



Sunday School **Home Guide**

Name: _____

6.1 – We Don't Talk About...Fear

This week

There are lots of things that are tough for kids (and adults) to talk about – fear, anger, sadness, and loneliness. During this unit, we will look at these things and what the Bible says about these topics. We'll learn that it's okay to talk about our struggles, because when we are weak, God is strong! This week, we read about when Adam and Eve hid from God in Genesis 3:6-12, and learned that we can talk about fear because we know that with God, we have no reason to be afraid!

Questions to ask your kiddo...

- Why were Adam and Eve afraid of God?
- What did God do to save us from our sins?
- What are some things that make you afraid?
- Why is it important to talk about fears?
- How can Jesus help us not be afraid?

This Weeks Challenge

Fear can be a crippling emotion. It can prevent us from enjoying God's blessings. When we talk about our fears, with God and with others, we can find peace. This week, think about whether you have any fears that you don't want to talk about. Spend time in prayer and give them to God. I would encourage you to talk about these fears with your spouse and family. Lead by example with your kids about how to talk about fear, giving it to God, and praying that you all can find God's peace from fear.

Memory Verse

"So confess your sins to one another. Pray for one another so you might be healed. The prayer of a godly person is powerful. Things happen because of it."

James 5:16 NIRV

