

MEN'S STUDY

1 TIMOTHY 4:15

Practice these things, devote yourself to them, so that all may see your progress. Keep a close watch on yourself and on the teaching...

October 7, 2026

PRAYER OF FORMATION

I am no longer my own, but yours.
Point me to what you will,
rank me with whom you want.
Put me to action,
put me to suffering.
Let me be employed for you,
or laid aside for you.
Exalted for you,
or brought low for you.
Let me be full, let me be empty.
Let me have all things,
let me have nothing.
I yield myself to your desires.
I seek your glory.
Father, Son, and Holy Spirit –
I am yours and you are mine.
Be the center of my life and the ground of all my hopes.

Discussion Questions

- From last week: Where are you being stretched into maturity? Where do you see God asking you to step forward in love, and to grow in caring for others?
- What's a really memorable journey that you've taken? How did it change you?
- Exodus 13:17 - God leads Israel on their wilderness journey the long way. What does that indicate about God's purposes with the journey and how uses them to change and mature us?
- Read Proverbs 14:12; 3:5-8; Ephesians 4:17-24 - how do these passages compliment each other and reflect the process of becoming more like God is a process of journeying along his paths set up for us?

A Task for October: Schedule two meals this upcoming month. Consider over this next week - where am I at in the journey? Just setting out - full of hope? Dry wilderness - alone? Seen the burning sand become a life giving pool? Nearing a destination and a home? What is God teaching me at this stage of the journey?

Biblical passages about journeying:

- Genesis 12:1-9, Genesis 32-33, Exodus 13:17-22, 1 Kings 19:1-18, Jonah
- Isaiah 35
- Proverbs 3:5-8, Ps 1, Ps 84:5-7, Ps 107:4-9, Luke 9:51 - Christ begins journey to the cross
- Acts 13-28 - Paul's missionary journeys, including shipwreck in ch. 27
- Isaiah 42:16; 43:2, 19; 48:17
- Matt 7:13-14
- Galatians 5:16-25, Ephesians 4:17-5:2

Date	Readings (The Common Rule)
~~9/9/2026~~	~~Introduction (pp. 1-20) & Part 1 (pp. 21-28)~~
~~9/16/2026~~	~~Daily Habit 1 (pp. 31-46)~~
~~9/23/2026~~	~~Weekly Habit 1 (pp. 95-110)~~
~~9/30/2026~~	~~Epilogue (159-169)~~
~~10/7/2026~~	~~Daily Habit 2 (pp. 47-62)~~
10/14/2026	Daily Habit 3 (pp. 63-78)
10/21/2026	Daily Habit 4 (pp. 79-94)
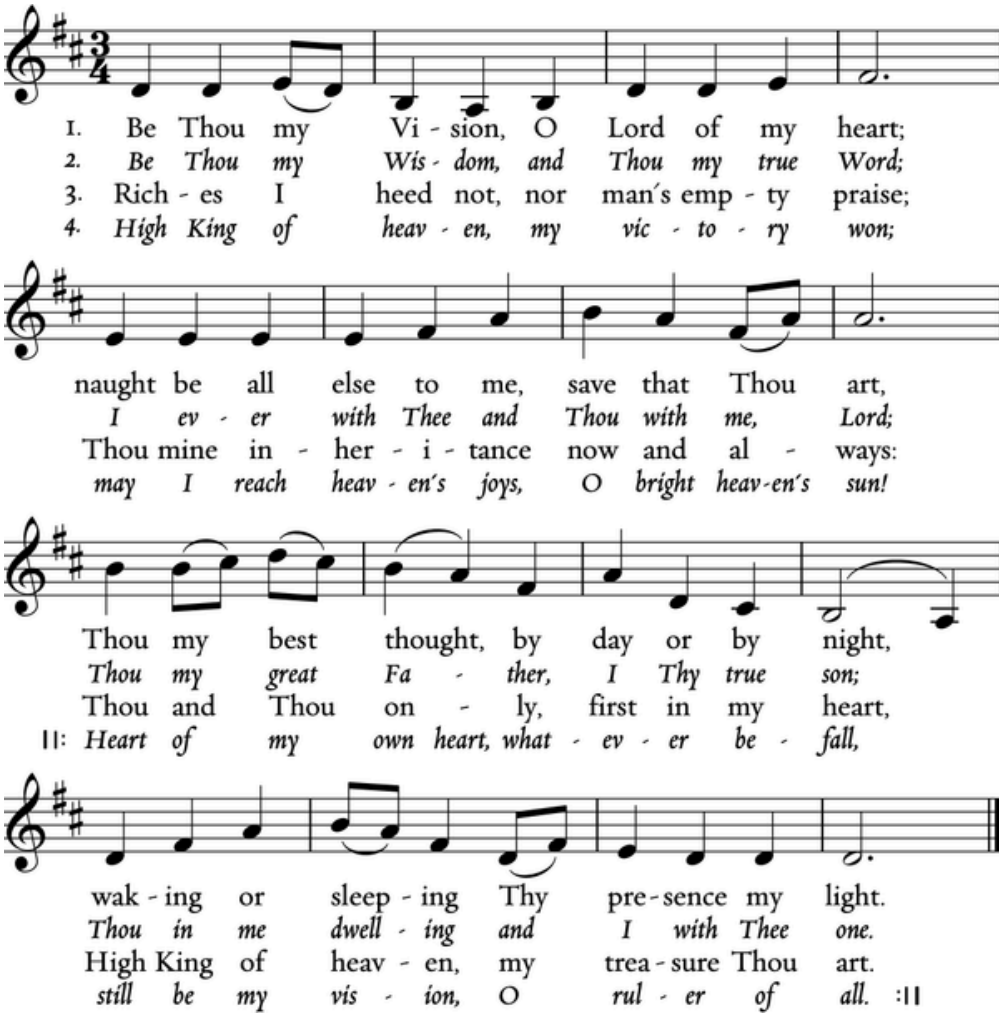
Be Thou My Vision

