

SENIOR NUTRITION MENU

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 POTATO BAR	2	3
4	5	6 SPAGHETTI WITH MEAT SAUCE	7	8 GREEN CHILI CHICKEN CASSEROLE	9	10
11	12	13 BRATS & ONIONS	14	15 ENCHILADA CASSEROLE	16	17
18	19	20 PORK LOIN	21	22 CHICKEN ALFREDO	23	24
25	26	27 TACO SALAD	28	29 CHICKEN CORN CHOWDER	30	31