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SENIOR NUTRITION MENU

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 TERIYAKI CHICKEN	4	5 SLOPPY JOES WITH FRIES	6	7
8	9	10 MEATLOAF	11	12 CHICKEN NOODLE SOUP	13	14
15	16	17 POTATO BAR	18	19 CHICKEN WITH RICE	20	21
22	23	24 BREAKFAST FOR LUNCH	25	26 HAPPY THANKSGIVING NO LUNCH	27	28
29	30					