

RESIST – Week 1

Shiphrah & Puah: Courage in Small Places

Text: Exodus 1:8–21

Opening Questions

- Have you ever witnessed something wrong and stayed silent? What made it hard to speak up?
- Why do you think it's hard to resist evil, injustice, and oppression when we encounter it?

Read Exodus 1:8–21 together.

1. Fear & Silence

- What fears keep people silent today?
- When have you seen fear distort reality?
- What is the difference between fearing people and fearing God?

2. Civil Disobedience & Faithfulness

- Is there ever a time when disobedience is the faithful response?
- What makes that complicated?
- What cultural pressures make resisting harder today?

3. Two Is Easier Than One

- Why is resisting harder alone?
- Where in your life do you need a partner in courage?
- How can this group become a place of shared courage?

4. Resisting Is a Value and an Action

- How is resisting part of Christian identity?
- What's the difference between partisan politics and moral/spiritual issues?
- Where have political conversations made spiritual clarity harder?

5. Focus on What You Can Do

- Where do you feel overwhelmed by the problems of the world?
- What is one area where you can act?
- What small act of faithfulness might create space for something bigger?

Personal Reflection

- Where might God be inviting me to resist silence?
- Who is being harmed in my proximity?
- This week, I will resist _____ by _____.

Closing Prayer

God, give us courage where we are afraid. Give us conviction where we are passive. Help us resist evil, injustice, and oppression — not in anger, but in love. Make us faithful in the small places, so You can do big things through us. Amen.