: HOPELESSNESS TO HOPE AND JOY

Devotional Thought: When darkness whispers defeat, God speaks hope. He is the God of tomorrow.

Scripture: May the God of hope fill you with joy and peace. (Romans 15:13)

Prayer Focus: Pray for restoration of hope. Cover those battling depression or despair with intercession.

Declaration: I renounce hopelessness. I embrace hope in Christ.

Day 13: ENVY TO GRATITUDE

Devotional Thought: Envy says I deserve what they have. Gratitude says God has been good to me.

Scripture: Where jealousy exists, there will be disorder and evil. (James 3:16)

Prayer Focus: Thank God intentionally. Rejoice in others' blessings rather than resent them.

Declaration: I renounce envy. I embrace gratitude.

Day 14: APATHY TO PASSION FOR GOD

Devotional Thought: Lukewarmness leads to drift. Hunger leads to encounter.

Scripture: Be fervent in spirit, serve the Lord. (Romans 12:11)

Prayer Focus: Ask God to ignite passion for His Word, worship, and mission. Repent of spiritual laziness.

Declaration: I renounce apathy. I embrace spiritual fire and hunger for God.

Day 15: DIVISION TO UNITY AND PEACE

Devotional Thought: The enemy divides. The Spirit unites.

Scripture: Let there be no divisions among you. (1 Corinthians 1:10)

Prayer Focus: Pray for unity in marriages, families, churches, and communities. Be the first to forgive.

Declaration: I renounce division. I embrace unity.

Day 16: PREJUDICE TO LOVE AND HONOR

Devotional Thought: The gospel unites every nation and people under Christ.

Scripture: You are all one in Christ Jesus. (Galatians 3:28)

Prayer Focus: Pray for God to uproot prejudice in hearts and systems. Pray for reconciliation and supernatural love.

Declaration: I renounce prejudice. I embrace love and honor.

Day 17: VIOLENCE TO GENTLENESS AND PEACEMAKING

Devotional Thought: God's heart is for protection, not harm. Peace is a fruit of the kingdom.

Scripture: The Lord hates the one who loves violence. (Psalm 11:5)

Prayer Focus: Pray for safety in homes, cities, and nations – Intercede for the abused and oppressed.

Declaration: I renounce violence. I embrace peace.

Day 18: SHAME TO IDENTITY IN CHRIST

Devotional Thought: Shameshackles, but Jesus calls you clean. You are forgiven, loved, and new.

Scripture: There is no condemnation for those in Christ Jesus. (Romans 8:1)

Prayer Focus: Receive forgiveness deeply. Pray for others to find freedom from shame.

Declaration: I renounce shame. I embrace who I am in Christ.

Day 19: OCCULT INFLUENCE TO HOLY SURRENDER

Devotional Thought: All spiritual power outside Christ is counterfeit. God's power is true and freeing.

Scripture: No one among you who practices divination or sorcery. (Deuteronomy 18:10)

Prayer Focus: Break ties with counterfeit spirituality. Pray for deliverance and purity in worship.

Declaration: I renounce occult influence. I embrace Holy Spirit leadership.

Day 20: REBELLION TO OBEDIENCE AND SURRENDER

Devotional Thought: Obedience is not restriction. It is in alignment with blessing.

Scripture: Rebellion is as the sin of witchcraft. (1 Samuel 15:23)

Prayer Focus: Yield every resistant area to God. Ask for a teachable heart.

Declaration: I renounce rebellion. I embrace joyful obedience.

Day 21: INDULGENCE TO SELF-CONTROL

Devotional Thought: Self-control is strength. When appetites bow to God, freedom grows.

Scripture: A man without self-control is like a city without walls. (Proverbs 25:28)

Prayer Focus: Ask God to discipline desires and restore healthy boundaries. Crave presence more than pleasure.

Declaration: I renounce excess. I embrace Spirit-led self-control.