Message Notes 11/8/26

How to Ruin Your Marriage in 3 Easy Steps - Week 3

Step 1: Keep Parts of Your Life Separate: live together without becoming fully one together

Step 2: Compare Your Marriage and/or Your Spouse to What Other People Have

Step 3: Put Your Relationship on Autopilot

- Apathy
- Fear
- Hopelessness
- Complacency
- What comes naturally in the beginning takes intentionality to sustain
- Inaction

You don't have to do something wrong to ruin your marriage. Just do nothing.

- Romans 12:9-12 (NLT)
- Romans 12:9 (NLT) Don't just pretend to love others. Really love them.
- Pretending to love is the appearance of love without the effort of love.
- Romans 12:9 (NLT) Hate what is **wrong**. Hold tightly to what is **good.**
- Hate bitterness. Hold tightly to forgiveness.

- Hate dishonesty. Hold tightly to honesty.
- Hate selfishness. Hold tightly to selflessness.
- Hate resentment. Hold tightly to grace.
- Stop fighting each other and start fighting what's destroying your marriage.
- Romans 12:10 (NLT) Love each other with genuine affection,
- Romans 12:10 (NLT) and take delight in honoring each other.
- Romans 12:11 (NLT) Never be lazy, but work hard

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- Romans 12:11(NLT) and serve the Lord enthusiastically.
- Romans 12:1-2 MSG So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering.
- Romans 12:12 (NLT) Rejoice in our confident hope.
- Romans 12:12 (NLT) Be patient in trouble
- Romans 12:12 (NLT) and keep on praying.

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- Do Something

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