

IT'S ALL ABOUT JESUS

Jesus Is Enough

Colossians 2:6–23 | **PARTICIPANT GUIDE** (November 1st, 2026)

Key Idea Human philosophies cannot save or complete us. Jesus Christ gives us new life and calls us to live in His freedom and fullness.

Key Scripture “and in Christ you have been brought to fullness. He is the head over every power and authority.” — Colossians 2:10 (NIV)

Icebreaker What is one popular idea about happiness, success, or identity that people often accept without questioning?

Read Colossians 2:6–23. Notice what Paul says about worldly thinking, the fullness found in Christ, and the limits of human rules.

I. CONTINUE TO FOLLOW JESUS (*Colossians 2:6–8*)

1. According to verses 6–7, what does it look like to remain rooted and built up in Jesus in everyday life?
2. What does Paul mean by being “taken captive” by hollow and deceptive philosophy (v. 8)?
3. Where might popular ideas about identity, success, truth, or happiness influence Christians more than Scripture does?

II. JESUS IS ENOUGH (*Colossians 2:9–15*)

4. What do verses 9–10 teach us about who Jesus is and what it means to be brought to fullness in Him?
5. In verses 11–14, what has God done for us through Christ that human wisdom or effort cannot accomplish?
6. Read John 14:6 and 2 Peter 1:3. How do these passages challenge the idea that Jesus is only one option among many?

III. LIVE IN THE FREEDOM AND FULLNESS OF CHRIST (*Colossians 2:16–23*)

7. Why do religious rules and outward practices sometimes appear wise while failing to change the heart (vv. 16–23)?
8. Read John 10:10 and Psalm 16:11. How can life in Christ produce genuine freedom, joy, and purpose even when circumstances remain difficult?

Personal Application What is one specific belief, habit, or source of security you will bring under Christ’s authority this week so you can live more fully in Him? In other words, has religion seeped into your relationship with God? And if so, how?

Prayer Thank Jesus for forgiveness and new life. Ask Him to renew your thinking, free you from false sources of security, and deepen your joy and trust in Him.

Prepare for Next Week Read Colossians 3:1–17. Consider how being raised with Christ changes our identity, priorities, attitudes, and relationships.