WORKSHEET 6

Environment

Building Spaces That Serve the Mission

"Walk with the wise and become wise." — Proverbs 13:20

Environment is the fifth variable of energy: boundaries, pace, expectations, clutter, and support. We do not just experience our environment; as leaders, we build it, for ourselves and for each other.

What in My Environment Currently Drains Energy

(Unclear expectations, pace without margin, spaces, patterns, or pressures)

What in My Environment Currently Gives Energy

(People, rhythms, spaces, and supports worth protecting)

One Boundary I Will Set or Strengthen

What it is, who it involves, and how I will hold it kindly and clearly:

One Support I Will Add

(An outlet, a rhythm, or a resource outside this staff, so coworkers are colleagues, not counselors)

Reflection

If my environment fully served this mission, what would be different in 90 days?