

ICE BREAK

- What first comes to mind when you hear the word *Integrity*?
- When is it OK to lie or hide the truth?

STUDY

This week we explore Integrity and Being Whole as followers of Christ.

What most impacted you in this week's message?

1. **Psalm 86:11 "Give me an undivided heart: Make me whole"** a.How is being truthful-"*becoming whole*"? b. How is following God *being made Whole/Undivided*?
2. **John Genesis 32 Jacob wrestles an angel: Bless me.** a.Jacob's name means *trickster*. b.Lack of Integrity-imposter, pretender, façade. c.When did someone *trick* you.? d.Specifically: how do we wrestle, be real, have integrity with God/others?
3. **Ephesians 6:11-12 Full Armor, Devi's schemes. John 8:44 Devil: Liar.** a.What are the *Devil's plans* with us and our relationships with others/God? Why discuss his schemes? B. I John 3:8-How does Jesus destroy the Devil's work *in us*?
4. **TAKEWAYS**
5. **Integrity brings God Pleasure. I Chronicles 29:17 a.** How do we become a *God-pleaser* rather than a *people pleaser*? b.When was your integrity *tested*?
6. **Integrity brings Peace and Security. Proverbs 10:9, 11:3** a.How does lack of integrity affect our emotions, energy, and relationships? b.What kind of *energy* does it require to *cover up lies and secrets*?
7. **Integrity is a sign that Salvation is "In the House".** Luke 19:8-10 a. What are the 2 ways that salvation came to Zaccheus' house?
8. Readings for Integrity this week:

a. **Mon-** Mat. 5:33-37

- b. **Tue-**Mat. 6:1-8
- c. **Wed-**Psalm 15
- d. **Thu-**Psalm 51
- e. **Fri-**Psalm 101
- f. **Sat-**Eph 4:25-5:2

REFLECT

- Reflect: Is there a breach of integrity in your life currently? Confess it and share with someone. That is an act of Integrity!
- Who's been a recent example of integrity to you? Share that with them this week.

PRAY

- Pray for each—an honest, whole life to reflect Christ in you.
- Follow up on past prayer requests.
- Pray for God's grace to make us whole-like Him. .