



# Holy Men

April 23 & 26, 2026

## Ice Breaker

What's one simple thing you're grateful for today that you might normally take for granted?

## Key Verses

- 1 Timothy 2:1-8
- Romans 12:1
- Psalm 141:2

## Questions

How does it change your perspective to know that Paul started his instructions for doing church right with prayer rather than programs or structures?

The sermon mentioned four types of prayer: supplications, general worship, intercessions, and thanksgiving. Which type do you find most challenging to practice regularly and why?

Paul instructs us to pray for all who are in authority, including leaders we may disagree with. How can we pray for leaders in a way that aligns with God's heart rather than our political preferences?

What does it mean that prayer aligns us with the heart of God? Can you share an example of when prayer changed your perspective on a situation or person?

The pastor mentioned that men often struggle with expressing emotions and dealing with anger or disputes. How can prayer help us process these internal struggles in a

healthy way?

Why do you think God specifically calls men to lead in prayer? What does this look like practically in families and church communities?

The sermon compared prayer to oxygen - invisible but essential. How would you describe the current oxygen level of prayer in your own life?

What practical steps can we take to move from being a church that gasps for God on Sunday to one that breathes prayer throughout the week?

## **Life Application**

This week, commit to doubling the amount of time you currently spend in daily prayer. Focus on incorporating all four types of prayer mentioned in the sermon: pray for your specific needs, spend time building your relationship with God, intercede for others (praying big prayers for their transformation), and give thanks for both small and large blessings in your life.

## **Key Takeaways**

Prayer is the foundational priority for doing church right, not programs or structures

We should practice four types of prayer: supplications, worship communication, intercessions, and thanksgiving

Christians are called to pray for all people, especially those in authority, even leaders we disagree with

Prayer aligns our hearts with God's desire for all people to be saved and come to knowledge of the truth

God specifically calls men to lead in prayer with holy hands, free from anger and Dispute

## **Ending Prayer**

Father, thank You for this time of discussion and fellowship. We ask that You would make us a people who breathe prayer, not just on Sundays but throughout our week. Help us lead in prayer for our families and communities. Cleanse our hearts from anger and division and align us with Your heart for the lost. Make prayer not just something we do, but the very foundation that supports everything else in our lives. Shape us into the praying people You've called us to be. In Jesus' name, Amen.