

Good *Grief*

Supporting kids
through loss and transition

Free Six-Week, Non-Faith-Based
Support Groups for Children and Youth
(Kindergarten through High School)

Goals for Participants

- Encounter a supportive community where loss can be safely explored
- Realize they are not alone
- Identify feelings and recognize how they come and go with time
- Learn helpful coping strategies and how to express feelings in healthy ways
- Move toward acceptance while discovering inner strength and resilience

A parenting support group is offered concurrently for those interested.

**Winter Session Begins
Monday, January 25, 2027**

*For more information, go to
gostandrew.com/kids#goodgrief
or contact kids@gostandrew.com.*

If you know a child or youth who is living with the loss of a family member due to death, substance abuse, separation, or divorce, Good *Grief* can support their healing process.



**Scan to
Register**



Site Location:



St. Andrew UMC

9203 S. University Blvd.
Highlands Ranch, CO 80126
303-468-6824