IT'S ALL ABOUT JESUS

Look Up!

Colossians 2:6–23 | **PARTICIPANT GUIDE** *(November 8th, 2026)*

Key Idea: God raises us to new life in Christ, secures our future in Him, and renews us in His image. We respond by looking to Christ, taking off the old ways, and putting on the New Life.

Key Scripture: *Colossians 3:1 (NIV)*

Icebreaker: What is something you've focused on that ended up influencing your choices or priorities (i.e. a person/relationship, career, idea, etc.)?

Read Together Colossians 3:1–17. Notice what God has done for us and how we are to respond.

I. WHAT GOD DOES *(Colossians 3:1–4, 9–12)*

1. **RAISE UP!** According to verses 1–4, what has God done for believers through Christ, and how does that change our identity and future?
2. **KEEP SECURE!** Read John 10:27–30 and Romans 8:35–39. How does knowing that our lives are secure in Christ help us face uncertainty or suffering?
3. **MAKE NEW!** Compare Colossians 3:10 with Ezekiel 36:26–27. What does it mean that God gives us a new heart and continues renewing us in His image?

II. WHAT I DO *(Colossians 3:1–2, 5–9, 12–17)*

4. **LOOK UP!** What is the difference between setting our minds on things above and simply ignoring our earthly responsibilities? Read Matthew 6:33 and 2 Corinthians 4:16–18. What tends to capture your attention, and how could an eternal perspective change your priorities this week?
5. **TAKE OFF!** Why does Paul tell people who have already taken off the old self to actively put sinful habits and attitudes to death? Which attitudes in verses 5–9 are easiest to excuse?
6. **PUT ON!** Which quality in verses 12–14—compassion, kindness, humility, patience, forgiveness, or love—would make the greatest difference in your relationships right now? According to verses 15–17, what would it look like for Christ's peace, His Word, and gratitude to shape the way our group and church live together?

PERSONAL APPLICATION

What is one specific way you will look up, take off an old habit, or put on a Christlike quality this week? Who might notice the difference?

PRAYER

Thank God for new life and security in Christ. Ask Him to renew your heart, redirect your attention, and help you reflect Jesus in your relationships.

PREPARE FOR NEXT WEEK

Read Colossians 3:18–4:1. Consider how following Jesus shapes our everyday relationships and responsibilities.