



Week 3

The Great I Am

I am the Bread of Life

Have you ever been so hungry you couldn't seem to get full? No matter how much you ate, that emptiness just wouldn't go away. To be human is to be hungry. Not only for food, but for something much deeper. We try to fill that hunger with all kinds of things, but nothing quite satisfies. Today, let's explore a hunger that only Jesus can truly satisfy.

Read John 6:32-51

How does this passage challenge how you seek fulfillment in your life?

What does it mean for Jesus to be the "Bread of Life?"

³² Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. ³³ For the bread of God is he who comes down from heaven and gives life to the world." ³⁴ They said to him, "Sir, give us this bread always."

³⁵ Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. ³⁶ But I said to you that you have seen me and yet do not believe. ³⁷ All that the Father gives me will come to me, and whoever comes to me I will never cast out. ³⁸ For I have come down from heaven, not to do my own will but the will of him who sent me. ³⁹ And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. ⁴⁰ For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."

⁴¹ So the Jews grumbled about him, because he said, "I am the bread that came down from heaven." ⁴² They said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, 'I have come down from heaven'?" ⁴³ Jesus answered them, "Do not grumble among yourselves. ⁴⁴ No one can come to me unless the Father who sent me draws him. And I will raise him up on the last day. ⁴⁵ It is written in the Prophets, 'And they will all be taught by God.' Everyone who has heard and learned from the Father comes to me— ⁴⁶ not that anyone has seen the Father except he who is from God; he has seen the Father. ⁴⁷ Truly, truly, I say to you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh."

I am the Light of the World

There’s a reason children are afraid of the dark. Darkness brings uncertainty, blindness, and even danger. But there’s nothing like the relief of turning on a light in a dark room. Or like sitting around a bright campfire in the middle of a dark forest. What if that’s exactly what Jesus offers us? In a world full of confusion and uncertainty, Jesus claims to be the light that not only guides us out of darkness but also illuminates the heart of God the Father.

Read John 8:12-20

What areas of your life feel lost or uncertain?

What does it mean for Jesus to be the “Light of the World?”

I Am the Light of the World

¹² Again Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.” ¹³ So the Pharisees said to him, “You are bearing witness about yourself; your testimony is not true.” ¹⁴ Jesus answered, “Even if I do bear witness about myself, my testimony is true, for I know where I came from and where I am going, but you do not know where I come from or where I am going. ¹⁵ You judge according to the flesh; I judge no one. ¹⁶ Yet even if I do judge, my judgment is true, for it is not I alone who judge, but I and the Father who sent me. ¹⁷ In your Law it is written that the testimony of two people is true. ¹⁸ I am the one who bears witness about myself, and the Father who sent me bears witness about me.” ¹⁹ They said to him therefore, “Where is your Father?” Jesus answered, “You know neither me nor my Father. If you knew me, you would know my Father also.” ²⁰ These words he spoke in the treasury, as he taught in the temple; but no one arrested him, because his hour had not yet come.

I am the Good Shepherd

Have you ever had a mentor you truly admired? What made them stand out? Was it their wisdom, integrity, or kindness? Great leaders sacrifice for those they lead. A great coach pours time and energy into their team. An amazing parent puts their children’s needs before their own. That’s precisely what Jesus is showing us in this passage. He isn’t just a good leader who invests in His people; He’s the Good Shepherd who lays down His life for His sheep.

Read John 10:1-18

What does this passage reveal about the depth of Jesus’ care and commitment to you personally?

What does it mean for Jesus to be the “Good Shepherd?”

I Am the Good Shepherd

¹ “Truly, truly, I say to you, he who does not enter the sheepfold by the door but climbs in by another way, that man is a thief and a robber. ² But he who enters by the door is the shepherd of the sheep. ³ To him the gatekeeper opens. The sheep hear his voice, and he calls his own sheep by name and leads them out. ⁴ When he has brought out all his own, he goes before them, and the sheep follow him, for they know his voice. ⁵ A stranger they will not follow, but they will flee from him, for they do not know the voice of strangers.” ⁶ This figure of speech Jesus used with them, but they did not understand what he was saying to them.

⁷ So Jesus again said to them, “Truly, truly, I say to you, I am the door of the sheep. ⁸ All who came before me are thieves and robbers, but the sheep did not listen to them. ⁹ I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture. ¹⁰ The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. ¹¹ I am the good shepherd. The good shepherd lays down his life for the sheep. ¹² He who is a hired hand and not a shepherd, who does not own the sheep, sees the wolf coming and leaves the sheep and flees, and the wolf snatches them and scatters them. ¹³ He flees because he is a hired hand and cares nothing for the sheep. ¹⁴ I am the good shepherd. I know my own and my own know me, ¹⁵ just as the Father knows me and I know the Father; and I lay down my life for the sheep. ¹⁶ And I have other sheep that are not of this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. ¹⁷ For this reason the Father loves me, because I lay down my life that I may take it up again. ¹⁸ No one takes it from me, but I lay it down of my own accord. I have authority to lay it down, and I have authority to take it up again. This charge I have received from my Father.”

I am the Resurrection of Life

Our bodies are slowly marching toward death. It’s inevitable, and it’s a reality we all must face. Death is terrifying because it feels final. There’s a sense that nothing can reverse it. But what if death isn’t the end? Jesus spent His time on earth bringing life where there was death. He spent his time healing the sick, restoring broken relationships, and even raising the dead. Today, we’ll read about the story of Lazarus, a powerful reminder that Jesus doesn’t just give life; He is the resurrection and the life.

Read John 11:1-15, 38-44

How does this story challenge how you think about life and death?

What does it mean for Jesus to be the “Resurrection and the Life?”

The Death of Lazarus

¹ Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. ² It was Mary who anointed the Lord with ointment and wiped his feet with her hair, whose brother Lazarus was ill. ³ So the sisters sent to him, saying, “Lord, he whom you love is ill.” ⁴ But when Jesus heard it he said, “This illness does not lead to death. It is for the glory of God, so that the Son of God may be glorified through it.”

⁵ Now Jesus loved Martha and her sister and Lazarus. ⁶ So, when he heard that Lazarus was ill, he stayed two days longer in the place where he was. ⁷ Then after this he said to the disciples, “Let us go to Judea again.” ⁸ The disciples said to him, “Rabbi, the Jews were just now seeking to stone you, and are you going there again?” ⁹ Jesus answered, “Are there not twelve hours in the day? If anyone walks in the day, he does not stumble, because he sees the light of this world. ¹⁰ But if anyone walks in the night, he stumbles, because the light is not in him.” ¹¹ After saying these things, he said to them, “Our friend Lazarus has fallen asleep, but I go to awaken him.” ¹² The disciples said to him, “Lord, if he has fallen asleep, he will recover.” ¹³ Now Jesus had spoken of his death, but they thought that he meant taking rest in sleep. ¹⁴ Then Jesus told them plainly, “Lazarus has died, ¹⁵ and for your sake I am glad that I was not there, so that you may believe. But let us go to him.”

Jesus Raises Lazarus

³⁸ Then Jesus, deeply moved again, came to the tomb. It was a cave, and a stone lay against it. ³⁹ Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, by this time there will be an odor, for he has been dead four days.” ⁴⁰ Jesus said to her, “Did I not tell you that if you believed you would see the glory of God?” ⁴¹ So they took away the stone. And Jesus lifted up his eyes and said, “Father, I thank you that you have heard me. ⁴² I knew that you always hear me, but I said this on account of the people standing around, that they may believe that you sent me.” ⁴³ When he had said these things, he cried out with a loud voice, “Lazarus, come out.” ⁴⁴ The man who had died came out, his hands and feet bound with linen strips, and his face wrapped with a cloth. Jesus said to them, “Unbind him, and let him go.”

I am the Way, the Truth, and the Life

Sometimes life feels like a maze. Do you ever feel lost? Like you need a map or a guide to help you find the right direction? We make thousands of choices daily, wondering if we’re headed the right way. In Jesus, we don’t just have a map to heaven someday; we have a person to follow, One who leads us to know God today. He doesn’t just show us the way—He is the way. And when we follow Him, we begin to experience life as it was intended.

Read John 14:1-14

Where do you feel uncertain, directionless, or unsure of what’s true, and what might it look like to trust Jesus as your way forward?

What does it mean for Jesus to be the “Way, the Truth, and the Life?”

I Am the Way, and the Truth, and the Life

¹ “Let not your hearts be troubled. Believe in God; believe also in me. ² In my Father’s house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? ³ And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. ⁴ And you know the way to where I am going.” ⁵ Thomas said to him, “Lord, we do not know where you are going. How can we know the way?” ⁶ Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me. ⁷ If you had known me, you would have known my Father also. From now on you do know him and have seen him.”

⁸ Philip said to him, “Lord, show us the Father, and it is enough for us.” ⁹ Jesus said to him, “Have I been with you so long, and you still do not know me, Philip? Whoever has seen me has seen the Father. How can you say, ‘Show us the Father’? ¹⁰ Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works. ¹¹ Believe me that I am in the Father and the Father is in me, or else believe on account of the works themselves.

¹² “Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father. ¹³ Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. ¹⁴ If you ask me anything in my name, I will do it.