

SENIOR NUTRITION MENU

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SPAGHETTI WITH MEAT SAUCE	2	3 CHICKEN SALAD CROISSANTS	4	5
6	7	8 CHICKEN POT PIE	9	10 CHEESY BEEF AND SHELLS	11	12
13	14	15 COBB SALAD	16	17 CHILI AND CORNBREAD	18	19
20	21	22 ROSEMARY CHICKEN	23	24 MEATLOAF	25	26
27	28	29 HAM & CHEESE SLIDERS	30			