

Hello Catalyst Parent(s),

We hope this message finds you well. We're thrilled to introduce our upcoming teaching series for the youth group, titled **Masks**. This series delves into the topic of identity, exploring the masks we often wear to fit in or to hide our true selves.

Series Overview

Masks is a three-week journey that will challenge our students to reflect on their true identity in Christ and the freedom that comes from being genuine:

- **Session 1: The Chameleon**
 - *Big Idea: We don't have to disguise our true selves because we belong to God, who loves and knows us completely.*
 - **Question for Discussion:** *Can you recall a time when you felt the need to act differently around certain people? How did that make you feel?*
- **Session 2: I'm Fine**
 - *Big Idea: We don't have to disguise our weaknesses because God's grace and power are at work in us.*
 - **Question for Discussion:** *Why do you think it's challenging for us to admit when we're not okay?*
- **Session 3: Labels**
 - *Big Idea: We can stop judging others because we've experienced God's love and forgiveness.*
 - **Question for Discussion:** *How can we remind ourselves to see others through the lens of God's love and not by the labels society places on them?*

We encourage you to engage with your student about these topics each week using the discussion questions provided. Together, we can deepen their understanding of their true identity in Christ. If you have any questions or would like further details about the series, please feel free to reach out.

Blessings,

Catalyst Youth