

**SMALL GROUP:**

Think of a time this week when something looked right on the outside... but your heart wasn't right.

Now talk to God about it. God, I did: _____

My heart was: _____

Please help me: _____

PRAYER: "God, You see my heart—not just what I do. Help me not just look right on the outside, but follow You for real on the inside. Change my hearts so what comes out is real. Amen."

BIG TRUTH: You can't fake what's inside.

****After each day's activity, turn to the back for your prayer response.****

Day 1 - READ: [Jeremiah 7:8-11](#).

What were the people saying? _____

What were they doing at the same time? _____

Did their actions match their words? YES NO

Day 2 - READ: [1 Samuel 16:7](#).

What do people usually look at? _____

What does God look at? _____

Circle ALL that could be happening inside someone's heart:

LOVE ANGER JEALOUSY KINDNESS SELFISHNESS

Day 3 - READ: [James 1:14-15](#).

What leads a person into sin? _____

Where does that come from? _____

Think of a time you responded sinfully or selfishly. You wanted something, so you did something in order to get it.

Because I wanted _____, I did _____.

Day 4 - READ: [Matthew 7:21](#).

Is saying the right things enough? YES NO

What does God actually want from us? _____

Which one is harder? TO JUST SAY WE LOVE HIM TO SHOW WE LOVE HIM BY OBEYING

God doesn't just show us what's wrong—The good news is that He changes our hearts.

READ Ezekiel 36:26

What does God give you? _____

How does He describe your old heart? _____

How does He describe your new heart? _____

Day 1 What is one way someone could *look* like they're following God... but not really be?

Pray: "God, help me not just look right on the outside. Help me follow You for real."

Day 2 READ: PSALM 139:23-24.

Which one of the options from the front page shows up most in your heart?

Love Anger Jealousy Kindness

Pray: God, You see my heart. Help me be honest with You.

Day 3 Confess: Is there one real moment from your week that you responded selfishly or sinfully?

YES/NO/NOT SURE

God, I did _____. My heart wanted _____. I'm sorry. Please change my heart.

Day 4 Think of an area where it is difficult to show God you love Him from your heart. Maybe your words are saying the right thing, but your heart isn't in the right spot. You're like that fake fruit from Sunday.

Where could God be trying to help your heart be real? One way I want to follow God for real this week:

Reread Ezekiel 36:26 now. Ask God to give you a new heart and then write a prayer from this verse.

REAL FRUIT or FAKE FRUIT?

Circle the choices that show **REAL** fruit. Put an X over the **FAKE** fruit.

