

Discernment Questions

Adapted from Material Created by Andrew Ranucci

Guiding Passage

This is what the Lord says: 'Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.'

-Jeremiah 6:16

Part 1: Contemplation

"Stand at the crossroads and look"

1. Is the orientation of my life toward God and His Kingdom?
2. Am I biased toward one way over the other?
3. Am I making central what should be peripheral?

Part 2: Consideration

"Ask for the ancient paths"

4. Is my decision in keeping with the way of Biblical principles?
5. Is my decision in keeping with what Jesus would do if he were me?
6. Is my decision in keeping with my calling? My vocation?

Part 3: Clarification

"Ask where the good way is and walk in it"

7. Am I choosing the easy solution?
8. What is the nature of my heart's deepest desire and longings?
9. What will lead me to experience greater life and love?

Part 4: Confirmation

"And you will find rest for your souls"

10. Which decision am I feeling drawn to (not driven to)? (Note the distinction of *drawn* vs. *driven*)
11. For what outcome am I feeling the most consolation/ peace?
12. Has my community of faithful people helped confirm my decision?