

WHO ARE YOU BECOMING?

NAME _____

DATE _____

THE QUESTION

If following Jesus is supposed to change who I am, why do I keep changing who I am depending on who's watching?

THE TRUTH

Jesus did not die so you could add Him to one version of your life. He gives you new life—and calls you to follow Him everywhere.

YOUR MEMORY VERSE / PROVERBS 29:25 (NLT)

“Fearing people is a dangerous trap, but trusting the LORD means safety.”

4 DAYS. NO PRETENDING.

DAY 01**THE COMPARISON TRAP**

2 Corinthians 10:7-18

DAY 02**WHEN APPROVAL BECOMES YOUR MASTER**

Galatians 1:6-12

DAY 03**MADE FOR MORE THAN AN IMAGE**

Matthew 5:13-16

DAY 04**STOP BLENDING IN**

Romans 12:1-8

THE COMPARISON TRAP

READ 2 Corinthians 10:7-18

READ IT

Paul challenges people who measure themselves against one another and boast by human standards. In context, he is addressing self-commendation in ministry, but his warning exposes a habit that follows us into school hallways and social feeds.

THINK ABOUT IT

When you measure yourself against someone else's highlights, you can start treating their strengths as proof that you are less valuable. Comparison is a terrible measuring stick for faithful living.

YOUR TURN

Where do you compare yourself most—appearance, friendships, grades, sports, or personality? What does that comparison make you believe about yourself?

GO DEEPER

Why does comparing ourselves to others make it harder to recognize God's gifts and the responsibilities He has given us?

MAKE A MOVE

Notice one moment of comparison. Instead of spiraling, thank God for one gift He gave you and one good thing He gave someone else.

PRAY IT God, help me stop using other people as my measuring stick. Teach me gratitude and humility.

WHO IS REALLY IN CHARGE?

READ Galatians 1:6-12

READ IT

Paul defends the gospel against people who are distorting it. He asks whether he is trying to win human approval or serve Christ (Galatians 1:10). His loyalty to Jesus matters more than being liked.

THINK ABOUT IT

Wanting friends and belonging is normal. The danger comes when acceptance becomes more important than obedience: laughing at a cruel joke, staying silent about bullying, or pretending your convictions do not matter.

YOUR TURN

Whose approval is hardest for you to lose? Have you gone along with something you knew was wrong because of that fear?

GO DEEPER

How can you tell when a healthy desire to belong has become a need for approval that controls your choices?

MAKE A MOVE

Choose one situation where you can be truthful, kind, and faithful—even if it costs you approval.

PRAY IT Jesus, show me where I am chasing approval more than following You. Give me courage without making me harsh.

MORE THAN AN IMAGE

READ Matthew 5:13-16

READ IT

Jesus calls His disciples salt and light. Their good deeds are meant to direct attention to the Father, not to build their own reputation. He calls us beyond maintaining an image into living with purpose.

THINK ABOUT IT

You can spend all day managing your image and miss opportunities to love people. Ephesians 2:10 reminds us that we are made new in Christ for good works. We do not earn grace by doing good; good works grow out of God's grace.

SCRIPTURE CHALLENGE / EPHESIANS 2:10 (NLT)

Fill in the missing words, then read the verse aloud:

"For we are God's _____. He has created us _____ in Christ Jesus, so we can do the _____ things he planned for us long ago."

YOUR TURN

If your friends watched your choices this week, what would they learn about what matters to you? Whom might you overlook to protect your image?

GO DEEPER

What is the difference between doing something good so people notice you and doing it so people see God's goodness?

MAKE A MOVE

Do one good thing quietly or courageously for someone today. Do it because following Jesus changes how you treat people.

PRAY IT Father, make my life useful for Your purposes. Let my actions point people toward You.

STOP BLENDING IN

READ Romans 12:1-8

READ IT

After explaining God's mercy, Paul calls believers to offer their lives to God. Rather than copy the patterns of this world, they are to be transformed as God renews their minds.

THINK ABOUT IT

Following Jesus is not just being different to get attention. It means letting God reshape your thinking so your decisions reflect His will. You can practice a new response, one decision at a time.

YOUR TURN

What is one pattern you have copied from people around you that needs to change? Which truth from Scripture challenges that pattern?

GO DEEPER

Why does Paul connect a changed mind with a changed life? How could your thinking change before your habits do?

MAKE A MOVE

Write one specific commitment. Example: "Instead of joining gossip to fit in, I will speak kindly or change the subject." Tell a trusted Christian friend or leader.

PRAY IT

God, renew my mind. Help me live differently because I belong to Christ, not just because I want to look different.

DON'T JUST READ IT. LIVE IT.

MEMORY VERSE / PROVERBS 29:25 (NLT)

"Fearing people is a dangerous trap, but trusting the LORD means safety."

THE QUESTION STILL STANDS

Who is shaping the person you are becoming—Jesus, or the people whose approval you want?

LOOK BACK AT THE FOUR BATTLES

COMPARISON

What have I used to measure my worth?

APPROVAL

Where did fear of people influence my choices?

PURPOSE

Did my actions point to Jesus or to my image?

TRANSFORMATION

What needs to change in how I think and live?

MY NEXT SEVEN DAYS

One habit I will keep working on:

One real-life situation where I will choose to follow Jesus:

MY ACCOUNTABILITY PERSON:
