EZRA TAUGHT GOD'S LAW

NOVEMBER 8, 2026 | 2ND/3RD GRADE

BIG TRUTH

God's Word shows us our _____ and points us to our _____.

SUNDAY LIVE IT OUT

C.H.A.T. WITH GOD:
MY PRAYER JOURNAL

Prayer journaling is a way to slow down and talk with God. As your leader guides you through C.H.A.T., write your prayers below. They don't have to be perfect, and you don't have to share them with anyone. These prayers are between you and God!

C CONFESS — Admit to God what you did wrong.

God, I need to confess...

_____

_____

H HONOR — Tell God He's more important than anything else.

God, You are...

_____

_____

A ASK — Ask God for what you need.

God, please help me with...

_____

_____

T THANK — Tell God what you're grateful for.

God, thank You for...

_____

_____

DAY 1 FROM HEARING TO REJOICING

READ Nehemiah 8:1–3; Ezra 9:5–6; Nehemiah 8:8–10

God's people wanted to hear His Word. When they understood it, they recognized their sin and felt sad. But God's Word also reminded them of His goodness and gave them a reason to rejoice!

Three ways God's people responded to His Word:

1. **HUNGER** — They wanted God's Word. Nehemiah 8:1–3
2. **CONVICTION** — They recognized their sin. Ezra 9:5–6; Nehemiah 8:9
3. **JOY** — They rejoiced in God. Nehemiah 8:10

THINK ABOUT IT

1. Do I want to hear and understand God's Word?
2. Am I willing to admit when I've done something wrong?
3. Can I remember God's goodness and forgiveness through Jesus?

MY RESPONSE

One way I want to respond to God's Word this week is...

_____

_____

DAY 2 GOD'S WORD LIGHTS OUR PATH

READ Psalm 119:105

Complete the missing words in the verse. Use your Bible if you need help.

"Your word is a _____ to guide my feet and a _____ for my path."

HOW CAN YOU USE GOD'S WORD TO HELP YOU THIS WEEK?

Circle one or more.

- ☐ Encourage me when I'm discouraged.
- ☐ Help me grow closer to God.
- ☐ Help me decide what is right.
- ☐ Help me when I'm afraid, angry, or sad.

MY RESPONSE

This week, I want to use God's Word to help me...

_____

_____

DAY 3 LEARNING TO C.H.A.T.

God's Word teaches us how to pray!

Look up each Scripture below. Discover what God teaches us about confession, honor, asking, and thankfulness. Complete the missing word.

C CONFESS

READ 1 John 1:9

When we confess our sins, God is faithful to _____ us.

H HONOR

READ Psalm 145:3

The Lord is great and worthy of _____.

A ASK

READ Philippians 4:6

Instead of worrying, we can tell God what we _____.

T THANK

READ 1 Thessalonians 5:18

God wants us to be _____ in all circumstances.

REMEMBER:

Prayer isn't about finding perfect words. It's about building a relationship with God!

DAY 4 PUTTING C.H.A.T. INTO PRACTICE

READ 1 John 1:9

God doesn't want us to hide our sin. He invites us to confess it and receive forgiveness and cleansing through Jesus.

TODAY'S CHALLENGE: START A PRAYER JOURNAL!

Writing out your prayers can help you slow down, focus on God, and remember what you've prayed. You can use a notebook, a journal, or even a piece of paper.

Work through all four prarts of C.H.A.T. Write a prayer for each one. These prayers are between you and God!

C CONFESS

God, I need to confess...

_____

_____

H HONOR

God, You are...

_____

_____

A ASK

God, please help me with...

_____

_____

T THANK

God, thank You for...

_____

_____

KEEP GOING!

Try using C.H.A.T. again tomorrow!

SCRIPTURE CHALLENGE REVIEW

How many verses can you say without looking? _____ / 9

- ☐ 1 Corinthians 10:31
- ☐ Psalm 56:3–4
- ☐ Philippians 2:10–11
- ☐ Isaiah 25:9
- ☐ Galatians 6:9
- ☐ Romans 15:13
- ☐ Romans 8:28
- ☐ Joshua 1:9
- ☐ Psalm 119:105