For the Week Beginning November 15, 2026

"Jesus, the Same Yesterday, Today, and Forever"

❁ Hebrews 13:7-16

7 Remember your leaders, who spoke the word of God
to you. Consider the outcome of their way of life and
imitate their faith. 8 Jesus Christ is the same yesterday
and today and forever.

9 Do not be carried away by all kinds of strange
teachings. It is good for our hearts to be strengthened
by grace, not by ceremonial foods, which are of no
value to those who eat them. 10 We have an altar from
which those who minister at the tabernacle have no
right to eat.

11 The high priest carries the blood of animals into the
Most Holy Place as a sin offering, but the bodies are
burned outside the camp. 12 And so Jesus also suffered
outside the city gate to make the people holy through
his own blood. 13 Let us, then, go to him outside the
camp, bearing the disgrace he bore. 14 For here we do not
have an enduring city, but we are looking for the city
that is to come.

15 Through Jesus, therefore, let us continually offer to
God a sacrifice of praise — the fruit of lips that confess
his name. 16 And do not forget to do good and to share
with others, for with such sacrifices God is pleased.

Write down 5 significant observations. Raise 2 significant questions and try to answer them.

Observations	Interpretation (Questions)	Applications

❁ **Opening Question:**

• Who is someone whose faith has made an impact on your life? What was it about the person that you would want to imitate?

❁ **The Living Word: Please read our text for this week.**

- Highlight words or phrases that stand out to you.
- Please narrate using your own words.

Verses 7-8

1. According to verse 7, how are these leaders described, and what are believers commanded to do regarding them? What does this teach us about the kind of spiritual leaders we should follow and imitate? **2. Why might the writer remind us that "Jesus Christ is the same yesterday and today and forever" immediately after telling us to remember and imitate our leaders?** How does this truth encourage us when leaders and circumstances change?

Verse 9

3. What clues does verse 9 give us about the "strange teachings" threatening the church? What does the writer say truly strengthens the heart? Why is grace better than outward religious practices?

Verses 10-12

4. What is the "altar" Christians have in verse 10, and how is it different from the Old Testament altar? What is the point of saying that the Old Testament priests "have no right to eat" from this altar? **5. Why does the author bring up the Day of Atonement sacrifices whose bodies were burned "outside the camp"?** How does Jesus' suffering "outside the city gate" fulfill this picture, and what does it reveal about the meaning of His sacrifice?

Verses 13

6. What does verse 13 call believers to do? What would it have meant for the original readers to "go to Jesus outside the camp" and "bear the disgrace he bore"? What might that look like for us?

Verses 14

7. What is the connection between verses 13 and 14? Why does the author remind the readers of "the city that is to come" immediately after calling them to go to Jesus outside the camp and bear His disgrace?

Verses 15-16

8. In light of verse 14, what are believers called to continually offer to God in verses 15–16? What do "the sacrifice of praise," "doing good," and "sharing with others" look like in everyday life? **9. What is the significance of offering these sacrifices "through Jesus"?** According to these verses, what kind of sacrifices please God, and why do you think they are pleasing to Him?

❁ **Living the Word/Application:**

• What might it look like for you personally to "go to Jesus outside the camp" this week? Is there anything that makes it difficult for you to identify fully with Christ?

• If you truly lived knowing that this world is not your lasting home and that "the city that is to come" is your true home, what would change in the way you live this week—especially in your praise of God, doing good, and sharing with others?