

Small Group Discussion Guide

Formed By... | *What is forming you - and who are you becoming?*

Part 4: The Courage to be Known

BIG Idea: God forms and heals us as we courageously bring our real lives into trustworthy Christian relationships—and as we become trustworthy people who help others experience that same grace.

Application: To be fully known is to abandon shame, shun favoritism, and refuse to let offense against one another take hold in our hearts.

Discussion Questions

Icebreaker: What is something harmless or unexpected about you that people usually do not learn until they know you well?

1. What part of Rebekka's message stayed with you most, and why?
2. Read 1 Peter 5:8–9. How does remembering that Peter addressed a community—not merely isolated individuals—change the way you understand resisting the enemy?
3. Rebekka said, “A healthy church is not a place where no one struggles; it is a place where no one has to struggle alone.” What helps a church or LifeGroup become that kind of safe and healthy community?
4. Why do you think we sometimes want the benefits of belonging without accepting the cost of being known?
5. Read James 5:13–16 and 1 John 1:9. What is the relationship between confession, prayer, forgiveness, and healing? What does wise and appropriately paced vulnerability look like?
6. Shame can grow from past sin, current sin, or fear of future failure. Which kind most often tempts people to hide? How does the gospel answer that shame?
7. Read James 2:1–4, 9 and Galatians 6:2–3. What subtle forms can favoritism take in a church or LifeGroup? How can we become more trustworthy people for those who are different from us?
8. Read Proverbs 17:9 and 18:19. How can we distinguish between an offense that love can release and a conflict that needs to be addressed directly and biblically?
9. What is one concrete step you can take this week: bring something into the light, move toward someone you have overlooked, release an offense, or invite someone trustworthy to pray with you?

Prayer Prompt: Ask the Holy Spirit to reveal where shame, favoritism, or offense has disrupted Christian community in your life. Pray for courage to walk in the light, humility to carry another person's burden,

wisdom to address conflict well, and grace to forgive as Christ has forgiven you. Close by praying for Lifehouse to become a trusted people who pray for one another and help one another become whole.