

THE UNDEFEATABLE MAN - PART 2

Fulfilled in Jesus

Philippians 4:10-23 | PARTICIPANT GUIDE (October 4th, 2026)

Key Idea

The undefeatable life is not built on favorable circumstances. Paul has learned that Jesus Christ is more than enough in need or abundance. Because his security is in Christ, he can live generously, trust God to provide, and let his life point beyond himself to the greatness of God.

Key Scripture

"I have learned the secret of being content in any and every situation... I can do all this through him who gives me strength." - Philippians 4:12-13 (NIV)

Icebreaker Activity - Enough or More?

Name one everyday thing for which you tend to think, "If I just had a little more, I'd be satisfied." Keep it light - vacation time, closet space, coffee, tools, money, free time, etc. Then consider: Why is "enough" such a moving target?

Paul learned a secret that freed him from the moving target of "more": his fulfillment was no longer dependent upon what he had because Jesus Christ was more than enough.

Read Together - Philippians 4:10-23

Listen for the words and ideas connected to contentment, strength, giving, provision, glory, and grace.

I. The Undefeatable Man Has Learned the Secret of Contentment and Has Discovered That Jesus Christ Is More Than Enough. (vv. 10-13)

"You can't defeat a man whose fulfillment isn't dependent upon his circumstances."

1. What words or contrasts in verses 10-13 show that Paul's circumstances had changed dramatically over time?
2. Paul says twice that he "learned" contentment. What does that suggest about how spiritual contentment develops in our lives?
3. Read Hebrews 13:5-6. What connection does this passage make between contentment and the presence of God?
4. Read Psalm 73:25-26. What does it mean for God to be "the strength of my heart and my portion forever"?
5. Philippians 4:13 is often quoted as a promise of achievement. In its context, what is Paul actually saying Christ gives him strength to do?

Take away his money - Jesus Christ is enough.

Give him success - Jesus Christ is still enough.

Let him experience weakness - Jesus Christ strengthens him.

Let him experience strength - Jesus Christ keeps him grounded.

II. The Undefeatable Man Lives with Open Hands - He's Generous and Trusts God to Meet All of His Needs. (vv. 14-19)

“Nothing that you have not given away will ever be really yours.” - C.S. Lewis, Mere Christianity

6. What do verses 14-18 reveal about the Philippians' history of generosity and partnership with Paul?
7. Why does Paul say in verse 17 that he is more interested in what is “credited to your account” than in receiving the gift itself?
8. Paul describes their gift as a “fragrant offering” and “acceptable sacrifice.” How does viewing generosity as worship change the way we think about giving?
9. Read 2 Corinthians 9:6-8. What attitudes and promises in this passage help a believer live with open hands?
10. What is the difference between trusting God to meet our needs and assuming God will give us everything we want?

A fulfilled heart can live with open hands because its security is not in what it holds.

III. The Undefeatable Man's Life Is a Testimony of God's Greatness. (vv. 20-23)

The Undefeatable Man isn't a testimony of how strong the man is. His life is a testimony of how great his God is.

11. Why do you think Paul moves from God's provision in verse 19 directly to God's glory in verse 20?
12. Read Psalm 40:1-3. What did God do for David, and what happened when others saw what God had done?
13. Read Philippians 1:20-21. How does Paul's desire at the beginning of the letter connect with his words about God's glory at the end?
14. What would it look like for the way you handle success, disappointment, need, or abundance to become a testimony of God's greatness?
15. Looking back over our journey through Philippians, what is one truth God has impressed on you that you want to carry forward?

Personal Application - Where Is Jesus Teaching Me That He Is More Than Enough?

Identify one area where circumstances have too much influence over your sense of fulfillment, one way God may be asking you to loosen your grip and live more generously, or one situation in which your response could point someone else toward God. Choose one concrete response for this week.

Prayer

Jesus, teach me to find my fulfillment in You. Help me be content in every circumstance, live with open hands, trust the Father to provide what I need, and let my life point others toward Your greatness. May You receive the glory.

Prepare for Next Week

This concludes our journey through Philippians. Re-read Philippians 1:3-6 and 4:20-23 this week. Thank God for what He has begun in you, and ask Him to continue His work as you live out what you have learned.