EZRA TAUGHT GOD'S LAW

NOVEMBER 8, 2026 | K/1

BIG TRUTH God's Word shows us our SIN and points us to our SAVIOR.

SUNDAY LIVE IT OUT

C.H.A.T. WITH GOD:
MY PRAYER JOURNAL

Writing or drawing our prayers can help us slow down and talk with God. As your leader guides you through C.H.A.T., write or draw your prayers below. Your prayers are between you and God!

C CONFESS Admit to God what you did wrong.

God, I need to confess...

H HONOR Tell God He's more important than anythiing else.

God, You are...

A ASK Ask God for what you need.

God, please help me with...

T THANK Tell God what you're grateful for.

God, thank You for...

DAY 1 FROM HEARING TO REJOICING

READ Nehemiah 8:1–3; Ezra 9:5–6; Nehemiah 8:8–10

God's people wanted to hear His Word. When they understood it, they saw their sin and felt sad. But God's Word also reminded them of His goodness and gave them a reason to rejoice!

Three ways God's people responded to His Word:

1. **HUNGER** They wanted God's Word.
2. **CONVICTION** They recognized their sin.
3. **JOY** They rejoiced in God.

THINK ABOUT IT

How can you respond to God's Word?

Circle one or more.

LISTEN to God's Word.

ADMIT when I sin.

REJOICE in God's goodness.

MY RESPONSE

One way I can respond to God's Word this week is...

DAY 2 GOD'S WORD LIGHTS OUR PATH

READ Psalm 119:105

Your word is a LAMP **to guide my feet and a** LIGHT **for my path.**

HOW CAN YOU USE GOD'S WORD TO HELP YOU THIS WEEK?

Circle one or more.

- ☐ Encourage me when I'm sad.
- ☐ Help me grow closer to God.
- ☐ Help me choose what is right.
- ☐ Help me when I'm afraid or angry.

MY RESPONSE

God's Word can help me...

DAY 3 LEARNING TO C.H.A.T.

God's Word teaches us how to pray!

Read each Bible verse with a grown-up. Trace the important word.

C CONFESS
READ 1 John 1:9
God will FORGIVE us when we confess our sins.

H HONOR
READ Psalm 145:3
God deserves our PRAISE.

A ASK
READ Philippians 4:6
We can tell God what we NEED.

T THANK
READ 1 Thessalonians 5:18
We can be THANKFUL.

REMEMBER:
Prayer is talking with God!

DAY 4 PUTTING C.H.A.T. INTO PRACTICE

READ 1 John 1:9

God wants us to confess our sins. Through Jesus, He offers us forgiveness and cleansing.

TODAY'S CHALLENGE: MY PRAYER JOURNAL!

Writing or drawing your prayers can help you talk with God. Your prayers don't have to be perfect. They're between you and God!

Work through all four parts of C.H.A.T.

C CONFESS

God, I need to confess...

H HONOR

God, You are...

A ASK

God, please help me with...

T THANK

God, thank You for...

KEEP GOING! Try C.H.A.T. again tomorrow!

SCRIPTURE CHALLENGE REVIEW

How many verses can you say without looking? _____ / 9

- ☐ 1 Corinthians 10:31
- ☐ Psalm 56:3–4
- ☐ Philippians 2:10–11
- ☐ Isaiah 25:9
- ☐ Galatians 6:9
- ☐ Romans 15:13
- ☐ Romans 8:28
- ☐ Joshua 1:9
- ☐ Psalm 119:105