Life Group Discussion Guide

11/08/2026



Sermon Summary: This week, we begin a new sermon series – God as deliverer. Pastor Tara Beth used the image of paddling to describe how we strive for that thing that will make our lives complete. But somehow no matter how much we paddle, even when we get that thing, it isn't enough. We have drifted in the wrong direction and we need an outside intervention.

The threadline for this series is that it is God who does the acting. We need to realize that we must put our paddles down and reach to God for His help. We often think we have to get it all together before we can approach Him but the fact is that rescue always begins with God. He hears our cries. He sees us and knows us intimately, including the things we think no one knows. God moves to us before we even recognize our need for Him. The Deliverer is here.

Conversation Starter: When someone gives you directions, do you find terms like north and south confusing? Or do you have a sort of internal compass?

Prayer: Heavenly Father, open our hearts as we gather here. Help us to know that we don't need to fix everything before we can reach out to You. We can come to You as we are, in need of Your strong arms and powerful love. In Jesus' name, we pray. Amen.

Read Scripture together: Exodus 3: 7-8

3-Question Study Method

Use this method to understand the passage.

1. What is the passage about?
2. What do I learn about God?
3. What is the lesson I learn that I can apply to my life?

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Discussion Questions:

- What comes to mind when you hear the word “Deliverer”? How does viewing God as deliverer differ from viewing Him as creator, judge or provider?
- What details in the Scripture reading (above) reveal God’s heart prior to delivering Israel? How does knowing that God *sees*, *hears* and *knows* our suffering change how we wait for deliverance?
- Why is it often difficult to trust God as deliverer when circumstances don’t change immediately? How does looking at the long-term historical deliverance in the Bible help reshape our expectations?
- How should experiencing spiritual deliverance from sin and death change the way we handle everyday anxieties, conflicts and personal failures?
- Do you have a friend who always seems to know when to get in touch – just when you need to hear from them? What does that mean to you? Has this ever happened at a particularly troublesome time?
- Before Israel crossed the Red Sea, Moses told them “The Lord will fight for you; you only need to be still (Exodus 14:14). Why is “being still” often the hardest part of waiting for God’s deliverance?

Memory Verse: “The Lord will fight for you; you need only to be still.” Exodus 14: 14

Closing Prayer: Dear Father, Teach us how to “be still” as You fight for us. Help us to remember that deliverance isn’t always about You removing obstacles, but about Your steadfast presence right in the middle of our struggles. When we feel stuck or overwhelmed, remind us of Your power and relentless love. In the mighty name of Jesus Christ, we pray. Amen.