

MAY 3, 2026

**BANQUET OF
BELONGING**
meals with Jesus

Belonging in Communion

SERMON RESOURCE



OUR LITURGY

*The Lord is here. His Spirit is with us.
And where the Spirit of the Lord is -
There is freedom!*

CONNECT

— 10 MINUTES

Share about a time that communion was particularly meaningful to you.

Scripture Focus:

- Luke 22:14–27
- 1 Corinthians 11:17–30
- James 3:13–15

REVIEW

— 30 MINUTES

1. Remembering What Christ Has Done

- “Do this in remembrance of me.” (Luke 22:19)
- What does it mean to “remember” in a deeper, active way —not just mentally but spiritually?
- Why do you think Jesus emphasized remembering His sacrifice?
- How does communion fuel hope for what is still to come?
- Reflect: Where have you drifted into forgetting the significance of what Christ has done?

2. The Tension at the Table (Luke 22:24)

- What stands out to you about the disciples arguing during such a sacred moment?
- Where do you see “self-protection” or “self-promotion” show up in your own life?
- Honest Reflection—Have you recently struggled with:
 - Envy (wanting what someone else has)?
 - Selfish ambition (needing to win, be seen, or be right)?



3. The Jesus Way: Servant Leadership (Luke 22:26)

- What does it practically look like to “take the lowest place” today?
- How is servant leadership different from passivity or being a doormat?
- When is it difficult for you to choose humility over control?
- Think of a current tension or relationship: What would it look like to respond in the “Jesus way” instead of defensiveness?

4. Discerning the Body of Christ (1 Corinthians 11:29)

- Two key dimensions:
 - Recognizing Christ’s Presence
 - Do you tend to approach communion casually or with reverence?
 - What helps you become more aware that Jesus is truly present?
 - Recognizing the Community as His Body
 - Why is it impossible to follow Jesus in isolation?
 - How does individualism weaken the church?
 - What does it look like to truly honour others as part of Christ’s body?

5. Examining Our Hearts (1 Corinthians 11:28)

- Why is self-examination necessary before communion?
- What’s the difference between healthy conviction and shame?

6. The Power of Forgiveness

- Why is forgiveness essential to belonging?
- How is forgiveness different from reconciliation?
- What makes forgiveness so difficult?
- Forgiveness is not saying “it didn’t matter.”
 - It is releasing the debt to Jesus.
 - Is there someone you need to forgive today?



APPLICATION

— 30 MINUTES

Pray:

“Lord,
Search me—is there pride, bitterness, judgement,
unforgiveness in my heart?
Forgive me,
Reconcile me as I forgive others,
Help me receive You with faith
And love Your people well.
Amen.”

Take Communion together and share testimonies of what God has done in your life as well as petitions you want to carry together. Remember all He has done and all He has promised to do!

Communion is not just about *you and Jesus.*
It is about *us and Jesus together*—a people forgiven,
formed, and sent in love.

GOING DEEPER

— 10 MINUTES

Watch [THIS](#) testimony of Corrie ten Boom forgiving the guard who had abused her and her sister.

Read [THIS](#) article from John Hopkins Medicine — ***Forgiveness: Your Health Depends on It.***

