D Group Lesson: Don’t Quit! Just Do What You’re Told.

Sermon: The True Tale of Elisha and Naaman by Mark Lominson
Main Scripture: 2 Kings 5:1–15
Key Verse: 2 Kings 5:14
Big Idea: Every step of obedience matters. We may long for the mountaintop experience, but God often works through the ordinary steps of faith that lead us there.

HOOK — Getting Started

> **Opening Question:** Have you ever been asked to do something that seemed too simple, too difficult, or even pointless, but later discovered there was a good reason for it?

> *Give everyone a chance to share a brief example.*

Transition: Sometimes we want God to work in big, spectacular ways, but we struggle to trust Him with the small, everyday steps of obedience. We want to see the result before we take the first step. Naaman’s story reminds us that trusting God means obeying Him even when His instructions don’t make sense to us.

LOOK — What Does God’s Word Say?

> **Read 2 Kings 5:1–15 together.**

> Take a few moments to review Naaman’s journey. He was a powerful commander, but his position and influence could not heal his leprosy. God used an unlikely source—a young Israelite servant girl—to point him toward help. Yet when Naaman received instructions from Elisha’s messenger, he became angry because the solution was not what he expected.
>
> Eventually, Naaman listened to wise counsel, humbled himself, and obeyed. God healed him after he dipped seven times in the Jordan River.

Discussion Questions

1. **Naaman had power, position, and influence, yet he still had a need he could not meet himself.** What does his situation teach us about our dependence on God?
2. Why do you think Naaman became angry when Elisha instructed him to wash in the Jordan River? How can our expectations of how God should work interfere with our willingness to obey Him?
3. Naaman had to be persuaded to follow the instructions. What helped him move from resistance to obedience? What can we learn from the people who encouraged him?
4. Mark asked, "Which dip was the most important?" Why does it matter that Naaman followed through with all seven dips rather than stopping along the way?
5. Where do you see Christians sometimes seeking the "seventh dip"—the breakthrough, the answer, or the mountaintop experience—while neglecting the smaller steps of faithfulness that come before it?
6. How does Naaman's physical healing help us understand our need for spiritual healing through Jesus Christ? Why is it important to remember that obedience does not guarantee physical healing, but that Christ offers forgiveness, reconciliation with God, and eternal life?

Key Truth: God values our faithful obedience, not just the spectacular outcomes we hope to experience. We are called to trust Him with each step, even when we cannot yet see the result.

TOOK — How Will I Live It Out?

> The truth of God's Word should lead us to a response. We are not simply called to hear what God says, but to trust Him enough to put it into practice.

Personal Reflection

Take a quiet moment and consider these questions:

- **Where am I struggling to trust God?** Is there an area of my life where I want answers before I am willing to obey?
- **What step of obedience might I be avoiding?** Is God prompting me to forgive someone, change a habit, serve faithfully, pursue reconciliation, spend time in His Word, or take another step of faith?
- **Have I become discouraged because I have not seen the results I hoped for?** Am I willing to remain faithful even when progress feels slow or ordinary?

Invite each person to identify one specific step of obedience they can take this week. Encourage group members to share their commitments with one another for prayer and accountability.

This Week's Challenge

Don't quit! Just do what you're told.

Each day this week, ask God to help you recognize the next faithful step He is calling you to take. Read His Word, pray for wisdom, and respond to what He reveals in accordance with Scripture. Do not measure faithfulness only by how quickly you see results. Trust God as you walk with Him, one step at a time.

At your next D Group meeting, be prepared to share:

- What step of obedience did you take?
- What made it difficult or easy?
- What did you learn about trusting God through the process?

Closing Prayer

Takeaway to Remember

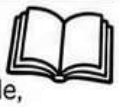
You may not be on the mountaintop yet, but the steps you take in obedience still matter. Don't quit! Keep trusting God and take the next step.

PARENT CHALLENGE

Tell the Story • Pray Together • Make It Real

Help your child discover how God uses everyday obedience to do amazing things!

1 TELL THE STORY



Read or retell the story of Naaman and Elisha in a simple, age-appropriate way. Here's a quick guide:

- Naaman was a powerful commander, but he had leprosy (a serious skin disease).
- A young Israelite servant girl told him about Elisha, the prophet of God, who could help.
- Naaman went to Elisha, but when he gave Naaman the instructions to wash in the Jordan River, Naaman was angry because it wasn't what he expected.
- With the help of his servants, Naaman chose to obey.
- He dipped seven times in the river, and God healed him!

You can find the full story in 2 Kings 5:1–15.

2 PRAY TOGETHER



Pray with your child, asking God to help them be obedient, even when it's hard or doesn't make sense at first. Keep it simple and age-appropriate.

"God, help me to trust You and obey You, even when I don't understand. Give me a brave heart to do what You ask. Amen."

3 MEMORY VERSE



Help your child learn this verse. Say it together, use actions, or say it during daily routines.

"Naaman went down
and dipped seven times in the Jordan,
just as the man of God had told him,
and his flesh was restored and became clean."

— 2 Kings 5:14 —

Small steps of obedience lead to big things in God's plan!

D GROUP

Don't Quit!

Just Do What You're Told.

Color the picture and remember: every step of obedience matters!



Naaman listened to Elisha's instructions and went to the Jordan River. He dipped seven times and was healed!

2 Kings 5:14