

# Small Group Discussion Guide

Series: *Between Two Trees* | Part 1: *The Tree That Took Life*

**BIG Idea:** Life was freely given—but humanity chose independence over trust.

**Application:** Trust God’s boundaries as invitations to life, not limits on freedom.

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## Discussion Questions

**Icebreaker:** What is a funny or memorable moment when you or one of your kids absolutely did not want to be told “no”? How did that moment reveal something about human nature?

1. In the sermon, we heard that “God planted life before He gave rules.” Why is that order so important in Genesis 2?
2. Read Genesis 2:8–9, 16–17. What does this passage show us about God’s character before sin enters the story?
3. Why do you think we so easily focus on the one “no” of God and forget His many “yeses”?
4. The sermon said, “The first temptation was not mainly appetite; it was autonomy.” What does that mean in everyday life?
5. Read Genesis 3:1–5. How does the serpent distort God’s words and character? Where do you hear similar distortions in today’s world?
6. In what areas of life are people most tempted to define good and evil for themselves instead of trusting God?
7. Read Proverbs 3:5–6. What does it look like in practice to trust the Lord instead of leaning on your own understanding?
8. Read Genesis 3:6–7. What changed immediately after Adam and Eve sinned? What stands out to you most about shame, hiding, or blame?
9. The sermon said, “A lot of our sin starts here. A lot of our wandering starts here. A lot of our unrest starts here.” How have you seen distrust of God lead to unrest in your own life or in the lives of people around you?
10. The call to action was to trust God again. What would it look like for you this week to trust that God’s boundaries are invitations to life, not limits on freedom?

**Prayer Prompt:** Pray that God would expose places where you have distrusted His goodness, help you stop reaching for life on your own terms, and teach you to trust His Word, His heart, and His boundaries more deeply this week.

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