



**Starting Monday,  
June 29th at 7 am**

# **Awaken & Rise**

A 5-Day **Online Devotional** to Stop Delaying  
and Step Into Your Calling

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# Welcome

**There are seasons when God begins to get our attention.**

A conviction keeps coming back when you pray. A step of obedience becomes harder to ignore. Something you have carried for too long starts to feel heavier than it used to.

**Romans 13:11 says, "The hour has already come for you to wake up from your slumber."**

Paul wrote those words to believers who needed to remember the urgency of following Christ. He tells them to put aside the deeds of darkness, put on the armor of light, and clothe themselves with the Lord Jesus Christ.

God does not wake us up to shame us. He wakes us up because He loves us. He brings light to what we have hidden or excused because He wants us to walk in freedom.

Over the next five days, you will spend time with Romans 13:11–14 and Esther 4:14. You will look honestly at where you have grown tired, where you have delayed obedience, and what God may be asking of you now.

Through this devotional, ask the Lord to show you the next faithful step, then trust Him enough to take it.

It is time to awaken and rise.

**The Extraordinary Women Team**

# How To Use

Set aside a few quiet minutes each day. You do not need a perfect setting or a long block of time. **Each page will be posted at 7 am on Facebook and Instagram starting Monday, June 29th.**

Each day includes a short Scripture reading, a devotional thought, a few reflection questions, a guided prayer and one simple action step.

You may want to keep a journal nearby so you can write down what the Lord brings to mind.

Move through each day slowly. Pay attention to what stirs in your heart, especially the places that feel tender or uncomfortable. God often uses those places to show us where He wants to bring healing, freedom, or obedience.

Before you begin each day, pray a simple prayer: **"Lord, help me hear You clearly and respond with courage."**

Let this be a space to listen, reflect, and take the next faithful step.

# Day 1: Wake Up

***“And do this, understanding the present time: The hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed.”***

Romans 13:11

## Devotional

**There are ways we can fall asleep spiritually without realizing it.**

We keep showing up. We keep doing what needs to be done. We still believe in God, still care about our families, still want to live with purpose. But somewhere along the way, our attention gets divided.

Prayer becomes something we mean to get back to. Obedience gets pushed to a better time. The voice of God grows quiet beneath the noise of everything else.

**Paul’s words in Romans 13 are direct: wake up.**

That may sound sharp at first, but it’s actually kind. God loves us enough to interrupt the patterns that keep us numb. He does not want us drifting through our days while He is calling us to live awake, present, and responsive to Him.

Waking up may begin with one honest question: ***Lord, where have I stopped paying attention?***

## Day 1: Wake Up

Maybe He will show you an area where fear has been leading your decisions. Maybe He will bring to mind something you have been avoiding. Or maybe He will simply remind you that He has been near, even while you have felt tired or distracted.

**Start by listening. Let God show you what He wants to wake up in you.**

### Reflection Questions

1. Where have I felt spiritually tired, distracted, or checked out?
2. What has God been bringing to my attention lately?
3. Is there a step of obedience I have been putting off?

### Prayer

Lord, help me recognize where I have been spiritually asleep. Quiet the noise around me so I can hear You clearly. Show me what I have been avoiding, and give me courage to respond. I want to live awake to Your voice and obedient to what You are asking of me. Amen.

### Action Step

Write down one area where you sense God asking you to wake up and pay attention. Be honest and specific.

# Day 2: Lay It Aside

***"The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light."***

Romans 13:12

## Devotional

**When God wakes us up, He often shows us what we have been carrying.**

Some things are easy to recognize. A habit we know is hurting us. A thought pattern that keeps pulling us away from truth. A compromise we have explained away for too long.

Other things are quieter. Resentment. Fear. The need to control. The desire to appear fine when our hearts are tired.

**Paul tells us to put aside the deeds of darkness. That means we do not have to keep making room for what is keeping us bound.**

Through Christ, we can name it and lay it down.

This part can feel uncomfortable, but God's correction is never careless. He brings things into the light so we can be healed, forgiven, and free to walk with Him.

You may already know what He is asking you to release.

## Day 2: Lay It Aside

Take it seriously. Do not rush past conviction or dress it up with excuses. The Lord is kind, and He is also holy.

Today, ask Him what needs to be laid aside. Then trust Him enough to loosen your grip.

### **Reflection Questions**

1. What have I been carrying that God is asking me to release?
2. Is there any sin, compromise, fear, or resentment I need to bring into the light?
3. What excuse have I used to keep holding on?

### **Prayer**

Lord, show me what I need to lay aside. Give me the honesty to name what has been keeping me bound and the humility to bring it into Your light. I do not want to protect what is pulling me away from You. Help me put on the armor of light and walk in freedom. Amen.

### **Action Step**

Write down one thing you are choosing to lay aside today. Then pray over it, asking God for the grace to release it.

# Day 3: Walk in the Light

***“Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy.”***

Romans 13:13

## Devotional

**There is a difference between wanting change and choosing to live differently.**

By the time Paul gets to this verse, he has already told believers to wake up and lay aside the deeds of darkness. Now he gives a clear picture of what comes next: walk in the light.

That means our faith begins to show up in the way we live when no one is watching. It touches our choices, our conversations, our relationships, and the thoughts we allow to keep running through our minds. God cares about the hidden places because He loves the whole of us.

Paul names sins that can feel uncomfortable to read out loud. He speaks about indulgence, sexual sin, conflict, and jealousy because these things damage our souls and our relationships. They pull us away from the life Christ has called us to live.

**Walking in the light does not mean pretending we never struggle.**

## Day 3: Walk in the Light

It means we stop hiding from God in the middle of the struggle. We bring our lives before Him and let Him teach us a different way.

Today, ask the Lord where your life needs to come into greater alignment with Him. He may point to something private. He may show you a pattern in your relationships. He may ask you to make a different choice before the day is over.

### **Reflection Questions**

1. Where is God asking me to live with greater obedience?
2. Is there any part of my private life that does not match the faith I profess publicly?
3. What choice can I make today that reflects the light of Christ?

### **Prayer**

Jesus, help me walk in the light today. Show me where my choices, thoughts, or relationships need to come into alignment with You. Give me courage to stop hiding and grace to obey. I want my life to reflect You in private and in public. Amen.

### **Action Step**

Choose one specific way to walk in the light today. It may be a conversation, a confession, a boundary, or a decision to stop feeding a pattern that has been pulling you away from God.

# Day 4: Put on Christ

***“Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.”***

Romans 13:14

## Devotional

**Paul does not leave us with a list of things to stop doing. He gives us a better way to live: put on Christ.**

That language is personal. Clothing is what we carry with us into the day. It touches us closely. It is visible in how we move through the world. Paul is telling believers to let Jesus shape the way they think, speak, respond, and choose.

Many of us try to rise by pushing harder. We promise ourselves we will do better. We make plans, set goals, and try to manage the parts of us that feel weak. There may be some good intentions in that, but willpower cannot do what only Christ can do.

**To put on Christ means we stop trying to follow Him from a distance.**

We receive His strength for the places where we feel weak. We let His truth confront the lies we have believed. We ask His Spirit to form His character in us, especially when obedience costs something.

Paul also says not to make room for the desires of the flesh.

## Day 4: Put on Christ

That means we pay attention to what we feed. Some patterns grow stronger because we keep giving them access to our thoughts, schedules, phones, conversations, or private choices.

Today, ask the Lord where you need to put on Christ in a practical way. Maybe you need His patience in a hard relationship. Maybe you need His courage for a decision. Maybe you need His purity, humility, or self-control in a place you have kept hidden.

You do not have to rise in your own strength.

Christ is near. Put Him on, and walk forward with Him.

### **Reflection Questions**

1. Where have I been trying to change in my own strength?
2. What desire, habit, or pattern have I been giving too much room?
3. What would it look like to put on Christ in one specific area today?

### **Prayer**

Jesus, I need You in the places where my strength runs out. Clothe me with Your truth, patience, courage, and self-control. Help me stop making room for what pulls me away from You. Sanctify me by Your Spirit, Lord. Amen.

### **Action Step**

Complete this sentence in your journal: "Today, I will put on Christ by..." Then choose one practical way to live that out before the day ends.

# Day 5: For This Moment

***“And who knows but that you have come to your royal position for such a time as this?”***

Esther 4:14

## Devotional

Esther had a choice to make.

She could stay quiet and protect her own comfort, or she could step forward and risk being seen. The need in front of her was serious. The cost was real. Her position gave her influence, but it also required courage.

Mordecai's words in Esther 4:14 remind her that God may have placed her right where she was for that very moment.

We often want our calling to feel certain before we move. We want every detail confirmed and every fear settled. But many of the most important steps of faith begin with a simple yes while our hands are still trembling.

Your life may look different from Esther's, but God has also placed you with purpose.

**He knows your family, your gifts, your story, your influence, and the people who need what He has put inside of you.**

## Day 5: For This Moment

**The step in front of you may feel small, but obedience is never wasted in the hands of God.**

Maybe He is asking you to have a hard conversation. Or maybe He is wanting you to serve in a new way, release an old excuse, or finally take the next step you have been circling for too long.

You do not need to know how everything will unfold. You can trust the God who called you.

Today, name the step. Pray over it. Then take it.

### **Reflection Questions**

1. What step of obedience have I been delaying?
2. Where has God placed me with influence in this season?
3. Who could be encouraged, helped, or strengthened by my yes?

### **Prayer**

Lord, give me courage to obey You in this moment. Help me stop waiting for perfect conditions and trust You with the next step. Show me where You have placed me with purpose, and teach me to use what You have given me faithfully. I want my yes to honor You. Amen.

### **Action Step**

Write down one faithful step you will take this week. Be specific about what you will do and when you will do it.

# Thank You

## For Spending Your Week With Us

### Want to Dive Deeper?

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Extraordinary Women's 2027 "Awaken & Rise"  
conference dates have been announced!

Go to **[ewomen.net](https://ewomen.net)** to view the locations, dates,  
and speakers.