

Jesus

and emotions



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Hebrews 4:14-5:10

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- If every facet of our lives should be conformed to the image of Jesus...

that must include our emotional life!



Two Emotional Pitfalls



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Two Emotional Pitfalls

- Emotion Suppression



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- Emotionalism



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The Emotional Way of Jesus



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- BB Warfield, The Emotional Life of our Lord (1912)



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- Anger
- Compassion
- Sadness

- Surprise
- Anxiety
- Joy



1) Think Rightly About Jesus' Emotions



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**“WHAT COMES INTO OUR
MINDS WHEN WE THINK
ABOUT GOD IS THE MOST
IMPORTANT THING ABOUT US.”
-A.W. TOZER**



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≠ Stoicism/Apathy



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“[God’s] will is determined from within instead of being swayed from without.” GL Prestige.



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Divine Impassibility:

God's emotions arise from within, perfectly aligned with his righteous character.



1) Think Rightly About Jesus' Emotions

- A. God is an Emotional God.
- B. God is Impassible.
- C. Jesus is Truly God and Truly Man



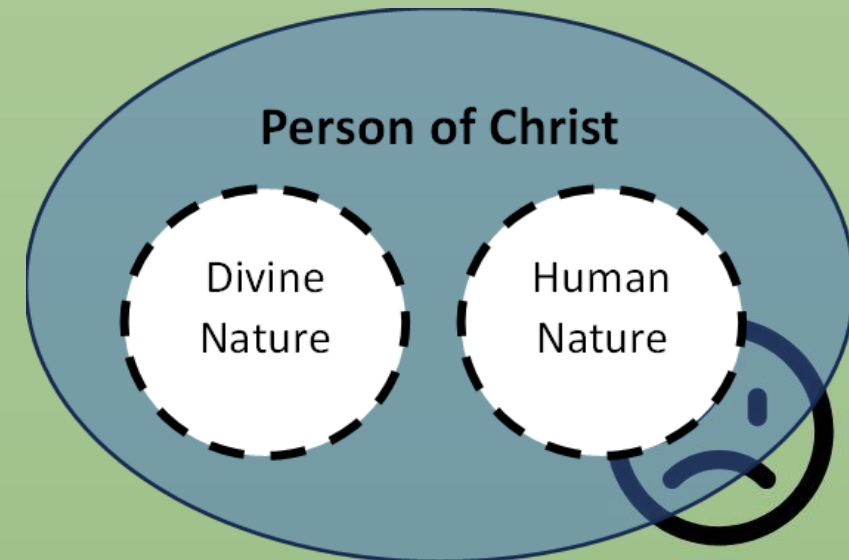
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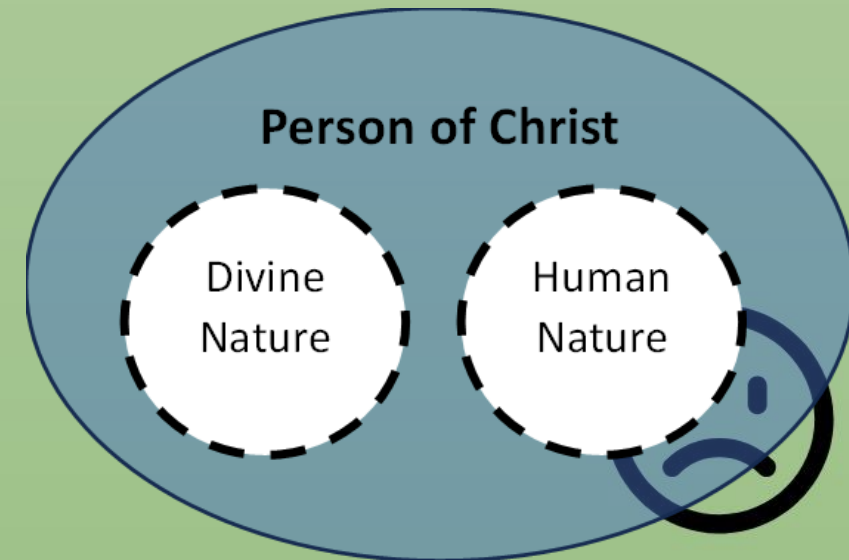


1) Think Rightly About Jesus' Emotions

Hypostatic Union

- With respect to his divine nature...

Jesus possesses the full range of God's emotions without sin. (Hebrews 4:15b).



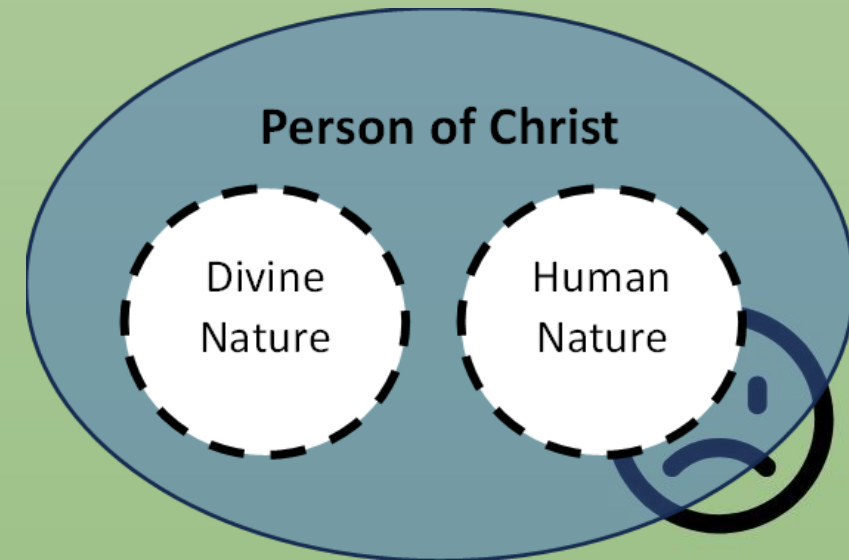
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**⁹ For in Christ all the fullness of the Deity lives in bodily form...
- Colossians 2:9**



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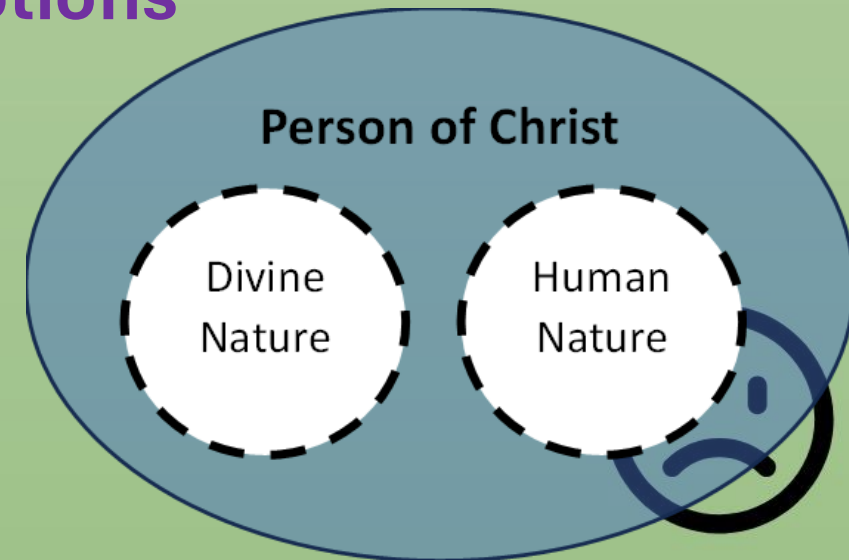
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- With respect to his human nature...

Jesus puts human flesh on all of God's emotions as our example and hope (Hebrews 5:7-8).



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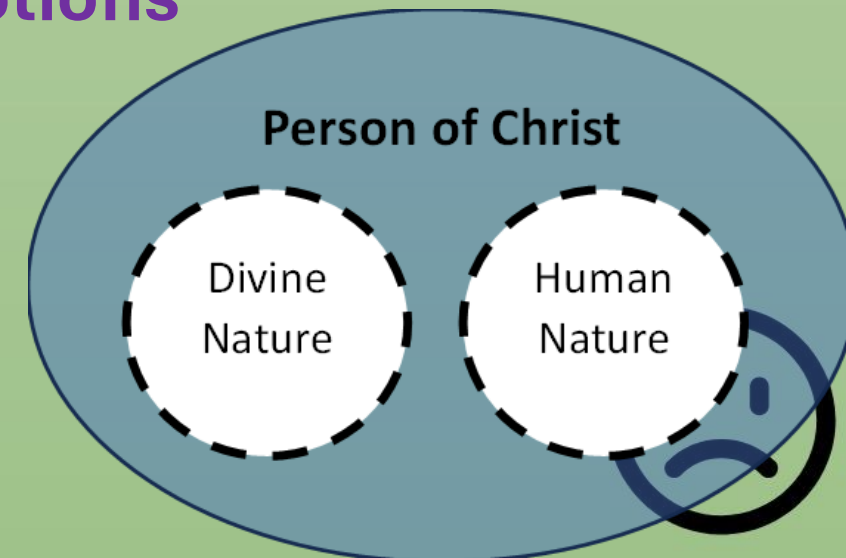
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18 No one has ever seen God. The one and only Son, who is himself God and is at the Father's side—he has revealed him."

- John 1:18



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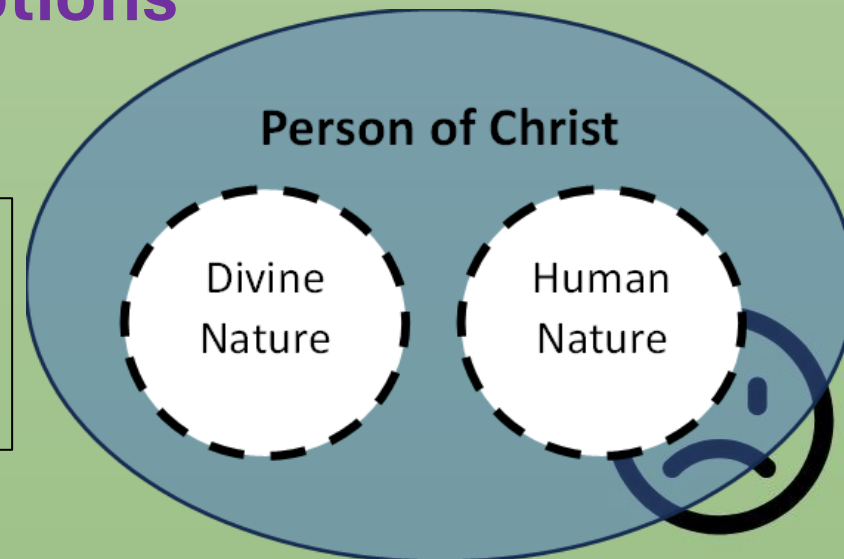
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Jesus puts human flesh on all of God's emotions as our example and hope (Hebrews 5:7-8).

The Son is the radiance of God's glory and the exact expression of his nature.

- Hebrews 1:3



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1. Our emotions are not fundamentally flawed or sinful. Emotions are good and can be redeemed.



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Why should we care about having a good theology of the person of Jesus?

1. Our emotions are not fundamentally flawed or sinful. Emotions are good and can be redeemed.
2. By looking at the emotionally charged moments of Jesus' life, we find a pattern to follow.



2) Follow Jesus' Emotional Example



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Mark 8:3 - “I have compassion for these people.”



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Matthew 26:38 – “I am *deeply grieved* to the point of death.”

Mark 8:3 - “I have compassion for these people.”

Luke 10:21 – “At that time Jesus, *full of joy* through the Holy Spirit, said, “I praise you, Father...”



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Physical signs that help us identify and name our emotions:



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Physical signs that help us identify and name our emotions:

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Physical signs that help us identify and name our emotions:

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- A tightening stomach

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Physical signs that help us identify and name our emotions:

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2) Follow Jesus' Emotional Example

- A. Jesus Named and Sat with his Emotions
- B. Jesus Engaged the Father Honestly about his Desires



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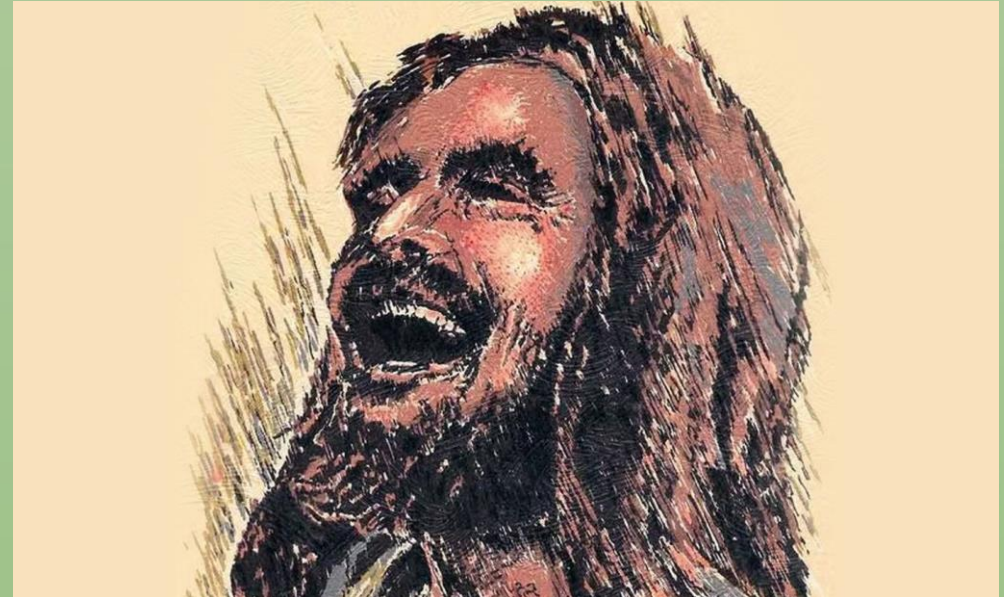
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- A. Jesus Named and Sat with his Emotions
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- A. Jesus Named and Sat with his Emotions
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- D. Jesus Surrendered his Emotions to Cross-Shaped Love



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And [Jesus] said, “*Abba*, Father! All things are possible for you. Take this cup away from me. Nevertheless, not what I will, but what you will.”

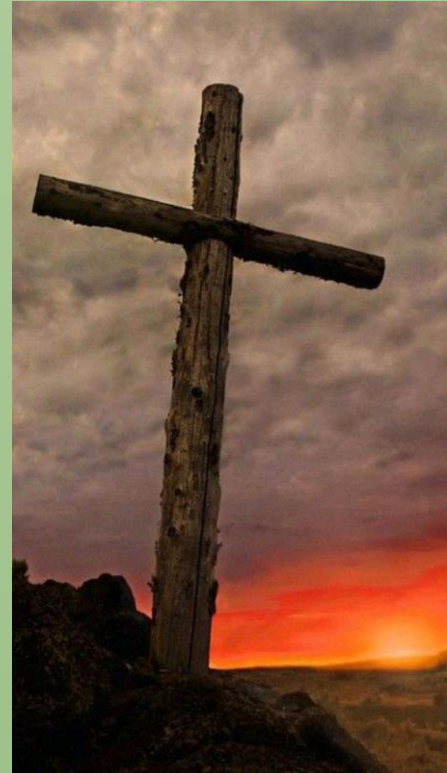
Mark 14:36



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**“His very passion was his own action...
Everywhere and always [Jesus] possesses the
mastery both of circumstances and of himself.”
- BB Warfield**

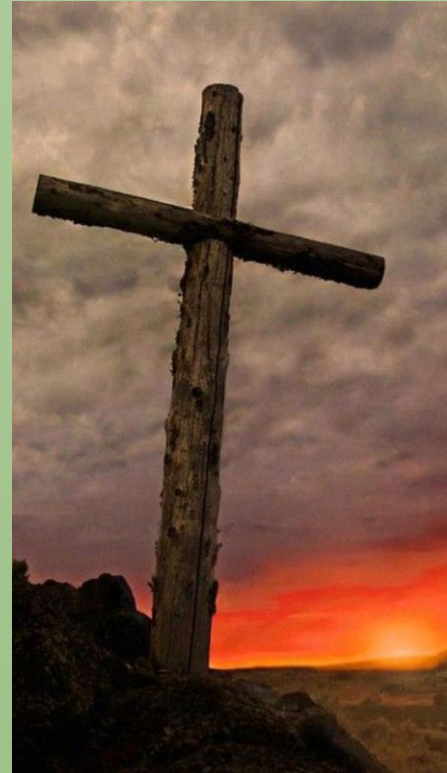


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**“Rejoice with those who rejoice;
weep with those who weep.”**

- Romans 12:15



3) Commune with the One who can Redeem
Your Emotional Life from the Outside In



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- B. Redeemed emotions only come from the outside in.

