

# “Life Lab” - LESSON 6

## “Humility”

### Main Focus:

God’s people must always stay humble.



### Power Verse:

“Pride goes before destruction, and haughtiness before a fall.”

- Proverbs 16:18



### Whatchagaddaknow:

“I Will Be Humble And Say ‘No’ To Pride!”

## LEADER’S INFO

Humility is an essential element that every follower of Jesus should make sure to have in their life. Humility is essential for serving God and giving Him all the glory each day.

We learn from the example of King Nebuchadnezzar what can happen if we are prideful. King Nebuchadnezzar was very prideful and took all of the credit and glory for himself, instead of giving God glory. When God saw this, God removed King Nebuchadnezzar from his position as king of Babylon until he was humbled and began to give God all of the glory.

In this lesson, the children will learn that they must choose to be humble and say, “NO!” to pride. It’s a daily choice they must make in order to put others first and keep humility as an essential element in their life.



### “The Spark” Intro Video

“Humbe Yourself”



### “Whatchagaddaknow” Video

Cali from the Valley teaches “Whatchagaddaknow”



### Character Skit

“Beaker”



### Offering Time



### Game Time!

“Stick And Roll”



### Bible Story

“King Nebuchadnezzar’s Pride”



### Power Verse Video

“Pride goes before destruction, and haughtiness before a fall.”

- Proverbs 16:18



### Call To Action

“Humility”



### Rewind!

Review Game



### Small Group Experience

**Main Focus:**

God’s people must always stay humble.



**Power Verse:**

“Pride goes before destruction, and haughtiness before a fall.”

- Proverbs 16:18



**Watchagaddaknow:**

“I Will Be Humble And Say ‘No’ To Pride!”

**Lesson 6 Materials Needed:**

**“The Spark” Intro Video**

- “Lesson 6 - The Spark” Intro Video

**“Whatchagaddaknow” Video**

- “Whatchagaddaknow - Lesson 6 - Teaching” Video

- “Whatchagaddaknow - Lesson 6 - Trigger” Video

**Character Skit**

- “Beaker” Theme Graphic/Music

**Offering Time**

- “Offering Time” Bumper Video

**Game Time!**

- “Game Time!” Bumper Video

- “Stick And Roll” Graphic

- 10 Lint Rollers

- A Bag Of Ping Pong Balls

**Bible Story**

- “Lesson 6 - Bible Story” Graphics

**Power Verse Video**

- “Lesson 6 - Power Verse” Video

**Call To Action**

- “Lesson 6 - Call To Action” Graphics

- A First Place Ribbon

- A Large Balloon

- A Helium Tank

- A Sound Effect Of A Cow Moo (*optional*)

**Rewind!**

- “REWIND!” Bumper Video

- “REWIND!” Lesson 6 Graphics

**Small Group Experience**

- Bible Story Pictures Print Piece

- Balloons

- Whatchagaddaknow Print Pieces

- Tape

- Proverbs 16:18 Print Piece

- Pencils, Crayons, Or Markers

**“The Spark” Intro Video**

“Humbe Yourself”

**“Whatchagaddaknow” Video**

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**Character Skit**

“Beaker”

**Offering Time**

**Game Time!**

“Stick And Roll”

**Bible Story**

“King Nebuchadnezzar’s Pride”

**Power Verse Video**

“Pride goes before destruction, and haughtiness before a fall.”

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**Call To Action**

“Humility”

**Rewind!**

Review Game

**Small Group Experience**



## Introduction to “The Spark” Intro Video

**Leader:** Hey, kids! Today, we are continuing our series called “Life Lab”! We are going to learn another essential element for a healthy Christian life!

Let me ask you a question. How many of you have ever done something awesome and thought, “Yeah... *that* was amazing!”? (*allow response*) OK, what about this...ever done something awesome and then thought “Yeah...*I* am amazing!”? (*allow response*) Come on, be honest! I’ve done it, too.

Have you ever wanted everyone to know how good you were at something? Maybe you wanted the credit. Maybe you wanted the praise. Maybe you wanted people to say, “Wow... *YOU* are amazing!” There’s a word for that. It’s called pride.

We are going to talk about pride, today. But first, check this video out...

**(play “The Spark - Intro Video Lesson 6”)**

**Leader:** Pride is certainly something we need to avoid. Pride says, “Look at me.” Pride says, “I did this by myself.” Pride says, “I’m better than everyone else.”

But today we’re going to learn that Jesus teaches us a better way to live. There’s another word the Bible talks about, and it’s a really important one. That word is humility. Humility means choosing to put God first and not making everything about ourselves. AND - humility is an essential element of a healthy Christian life!

We are going to learn a lot about humility, today. Right now, we need to find out “Whatchagaddaknow.”

**(play “Whatchagaddaknow” Teaching Video)**



## CHARACTER SKIT

**Character: “Beaker”** (His full name is Eugene Buttonsworth III; He is the “Custodial Engineer” at Life Lab, dresses like a janitor, wears rubber gloves, and pushes a mop bucket around which he refers to as “Professor Sloshton”)

**Beaker:** (Enters enthusiastically) Well, shiny shoes and slippery floors! What’s cookin’ in the science lab today?

**Leader:** (Smiling) Beaker! We’re so glad to have you back! (Glances at his shoes) Say, those shoes are very shiny! How did you get them like that?

**Beaker:** Well, I am the best shoe shiner there ever was! No speck of dirt, no scuff, and no crease could ever beat me! AND no one can shine better than me! Even those people who went to shoe shine school can’t top my skills!

**Leader:** Shoe shine school? I didn’t know that was a thing.

**Beaker:** Of course it is! But I didn’t need it. I am naturally gifted in the art of shining shoes! There’s not a shoe I can’t shine shinier than someone else!

**Leader:** Beaker, you sound a little prideful there.

**Beaker:** Well, of course I am! Why should I not be proud of what I can accomplish with a dirty shoe and Professor Sloshton? It’s incredible!

**Leader:** There is a difference between being proud of your accomplishments and being full of yourself and your abilities. I think you should listen to today’s lesson, Beaker. We’re learning about humility from the story of Daniel and King Nebuchadnezzar.

**Beaker:** (Wide-eyed) Nebuchadnezzar? Oh, that’s the guy who had a big head! Too much sugar, you think? I’ve heard it can go straight to your head, but I never believe it. (Relieved) Phew! I’m glad my head isn’t huge after eating all the gummy worms I did today!

**Leader:** Uh, Beaker? I think some things have gone to your head.

**Beaker:** What?! You mean those gummy worms traveled to my brain? (Patting around his head) I’m going to have worms up there forever now!

**Leader:** No, no, no. Beaker, your brain is fine... I think. I mean that you let your shoe-shining abilities go to your head! You said it yourself, you think you are better than everyone else at it.

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## CHARACTER SKIT

*(Continued)*

**Beaker:** That’s because I am! No one could ever shine a shoe like me. Just look at my shoes and... look at yours. Clearly, I am the best shoe shiner ever!

**Leader:** Beaker, where do you think your shoe-shining talents came from?

**Beaker:** Well, I didn’t go to that silly school, so I must have been born with them! I wonder if I shined things as a baby...

**Leader:** See, that’s where you’re wrong and where you sound like King Nebuchadnezzar.

**Beaker:** What do you mean?

**Leader:** The king had a pride problem. Nebuchadnezzar didn’t realize that his importance, power, and kingdom came from God.

**Beaker:** *(Confused)* So, you’re saying he didn’t build any of it on his own?

**Leader:** *(Grinning)* Exactly! He forgot that he couldn’t do anything without God’s help and that God is the reason he had it all in the first place!

**Beaker:** Wow! I never want to take credit for something God did... wait, do you think that’s what I was doing with all my shoe-shining talk?

**Leader:** *(Nodding)* Yes. God gave you those talents and abilities, and you should give Him the credit and the thanks! After all, when Nebuchadnezzar failed to acknowledge God, he lost everything!

**Beaker:** *(Shocked)* Everything? You mean... I could forget how to shine shoes?

**Leader:** Something like that. Pride can lead us into sad, messy situations!

**Beaker:** Sounds like it! So... did King Nebuchadnezzar ever give God credit for the things He gave him?

**Leader:** *(Smiling)* I don’t want to spoil the story, but let’s just say you still have time to tell God how thankful you are.

**Beaker:** *(Cheerfully)* Yippee! Well, I’m going to do that right now! See ya!

*(EXITS WHILE THEME MUSIC PLAYS)*



## **GAME TIME**

### **“Stick And Roll”**

#### **Items Needed For Game:**

10 lint rollers; a bag of ping pong balls

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#### **Preparation:**

Choose five boys and five girls to play the game. Give each player a lint roller. Dump the ping pong balls onto the floor.

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#### **How To Play:**

When you say, “Go,” the players should get down on their hands and knees and start trying to stick as many ping pong balls as they can to their lint roller **WITHOUT** using their hands to pick up any of the balls. At the end of sixty seconds, the team that has the most ping pong balls stuck to their lint rollers is declared the winning team!



# Bible Story

## “King Nebuchadnezzar’s Pride”

### Materials Needed:

The graphic slides for Lesson 6; begin with the slide that says “Bible Story”; follow the instructions below, changing the slides to follow along with the story (*as shown*)

### Preparation:

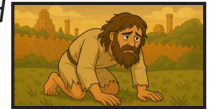
Familiarize yourself with the story in Daniel 4:24-37; have your open Bible in your hands as you tell the story

### The Story:

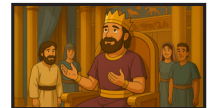
Today, we’re learning all about choosing humility as an essential element in our lives. Our Bible Story is all about a man who had to learn about humility the hard way. King Nebuchadnezzar was a prideful man. He was the king of Babylon and Babylon was at an all-time high - everything was going great! King Nebuchadnezzar was very proud of himself.



One day, Daniel, a man of God who worked for King Nebuchadnezzar, had a dream given from God and he shared the interpretation of that dream with King Nebuchadnezzar. (*show pic*) Here’s what Daniel said: *“This is what the dream means, Your Majesty, and what the Most High has declared will happen to...the king. You will be driven from human society, and you will live in the fields with the wild animals. You will eat grass like a cow, and you will be drenched with the dew of heaven. Seven periods of time will pass while you live this way, until you learn that the Most High rules over the kingdoms of the world and gives them to anyone he chooses. ...You will receive your kingdom back again when you have learned that heaven rules.”*



Then Daniel said, *“King Nebuchadnezzar, please accept my advice. Stop sinning and do what is right. Break from your wicked past and be merciful to the poor. Perhaps then you will continue to prosper.”* King Nebuchadnezzar heard God’s warning through Daniel, but that didn’t stop him. He went out on the rooftop of his royal palace in Babylon, looked across the city, (*show pic*) and said to himself, *“Just look at this amazing city that I built with my own power so all will know my splendor.”*



As he was still speaking, God interrupted him: *“O King Nebuchadnezzar, this message is for you! You are no longer ruler of this kingdom. You will be driven from human society. You will live in the fields with the wild animals, and you will eat grass like a cow. Seven periods of time will pass while you live this way, until you learn that the Most High rules over the kingdoms of the world and gives them to anyone he chooses.”*

Then immediately King Nebuchadnezzar was removed from his position as king and was driven out to the wild, (*show pic*) eating grass like a cow. After that time had passed, Nebuchadnezzar was humbled and saw that God was the one that deserved all the glory. Once he humbled himself and committed to always give God the glory, God gave him back his kingdom (*show pic*) and his life was restored back to normal.

In today’s lesson, you will learn that when you choose humility, God will do amazing things in and around you.



# Call To Action “Humility”

### Materials Needed:

The “Lesson 6 - Call To Action” graphics; a first place ribbon; a large balloon; a helium tank; sound effect of a cow moo (*optional*)

### Preparation:

Begin with the slide titled, “Lesson 6 - Call To Action - Title”



### The Message: (*title slide*)

(*Hold up a first place ribbon*) Look at what I got this week! I got first place in being the best person ever! I went and bought this first place ribbon because I KNOW I am the best. I got good grades in school, I’m serving God, I’ve saved up lots of money, and I’m just an all-around awesome person! I mean, look at all the awesome stuff I’ve done. Who wouldn’t want to be my friend? In fact, EVERYONE wants to be my friend! That is just how awesome I am. I’ve done all kinds of awesome things for other people and for the church. I can guarantee God is proud of all that I’ve done.

Now, what happened in the Bible when King Nebuchadnezzar did what I just did? He was driven away into the wild, turned crazy, and started eating the grass like a cow! (*play cow mooing sound effect*). Before that, he was VERY prideful of himself. Remember, he was so proud of all of the things HE did that he thought HE did it in HIS own power and for HIS glory. But are we supposed to be prideful like that? (*allow response*) No! Especially if we don’t want to be like a crazy cow!

So, what do we need to have in our lives instead of pride? (*allow response*) That’s right - humility! But how do we have humility in our lives? Let’s learn some things from King Nebuchadnezzar about how to have humility. First...

### You Can’t Do Anything Without God (*slide*)



God deserves the credit for EVERYTHING! In fact, the Bible teaches that we can’t do anything without God! (*hold up the uninflated balloon*) This balloon was made to soar, to fly high in the air. But, right now it is just a floppy little piece of latex (*throw the balloon in the air a few times, watching it flop to the ground*). Not very impressive, is it? But when this balloon is filled with the right thing—it soars! (*fill the balloon with helium, tie it, and let it rise high*) This is just like you and me. When we’re filled with God’s power, not pride, we can rise and do amazing things. Staying connected to God helps us stay lifted. We have to remember that HE is the reason we can do what we do. Without Him, we can’t do anything! If we allow pride to come in, it can really ruin our atwe can suffer through a lot of pain. One of the biggest things that can happen is exactly what happened to Nebuchadnezzar. If you are prideful, then...

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## Call To Action (Continued)

### You May Lose What You Are Proudful About *(slide)*



Nebuchadnezzar was proudful about his kingdom, so his kingdom was taken from him. Kids, God knows the kind of damage that pride can do in our lives. He will do whatever it takes to keep us from pride. He will take away whatever it is that is causing us to be proudful. That is how much He wants to keep us from letting pride take control of our lives.

Maybe you are here today and you realize that you have allowed PRIDE to creep into your life. Maybe you have forgotten that you can't do anything without God. What do you need to do? You need to do exactly what King Nebuchadnezzar finally did.

He looked up to Heaven and began to praise God. He honored God for all He had done for him. He admitted that God was the reason he had anything at all. At that moment, God restored his sanity, gave him back his life, his throne, and his kingdom. King Nebuchadnezzar continued to praise God and give Him glory. He had conquered pride in his life. Kids, if you want to destroy pride in your life...

### Look To God And Give Him The Glory! *(slide)*



Don't brag on yourself. Brag on God. If you have been dealing with pride, stop bragging on yourself. Start bragging on God. After all, He is the reason you are who you are. He created you. He deserves the credit.

### ALTAR RESPONSE: *(play soft music)*

Pray with those who have been struggling with pride. Allow them to begin to praise God and give Him the glory instead of putting the focus on themselves.



**REWIND!**

**Materials Needed:**

“REWIND!” Lesson 6 Graphics; “REWIND!” Bumper Video

**Preparation:**

Play the “REWIND!” Bumper Video; Begin with the slide titled “REWIND!”; there is a slide for each question

**1. Whatchagaddaknow today?**

**Answer:** “I Will Be Humble And Say ‘No’ To Pride!”

**2. What is the “essential element” we learned about today?**

**Answer:** Humility

**3. Who was the man in our Bible Story?**

**Answer:** King Nebuchadnezzar

**4. True or False: King Nebuchadnezzar was a very prideful man.**

**Answer:** True

**5. True or False: Nebuchadnezzar was driven to the wild and ate leaves like a giraffe.**

**Answer:** False

**6. According to our lesson today, “You Can’t Do \_\_\_\_\_ Without God.”**

**Answer:** Anything

**7. According to our lesson today, “You May \_\_\_\_\_ What You Are Prideful About.”**

**Answer:** Lose

**8. According to our lesson today, “Look To \_\_\_\_\_ And Give Him The Glory!”**

**Answer:** God

**9. True or False: It’s okay to be prideful as long as you really mean it.**

**Answer:** False

**10. Where was our Power Verse found?**

**Answer:** Proverbs 16:18