

Sample Accountability Questions

Relationship with God

- Have I spent consistent time with God in His Word and in prayer?
- Have I had any flirtatious or lustful attitudes, tempting thoughts, or exposure to anything that would not glorify God?
- Have I told any half-truths or outright lies, putting myself in a better light for those around me?
- Have I made any decisions or taken any actions which compromised my Christian values?
- Are the "visible" me and a "real" me consistent with one another?

Relationship with Family

- Have I spent consistent quality time with my family?
- Have I honored and encouraged my spouse and children?
- What significant thing have I done with or for my family?
- What have I done to invest in my relationship with my spouse?

Relationships at Work

- Have I done my best in my work, working as to the Lord?
- What kind of things have occupied my work days?
- Have I been completely above reproach in all of my financial dealings?

Relationship Builders

- Have I made at least one contact (card, call/text, email, meeting) to encourage someone this week?
- What have I done to love and serve others this week?
- Have I shared the Gospel with an unbeliever this week?
- Have I controlled my tongue this week?

Personal Care

- Have I done something that made me laugh or brought me joy?
- Have I done something on my "procrastination list"?
- Have I managed my time wisely?
- Have I taken care of my health through consistent physical exercise, proper eating habits, and proper sleeping habits?
- What was my biggest disappointment, and how did I handle it?
- What was my biggest joy, and how did I thank God for it?
- Have I allowed anything to rob me of my joy in Christ?