

Questions for Vocation Discernment
Adapted from Garden City

- 1) What do you love?
 - What are you passionate about?
 - What makes you angry? Sad? Happy? Energized?
 - What would you do with your life if you didn't get paid and you didn't need the money?
- 2) What's your life's throughline?
 - Think of your life.
 - What patterns and themes do you see?
 - Where do you find yourself returning to over and over?
 - Is there a "throughline" through the different episodes in your life/ career/ work?
- 3) What are you good at?
 - What do you do that is excellent (or at least good)? Does this bring you joy?
 - What have you done that you are – well – bad at?
- 4) What does your world need?
 - Start by just identifying the world you actually inhabit and the places you actually have influence (so likely not the White House or some remote impoverished land).
 - When you think of the world, what do you see that you think needs to be fixed?
 - Where is "the place where your deep gladness meets the world's deep need?"
- 5) Does your work make the world a more "Garden-like" place?
 - Do you contribute to human flourishing?
 - Do you help others thrive?
- 6) What are the open doors in your life right now?
 - Where might God be opening doors for you to be right now?
 - Where do you notice repeated themes (opportunities, themes in your life, etc.)?
- 7) What is God blessing?
 - Is there an area in your life that God just keeps blessing?
- 8) What is your community saying?
 - What do people who know you best say you should or could do? About your calling?
 - Do people affirm your desire? Are they against it?
- 9) What is the Spirit stirring in your heart?
 - Have you gotten a sense that God may be desiring something for you?
 - Have you taken your desires to God in prayer? What does God say (if anything)?