

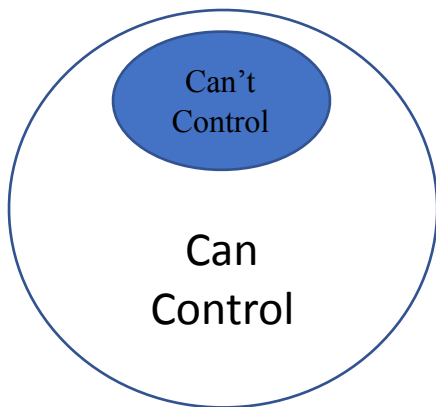
Journey To Hope
Winning with the Hand You're Dealt
Part II - Choices

“Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda and which is surrounded by five covered colonnades. Here a great number of disabled people used to lie—the blind, the lame, the paralyzed. One who was there had been an invalid for thirty-eight years. When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, “Do you want to get well?” “Sir,” the invalid replied, “I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.” Then Jesus said to him, “Get up! Pick up your mat and walk.” At once the man was cured; he picked up his mat and walked. The day on which this took place was a Sabbath.”

John 5:2-9

“When Jesus saw him lying there...”

“Do you want to get well?” - Jesus



1. You can choose to get healthier.

People in therapy are often in therapy to deal with people in their lives who won't go to therapy.

2. You can choose to deepen your relationships.

The fear of rejection prevents connection.

“Perfect love drives out fear.” I John 4:18

3. You can choose to trust God no matter what.

“Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails, and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior.” Habakkuk 3:17-18

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” Proverbs 3:5-6

4. You can choose what you think.

*“Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think about such things**. Whatever you have learned or received or heard from me or seen in me—**put it into practice**. And the **God of peace will be with you**.” Philippians 4:8-9*

“With my God, I can scale a wall.” Psalm 18:29

“Watch your thoughts, they become your words; watch your words, they become your actions; watch your actions, they become your habits; watch your habits, they become your character; watch your character; it becomes your destiny.” Lao Tzu

5. You can choose Jesus as your Savior.