



Fall 2026 SESSION LIFEGROUP CATALOG

Join us for an all-church celebration September 2nd @ 6:30 PM

Fall Kick-Off September 9th, 2026

Are you ready for a fresh new season of discipleship?

PARENTS: Midweek offers a mission-critical path of relationship and growth for the entire family. Bring your kids and impart to them the priority of growing in their relationship with God and relationship with others. Check out our **Kids Night Crew** and our **Amplified Student Ministry**.



Night Crew

(Kids 3 yrs-5th Grade)

Leader: Kelsey Schlumbohm

Wednesdays @ 6:30-8:00 PM

Location: @ Lifehouse [kidCrew Room]

Designed for children ages 3 through 5th grade, Night C.R.E.W. is a fun, Bible-centered midweek ministry focused on building biblical literacy, helping kids confidently navigate and discuss God's Word, and growing in their faith through engaging lessons, worship, games, and meaningful connections. New students are always welcome!



Amplified Student Ministries

(Students 6th-12th Grade)

Leader: Dawn Stanley

Wednesdays @ 6:30-8:00 PM

Location: @ Lifehouse [Community Room]

Amplified is for **students in 6th–12th grade** to build real friendships, have fun, and grow in their faith.

This fall, students will study **Not My Jesus**, learning to recognize false ideas about Jesus and discover the real Jesus revealed in Scripture. Through music, games, teaching, conversations, and special events, students are challenged to live uncommon lives for Christ.



Trail Life USA

(For boys and their dads)

Leader: Alex VanderPloeg

1st and 3rd Thursday of every month at 6:30 PM

Location: @ Lifehouse [Community Room]

Trail Life USA is a **Christ-centered program for boys and their dads** to grow in faith, character, leadership, and practical skills together. Meetings are held on the **first and third Thursday of each month** and include hands-on activities, teaching, service, fellowship, and occasional outdoor adventures.



Midweek Adult LifeGroup

Meets: 6:30-8:00 PM Wednesdays (Café)

Leader: Jeff Williams

II Timothy 2:15 says, "Be diligent to present yourself approved to God as a workman who does not need to be ashamed, accurately handling the word of truth." The importance of reading the Word of God cannot be denied. Scripture, however, speaks of more than simply reading words on a page. Several passages tell us the value of studying and meditating on God's Word to aid the believer in living a more abundant, Spirit-led life. Join us Wednesday evenings at 6:30 PM in the Café starting on September 9 as we learn about studying God's Word.



Married for Life | A LifeGroup for Couples

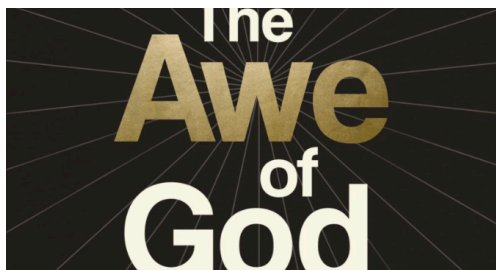
Married couples need support not only from their spouses, but from other Christian couples. Always open for more couples.

Meets: Third Friday, September through November, in the church café.

Third Friday in December at Williams' house for Christmas party

Leaders: Jeff and Debby Williams

This session we will use the Newlywed Game, Jeopardy, and Family Feud to find out what we think we know about marriage and our spouses. Come and have fun while we shed a light on our marriages, find out what really is important, and how God wrote the Book on marriage!



Women of Valor | A LifeGroup for Women

Meets: 6:30-8:00 PM Wednesdays (Conference Room)

Leaders: Rebekka Hansel

This fall, Women of Valor will be exploring Holy Fear and what it means to live in reverent awe of God. Discover how the fear of the Lord—very different from being afraid of God—can draw you closer to Him, deepen your faith, and help you build a life that stands strong through every season.



Sons of Thunder | A LifeGroup for Men

Meets: 8:30 AM 2nd Second Saturday of Each Month (Community Room)

Sons of Thunder's focus is to encourage men in personal growth and teach them how to live lives of authentic manhood as modeled by Jesus Christ and directed by the Word of God.

Why Join a Lifegroup?

1. You will understand the Bible better in a life group.
2. You will begin to really feel like part of God's family.
3. Prayer will become more meaningful to you.
4. You will be able to handle stress and pressure better.
5. You will develop leadership skills you never knew you had!
6. You will deepen your understanding of worship.
7. You will be a New Testament Christian!



We're Excited to Launch Our Fall LifeGroup Semester!

As we head into fall, we're looking forward to another meaningful season of community, discipleship, and growing together in faith.

*We'll begin with a church-wide LifeGroups Fall Kickoff on **Wednesday, September 2 at 6:30 PM**. This fun evening is for everyone—all groups, all ages, and anyone interested in finding a place to connect this fall. Come meet our LifeGroup leaders, learn about the different groups being offered, enjoy food and fun, and discover where you might fit.*

*Our regular midweek gatherings will begin on **September 9 and continue through November 11**. LifeGroups are a great place to build relationships, study God's Word, and encourage one another as we follow Jesus together.*

*Then, on **November 25**, we will once again serve together through the Freedom for Youth Thanksgiving. Afterward, we'll enjoy a holiday break with plenty of fun activities planned throughout the season.*

We can't wait to see what God will do as we grow better together this fall!

Better Together 

LifeGroups Fall Kickoff 2026

 **Wednesday, September 2 • 6:30 PM**

 **At the Church • For all groups & ages**

Come meet leaders, explore groups, enjoy food, and celebrate the fall season!

 **Food • Fun • Find Your Group** 

 **Lifehouse**
COMMUNITY CHURCH



Life Is Better Together—and Fall Is the Perfect Time to Jump In!

From the beginning of the Church, God's people have grown best in circles, not rows. In Acts 2, believers gathered in homes to share meals, pray, study God's Word, and carry one another's burdens. That picture has always been at the heart of Lifehouse.

Community LifeGroups are small groups of adults who meet consistently for friendship, encouragement, and spiritual growth. These are more than short-term classes—they are communities of 8–12 people committed to walking through the real highs and lows of life together while practicing the "one anothers" of the New Testament.

Some groups are for couples, men, women, young adults, or a mix of ages and stages, but every group shares the same purpose: to grow in Christ through Christ-centered relationships.

Fall is our biggest and best on-ramp into Community LifeGroups! Most groups begin together in the fall and continue building deeper relationships throughout the year. Joining now gives you the opportunity to start alongside others and find a place where trust, friendship, and faith can grow.

Our church-wide LifeGroups Fall Kickoff on Wednesday, September 2 at 6:30 PM is the perfect place to begin. Meet our leaders, explore the groups being offered, ask questions, and discover where you might fit.

Don't spend another season watching community from the outside. Find your people, take your place, and experience how much better life can be when we follow Jesus together.

 together@lifehousedsm.org





Current Groups

LifeGroups meet throughout the week in homes across the metro. A few examples:

- **Koinonia – Christian Fellowship**
Meets twice a month on *Sunday evenings at 5:30 PM* with food, biblical discussion, games, and prayer. Perfect for singles, couples, and families. Dates Include: 09/20/26, 10/04/26, 10/18/26, 11/01/2, and 11/15/26
- **Hansel LifeGroup – Urbandale**
Meets *Monday nights at 6:30 PM* and walks through *Beyond the Message*, diving deeper into Sunday's sermon together.
- **VanderPloeg LifeGroup – Urbandale/Waukee/Clive**
Meets *Monday nights at 6:30 PM* starting on **Monday, September 21st** and walks through *Beyond the Message*, diving deeper into Sunday's sermon together.
- **Ganske LifeGroup – Clive**
Meets *Monday nights at 7:00 PM* and walks through *Beyond the Message*, diving deeper into Sunday's sermon together.
- **Terry LifeGroup – Urbandale** **Currently Full**
Meets *Wednesday nights at 6:30 PM* in the *LifeGroup Room* and walks through *Beyond the Message*, diving deeper into Sunday's sermon together.

To explore additional LifeGroups or find the best match for your season of life, simply contact us — we'd love to help you get connected.