

MEN'S STUDY

1 TIMOTHY 4:15

Practice these things, devote yourself to them, so that all may see your progress. Keep a close watch on yourself and on the teaching...

October 14, 2026

PRAYER OF FORMATION

I am no longer my own, but yours.
Point me to what you will,
rank me with whom you want.
Put me to action,
put me to suffering.
Let me be employed for you,
or laid aside for you.
Exalted for you,
or brought low for you.
Let me be full, let me be empty.
Let me have all things,
let me have nothing.
I yield myself to your desires.
I seek your glory.
Father, Son, and Holy Spirit –
I am yours and you are mine.
Be the center of my life and the ground of all my hopes.

Discussion Questions

- Think of something in your life that only got better through difficulty, like a skill, a relationship, or your character. What did that process feel like while you were in it?
- Tim Keller says suffering reveals our competing commitments to comfort, power, pride, pleasure, and self-reliance. Which of those do you think shows up most in you when life gets hard?
- Our hope isn't in a easier life here; it's being in God's presence forever. How would living with that hope change the way you handle a trial you're facing right now?
- Is there an area of your life where you sense God might be refining you right now? What would it look like to respond well instead of resist?

Tasks for October: Schedule meals. Have you done this?

2. Having considered where you are at on the journey - now consider - where do you need to go?
3. Part of that is making sure you can see where you are going.
   a. Here is daily prayer and bible reading. If you've fallen off, reinstitute it. Add 10 minutes to what you've been doing.
   b. You also need space to consider, so add in 1 Hour without phone, tv, or anything other than pen, paper, scripture, Jesus. Let God bring to your mind, what you need to hear.

Biblical passages

- **Isaiah 48:9-11:** "Behold, I have refined you, but not as silver; I have tried you in the furnace of affliction."
- **1 Peter 1:6-7:** "In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ."

- **Malachai 3:2-3, 1 Peter 4:12-13, Hebrews 2, Romans 5:3-4**

Date	Readings (The Common Rule)
~~10/14/2026~~	~~Daily Habit 3 (pp. 63-78)~~
10/21/2026	Daily Habit 4 (pp. 79-94)
10/28/2026	Weekly Habit 4 (pp. 142-157)
11/4/2026	Weekly Habit 2 (pp. 111-126)
11/11/2026	Weekly Habit 3 (pp. 127-141)
11/18/2026	Common Rule (pp. 179-192)
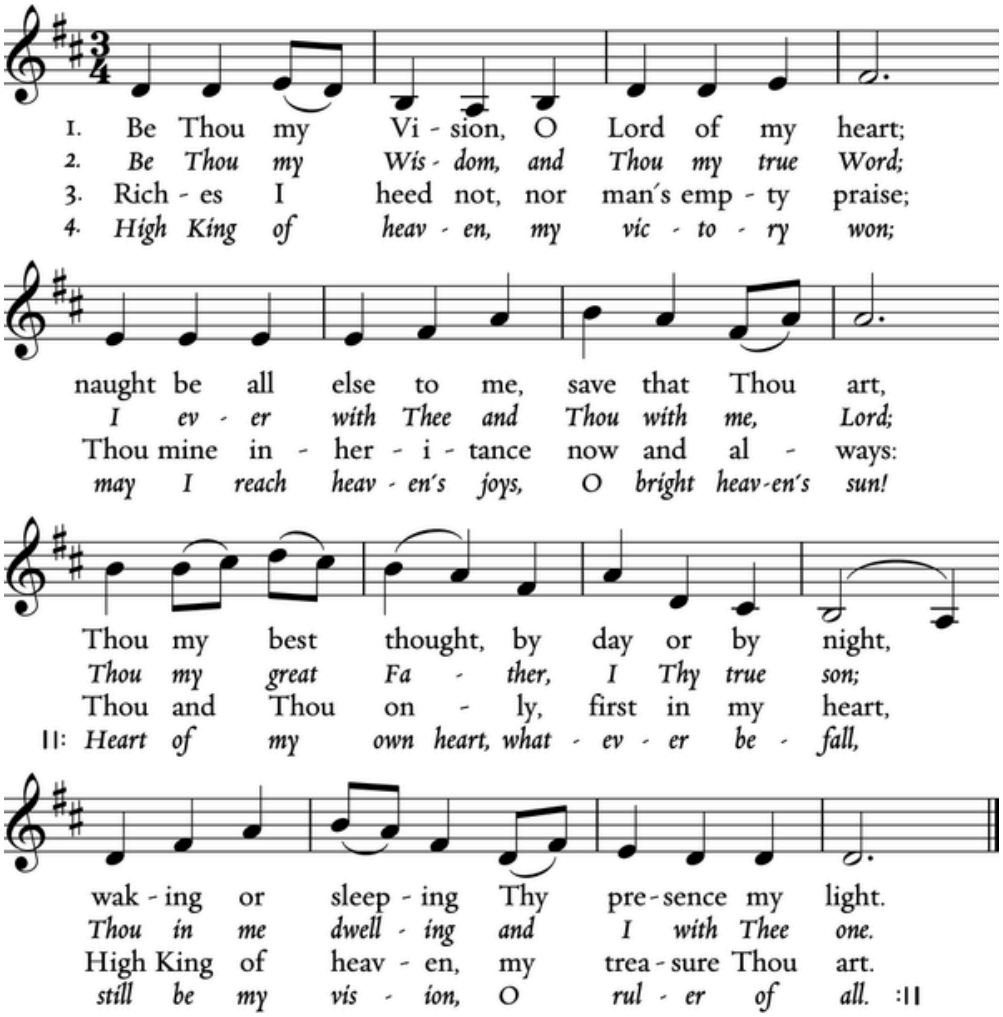
Be Thou My Vision

