

ICE BREAK

- Talk about a time when someone lied to you or about you?
- Talk about a time when you lied to or about someone.

STUDY

This week we focus on the power of simply being honest that flows from a clean and pure heart.

What did you hear in this week's sermon that was new about the power of honesty vs deception?

- 1. Read Matthew 5:33-37 Taking us at our word:**
a. Why do we not need to justify our honesty? b. How do you react to someone who often does so? c. How does God *deliver you from the evil one*? d. Talk about a time when you were accused of dishonesty? e. How can we prove our honesty?
- 2. Matthew 12:36 Every Empty Word** a. How does the *severity* of this passage strike you? b. What does *Empty Words* mean to you? c. How does this warning pertain to your Verbal Life?
- 3. Luke 6:45, Psalm 51:10 Overflow of the heart-the mouth speaks. Create a clean heart in me.** a. What is the process of creating in us a clean heart. b. How might it be a painful one? c. Talk about the person you know who had/has the *cleanest heart*.
- 4. ...Ephesians 4:15 Speaking Truth in Love, John 1:14 Full of Grace and Truth** a. In your relationships do you tend to find *more natural*-speaking *truth* or *love*? b. Creating that balance in you-who would you say serves as your *cardiologist*? d. How often do you intentionally *schedule an appointment*-i.e. Slow down for an *evaluation*?

REFLECT

- Reflect and Discuss: What would your world be like if it were permeated with

truth and honesty: marriage, family, work, church community.

PRAY

- Pray for each other's process of cleansing of hearts and becoming more honest and full of grace.
- Follow up on past prayer requests.
- Pray for the mission God has given each of us to live out daily.