

Truth, Freedom, and Identity

John 8:31-59

THE QUESTION UNDERNEATH THE QUESTION:

When someone asks, "Am I enough?" they are rarely asking about a single performance or outcome.

They are asking a question that has been building for years.

The props we use are not random. They are targeted answers to specific wounds.

Achievement answers the wound of feeling invisible.

Control answers the wound of feeling unsafe.

Approval answers the wound of feeling unwanted.

Jesus does not offer a generic answer to a generic question. He offers himself as the specific and sufficient answer to every specific wound underneath the question.

The Application:

Be honest about which wound you are most actively trying to self-medicate and bring that specific wound to Christ rather than a prop.

One way to know what you are using to prop up your identity is to ask: *What do I fear losing most? What failure would crush me? Whose opinion has the power to ruin my day? What do I run to when I feel insecure?*

This week, take John 8:31–36 and read it every day. Ask God: ‘What lie am I believing? What truth are You calling me to receive? What area of my life needs to be brought under the freedom of Christ?’