NOVEMBER 22, 2026



EPHESIANS

Mysteries Revealed

The Revelation of God's Power

SERMON RESOURCE

westlife CHURCH

OUR LITURGY

The Lord is here. His Spirit is with us.
And where the Spirit of the Lord is -
There is freedom!

CONNECT

- When you feel under pressure, discouraged, or in conflict, who or what do you tend to see as the problem?
- Have you ever found yourself fighting the wrong battle, using the wrong strategy, or exhausting yourself trying to solve something that wasn't actually the root problem?
- What does it look like for you to rely on your own strength when you feel threatened, vulnerable, or overwhelmed?

REVIEW

Read: Ephesians 6:10–13

Know your enemy

Paul reminds us that our struggle is not ultimately against flesh and blood, but against spiritual forces that oppose God.

- How does recognizing that people are not our ultimate enemy change the way we view difficult relationships, disagreements, or conflict?
- What are some ways the enemy seeks to deceive, divide, discourage, or destroy?

Read: Ephesians 2:1–3

Paul describes three influences in our struggle against sin: the world, the devil, and our own sinful nature.

- How do you recognize these influences in your own life?
- Where might you need to pay greater attention to the influence of culture, the lies you believe, or the desires of your own heart?
- There are two ditches we can fall into: believing everything is the devil, or believing nothing is the devil. Why is it important to recognize spiritual opposition without losing sight of our own responsibility to repent, confess, and pursue obedience?

Stand in what God has given you.

Read: Ephesians 6:13–17
The armour of God is not something we manufacture through our own strength. It represents the truth, righteousness, peace, faith, salvation, and Word of God that we have been given in Christ.

- What stands out to you about the instruction to stand firm rather than striving to win through our own strength?

Consider each piece of armour:

- **Belt of Truth**: What lies are you most susceptible to believing? How does knowing God's truth protect you?
- **Breastplate of Righteousness**: When you fail, where do you tend to look for your worth or try to prove yourself? How does Christ's righteousness protect you from shame, accusation, and condemnation?
- **Shoes of Peace**: What does it mean to be rooted in the peace we have with God rather than trying to manufacture peace in our circumstances?
- **Shield of Faith**: What are some of the fiery arrows you experience—fear, temptation, accusation, doubt, or discouragement? What does it look like to actively trust God when those arrows come?
- **Helmet of Salvation**: How does remembering that you belong to God, that He is at work in you, and that He will complete what He started protect your mind?
- **Sword of the Spirit**: Why is it important to know God's Word before we find ourselves in a moment of temptation, fear, or discouragement? How did Jesus use Scripture when He was tempted?

Which piece of armour do you most need to be reminded of in this season of your life? Why?

Remain alert and pray
Read: Ephesians 6:18–20

- What do you notice about Paul's instructions to pray?
- What does it mean to pray at all times, stay alert, and be persistent?

Paul asks for prayer not for his circumstances to become easier, but for boldness to continue proclaiming the Gospel.

- What does this reveal about his priorities?
- How might prayer help us remain alert to the enemy's strategies while remaining grounded in God's strength?

APPLICATION

Stand firm in the battle you're actually facing.

Take a few quiet moments to think about a situation, struggle, relationship, temptation, fear, or discouragement you are currently facing.

- What is the battle you have been fighting? Have you been focusing primarily on another person, your circumstances, or trying to fix things in your own strength?
- What might be happening beneath the surface? Is there a lie you are believing, a fear you are carrying, a temptation you need to resist, a pattern you need to confess, or a truth about God you need to remember?
- Which piece of God's armour speaks most directly into this situation?
- What truth from Scripture could you hold onto when the enemy's accusations, temptations, or lies begin to surface?
- What would it look like to stand firm in Christ this week rather than reacting out of fear, striving, self-protection, or your own strength?
- Identify one practical step of obedience, trust, prayer, or surrender that God may be inviting you to take.

GOING DEEPER

The Bible Recap is a chronological Bible-reading plan that takes us through the entire Bible, helping us see the bigger story of Scripture and how it all fits together.

If you'd like to explore it ahead of time, click **HERE** to check it out! You don't need to purchase anything (though there are optional resources available). You just need to download the YouVersion Bible App if you don't already have it and make Westlife Church your home church!

As a church family, we will be starting together on January 1, 2027! Watch for more details in December on how to join us.