



FEB 17, 2026  
RELATIONSHIP GOALS  
PART ONE

## NOT THE ONE

\_\_\_\_\_ IS THE ONE YOU NEED \_\_\_\_\_

If you aren't **satisfied** being **single**... you probably aren't satisfied with **Christ alone**.

IF YOU AREN'T \_\_\_\_\_ IN CHRIST,  
YOU'RE NOT \_\_\_\_\_

To find the one... you need to **become the one** they are looking for

IF THEY AREN'T \_\_\_\_\_ JESUS,  
THEY'RE \_\_\_\_\_ THE ONE

**Anyone** can be a date... look for a **spiritual** soulmate

### SMALL GROUP DISCUSSION

1. What does culture and society say about finding "the one?"
2. What does scripture say about priorities.
3. How are you becoming the type of person you're praying God will send you?
4. What would change in your life if Jesus was truly first?

**Challenge for the week:** Everytime you think about a boyfriend or girlfriend take a minute to pray two things. 1) God help me to love you more. And 2) help me to be the type of person that I'm looking for!



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## **SC STUDENTS**

### **ANNOUNCEMENTS - TUESDAY 2/17/26**

*MALL SCAVENGER HUNT – TUESDAY 2/24 – 6:30 to 8:30pm  
Drop off and pick up at Stone Creek. You will be given a list of tasks and items that will have to be videoed or pictured. Bring money for Chick-fil-a.*

*BLINGED OUT NIGHT – TUESDAY 3/3 – 7 to 8:30pm  
Wear as much bling as you can. Get creative. If you need inspiration google Mr.T. I pity the fool that can't come right!*

*D-NOW WEEKEND – MARCH 6th - 8<sup>th</sup> - \$30  
Host homes, awesome worship, food, game day, shirt, and more! Don't miss out on one of the best weekends of the year! If you would like to inquire about a scholarship see Shevi.*



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## Application

# RELATIONSHIP GOALS 1: NOT THE ONE

## JESUS IS THE ONE YOU NEED MOST

**LEADER:** Again *Matthew 6:31-33* says, "seek Jesus first and then everything else you need... including your soulmate... will be given to you in time." . Simply put... Jesus must become first in your life!

*Personal Illustration: I remember when I gave my life to Christ and made him first in my life...*

**LEADER:** I get teenagers. I've been in this game a long time. You are chasing attention, affirmation, identity, and security. You want to be liked, loved, cared for, and admired. You want to be desired and wanted... and you think that that is going to all magically happen when you find someone to date. But guess what... all of that is already found in a relationship with Christ. If you want real true love... fall in love with Jesus and give him your life!

If you aren't **satisfied** being **single**... you probably aren't satisfied with **Christ alone**.

## IF YOU AREN'T GROWING IN CHRIST, YOU'RE NOT READY

**LEADER:** Are you familiar with *1 Corinthians 13*? It is considered the Love chapter of the Bible. Almost the whole chapter deals with the topic of true love. For example, *verse 4* says, "love is patient and kind; love does not envy or boast; it is not arrogant. How many have heard that before? But in the middle of all of this true love stuff we get this at *verse 11*, "when I was a child, I spoke like a child, I thought like a child, I reasoned like a child, but when I became a man, I gave up childish ways." So what does that tell us. True love is for spiritually mature people! Listen, if you aren't walking strongly in your walk with Christ. If you aren't in the word, in prayer, in church... then you aren't ready for a relationship. And the type of person you are looking for won't be interested in you anyway... because you aren't who the spiritually mature person they are looking for. When you grow up... you glow up.

To find the one... you need to **become the one** they are looking for

## IF THEY AREN'T PURSUING JESUS, THEY'RE NOT THE ONE

**LEADER:** Look at *2 Corinthians 6:14*; "do not be unequally yoked with unbelievers" and *Amos 3:3*; "can two walk together if they disagree?" The question... why would you want someone who does not love Jesus the way you do? Will they cause you to be a better or worse version of yourself? Will they make you a better person? The bottom line is this... The Bible tells that its basically a sin to pursue a relationship with someone who is not a Christian or is spiritually immature in their faith.

*Personal Illustration: When I was your age I pursued a relationship with a non believer and it...*

**LEADER:** Listen, Chemistry is easy... spiritual alignment is rare. If they pull you from church, they aint the one. If they mock your convictions, they aint the one. If you have to hide your faith around them, they are not the one! You want someone to share your life with. Someone who draws you closer to Jesus. If they don't... they are not the one!

**Anyone** can be a date... look for a **spiritual** soulmate

## RELATIONSHIP GOALS 1: NOT THE ONE - Intro

Everyone wants to find the one right? The right girl, the right boy! The huzz? And not one thats chopped! Am I saying that right? We all want a romance thats maybe something like this...

## Video Illustration: If You're A Bird, I'm A Bird

All the girls say.... ahhhhhh! Okay, let's talk about relationship goals. If I were to ask you what the top 10 things you were looking for in a significant other what would you say? Probably at the top of your list would be: good looking, athletic body type, funny, fun to hang out with, rich, popular, etc... But is this what God wants for us in our lives? Chasing boys or girls to find someone like this?

## Personal Illustration - dating in middle/highschool, trying to find the one

The point is simple. From middle school to high school you will be asking the question... are they the one? " Maybe they are the one!" Like God has just one person set apart from all the others to be your life long soulmate... and your job in this life is to find them. That's true love! Finding the one! So you had better not mess this up!

That's kind of what society says, what every romance movie shows, what every fairytale portrays... but is that what God wants... is that what scripture says?

Look at *Matthew 6:31-33* - "Therefore do not be anxious, saying, 'what shall we eat?' or 'what shall we drink?' or 'what shall we wear?' For the Gentiles seek after these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you."

Get this... you are worried about so many things. And for some of you at the top of the list might be... what should I eat or drink or wear.... or who should I date and eventually marry! Listen, God knows you care about these things... and he knows that you need them! God wants you to get married and for it to be awesome! But instead of constantly chasing it or worrying about... how about just let God take care of it.

How? Seek him and his kingdom first and all of these other things will be added to you in time! Meaning... you can't be assured of the other things unless first you seek Christ! Unless you make Christ your first priority... all of the other stuff either won't happen, or won't be worth it... or will be a mess! In short... instead of seeking the One... seek Jesus!

## Video Illustration: First – Lauren Daigle