



Spring 2026 SESSION LIFEGROUP CATALOG

Spring Session begins Wednesday, March 25th

Are you ready for a fresh new season of discipleship?

PARENTS: Midweek offers a mission-critical path of relationship and growth for the entire family. Bring your kids and impart to them the priority of growing in their relationship with God and relationship with others. Check out our **Kids Night Crew** and our **Amplified Student Ministry**.



Night Crew **(Kids 3 yrs-5th Grade)**

Leader: Kelsey Schlumbohm

Wednesdays @ 6:30-8:00 PM

Location: @ Lifehouse [kidCrew Room]

Night Crew is a mid-week discipleship journey built around the identity of being Created by God, Redeemed by Christ, Equipped by the Holy Spirit, and sent to Change the World. Students ages 3-5th grade will journey through scripture, earning badges for verse memorization, increasing their knowledge of the Bible and having fun as we grow together.



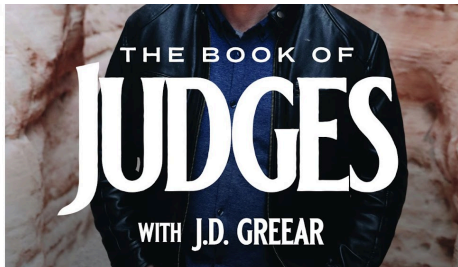
Amplified Student Ministries **(Students 6th-12th Grade)**

Leader: Dawn Stanley

Wednesdays @ 6:30-8:00 PM

Location: @ Lifehouse [Community Room]

Amplified Student Ministry is a place where students of all backgrounds find common ground and experience together what it is to live uncommon lives. At Amplified, students are able to connect in real ways with real people. Amplified functions with a specific focus on students; incorporating fun, music, great teaching, and so much more. Through Amplified, students have opportunities to get plugged into youth conferences, summer camps, fun outings, and mission trips.



Midweek Adult LifeGroup

Meets: 6:30-8:00 PM Wednesdays (Café)

Leader: Pastor Brian Stanley

The book of Judges opens a window into the depths of the human soul, revealing a nation wrestling with its identity and relationship with God. Throughout the story, leaders rise—men and women who seem capable of saving Israel. Yet each ultimately proves to be a broken savior, unable to truly deliver the people. In this series, pastor and author J.D. Greear explores the book of Judges and the muddy waters of human rebellion. These accounts are far more than ancient stories with little relevance today. As Greear walks through the text, he uncovers the persistent grace of God amid human failure and wickedness. The message becomes clear: human leaders fall short, but God's grace remains faithful—and only the divine can redeem what is broken.



Married for Life | A LifeGroup for Couples

Meets monthly on the 3rd Friday of every month at 7 PM.

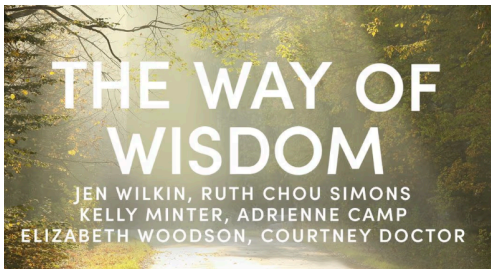
Leaders: Jeff & Debby Williams

Location: @ Lifehouse

Married couples need support not only from their spouses, but of other Christian couples. We meet monthly to discuss biblical truths to enhance and strengthen our own marriages.

This session, we will be starting the "Husbands & Wives" Bible Study. We will explore biblical teaching on important marriage topics: self-image, communication, & love. This study of Scriptures is to help develop a fresh outlook for our marriages – and a deeper commitment to each other.





Women of Valor | A LifeGroup for Women

Meets: 6:30-8:00 PM Wednesdays (LifeGroup Room)

Leaders: Rebekka Hansel

Join our **Women of Valor** group this spring as we explore *The Way of Wisdom*, a study through the book of Proverbs. Proverbs presents godly wisdom as a path that leads to life and flourishing, while warning that worldly wisdom ultimately leads us astray. In this study, several trusted Bible teachers guide us through practical wisdom for everyday life—covering topics like our words, work, friendships, family life, money, and influence. Together we'll rediscover how the timeless wisdom of Proverbs still speaks clearly today, inviting us to walk faithfully in God's way and experience the richness of His instruction in our daily lives.



Sons of Thunder | A LifeGroup for Men

Meets: 8:30 AM 2nd Second Saturday of Each Month (Community Room)

Sons of Thunder's focus is to encourage men in personal growth and teach them how to live lives of authentic manhood as modeled by Jesus Christ and directed by the Word of God.

We're Excited to Launch Our Spring LifeGroup Semester!

As we move through the Easter season and into spring, we're looking forward to another meaningful season of community, discipleship, and growing together in faith.

Our Spring LifeGroup Semester begins with midweek gatherings on March 25 and continues through May 27. LifeGroups are a great place to build relationships, study God's Word, and encourage one another as we follow Jesus together.

Please note that midweek services will not meet on April 1. Instead, we invite everyone to join us for our Good Friday Service on April 3 as we gather to reflect on Christ's sacrifice and prepare our hearts for Easter.

After Easter, we encourage you to lean into community and dig in with your LifeGroup. These weeks together are a powerful opportunity to grow spiritually and walk alongside one another in faith.

We can't wait to see what God will do in this new season!



Life is better together — and it always has been.

From the very beginning of the Church, God's people have grown best in circles, not rows. In Acts 2, the early believers gathered in homes to share meals, pray, study the apostles' teaching, and carry one another's burdens. And Scripture tells us that through this rhythm of shared life, "the Lord added to their number daily those who were being saved." That picture has always been our heartbeat at Lifehouse.

Community LifeGroups are small groups of adults who meet consistently throughout the year for friendship, encouragement, and spiritual formation. These aren't short-term classes or programs — they are communities of 8–12 people committed to walking with one another through the real, everyday highs and lows of life. In these groups, we learn to practice the "one-anothers" of the New Testament: love one another, pray for one another, carry one another's burdens, forgive one another, encourage one another.

Some groups are couples, some are men or women, some are young adults or mixed ages and stages — but every group shares the same purpose: **to grow in Christ through Christ-centered relationships.** It's not just information that transforms us; it's imitation, accountability, shared stories, and watching faith lived out around a dinner table or living room.

Because Community LifeGroups are built around stability and deeper relationships, most groups begin together in the fall and journey through the year as a committed circle. This creates space for trust to grow and for people to truly "do life" together.

That said, **you're never too late.** If you're new or looking to get connected mid-year, we would love to match you personally with a group and introduce you to a leader. This helps ensure you join with clarity, support, and a meaningful on-ramp rather than walking in blindly.

If you're ready to take the next step into community — or even considering launching a new LifeGroup — reach out anytime. **We're here to help you find the right fit.**

 together@lifehousedsm.org





A Glimpse of Current Groups

LifeGroups meet throughout the week in homes across the metro. A few examples:

- **Koinonia – Christian Fellowship**
Meets twice a month on *Sunday evenings* with food, biblical discussion, games, and prayer. Perfect for singles, couples, and families.
- **Hansel LifeGroup – Urbandale**
Meets *Monday nights* and walks through *Beyond the Message*, diving deeper into Sunday's sermon together.

These represent just a snapshot of what's available. To explore additional LifeGroups or find the best match for your season of life, simply contact us — we'd love to help you get connected.

Why Join a Lifegroup?

1. You will understand the Bible better in a life group.
2. You will begin to really feel like part of God's family.
3. Prayer will become more meaningful to you.
4. You will be able to handle stress and pressure better.
5. You will develop leadership skills you never knew you had!
6. You will deepen your understanding of worship.
7. You will be a New Testament Christian!

