

A Broken Heart

Part of Summer at City Point '26

August 2, 2026

TODAY: A BROKEN HEART

Proverbs 16:9 We can make our plans, but the LORD determines our steps.

Psalms 147:3 He heals the brokenhearted and bandages their wounds.

Nehemiah 1:2 Hanani, one of my brothers, came to visit me with some other men who had just arrived from Judah. I asked them about the Jews who had returned there from captivity and about how things were going in Jerusalem.³ They said to me, "Things are not going well for those who returned to the province of Judah. They are in great trouble and disgrace. The wall of Jerusalem has been torn down, and the gates have been destroyed by fire."⁴ When I heard this, I sat down and wept. In fact, for days I mourned, fasted, and prayed to the God of heaven.

ACKNOWLEDGE WHAT YOU LOST

GRIEF IS NOT A LACK OF FAITH

1 Samuel 1:10 In her deep anguish Hannah prayed to the LORD, weeping bitterly.

Psalms 55:22 Give your burdens to the LORD, and he will take care of you. He will not permit the godly to slip and fall.

DO NOT LET WHAT WAS LOST REDEFINE YOU

Nehemiah 1:3 ...They are in great trouble and disgrace. The wall of Jerusalem has been torn down, and the gates have been destroyed by fire."

Ruth 1:20 "Don't call me Naomi," she responded. "Instead, call me Mara, for the Almighty has made life very bitter for me.

LET GOD LEAD YOU FROM GRIEVING TO REBUILDING

Nehemiah 2:5 I replied, “If it please the king, and if you are pleased with me, your servant, send me to Judah to rebuild the city where my ancestors are buried.”

Ecclesiastes 3:4 A time to cry and a time to laugh. A time to grieve and a time to dance.

Isaiah 43:18 “But forget all that— it is nothing compared to what I am going to do.

Isaiah 43:19 For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

IT IS TIME TO STOP LIVING IN YESTERDAY’S LOSS AND START DREAMING ABOUT TOMORROW’S POSSIBILITIES

TEXT GIVING – Text CITYPOINT to 77977 TODAY’S SONGS:

Washed (Elevation Rhythm), Firm Foundation (Chandler Moore), Give Me Jesus (UPPER Room)