

HEART & HANDS

WOMEN'S MINISTRY

"Carry each other's burdens, and in this way you will fulfill the law of Christ."
Galatians 6:2

Resources

Rev. August 2026

Resources by Subject *(August 2026)*

ADDICTION	Westcare Rehab Comprehensive Addiction Program
ADDICTION RECOVERY	Covenant Eyes (Online) New Creation Ministries Poverello House Re:generation Teen Challenge
AGING ASSISTANCE	Alzheimer's Association Fresno Madera Area Agency on Aging
CHILD RELATED	Autism speaks Black Infant Health Exceptional Parents Unlimited Fresno State Speech, Lang. & Hearing Help Me Grow Holy Cross Center for Women LaLeche League Save Families for Children WIC
COUNSELING SERVICES	Angel Babies Fresno County Behavioral Health Fresno Family Counseling Center (Fresno State)
FAITH-BASED COUNSELING	The Well Counseling Center Rapha Christian Counseling Center New Covenant Community Church Counseling Center Hope & Healing Christian Counseling Link Care Biblical Counseling - Debra Anderson
DOMESTIC VIOLENCE	Centro la Familia Marjaree Mason Center Rape Counseling Services (RCS)
EMERGENCY SERVICES	Holy Cross Center for Women Poverello House City Center
EMERGENCY HOUSING	City Center Evangel Home (28 day shelter) Fresno Rescue Mission Marjaree Mason Center Naomi's House (overnight shelter) Poverello House
EMPLOYMENT ASSISTANCE	Central Valley Regional (disabilities) City Center Depart. Of Rehab. (disabilities)

	Job Corps Love, Inc. Workforce Connection
FAMILY ISSUES Financial Instability Material Needs Practical needs	Centro la Familia Advocacy Services Fresno Rescue Mission Holy Cross Center for Women Lighthouse Recovery Center Minor Wear Clothing Ministry Rescue the Children Safe Families for Children Titus Men Love, Inc.
FOOD INSECURITY	Central California Food Bank College Pantries Holy Cross Center for Women Love, Inc. Poverello House Rescue Mission WIC
GRIEF SUPPORT	Angel Babies Divorce Care Hinds Hospice Grief Share
MARRIAGE RESOURCES Communication skills	Healthy Marriage Coalition Marriage Counseling – Ron McLain
PREGNANCY RELATED Testing Counseling Clothing	Pregnancy Care Center Baby Safe of Fresno Black Infant Health Holy Cross Center for Women
SENIOR CARE Senior Activities SS Benefits Assistance	Clovis Senior Center Attorney Melissa Proudian (SS Benefits)
SPECIAL NEEDS	Autism Speaks Central Valley Regional Center Lori Ann Infant Program Valley Children's Adaptive Sports Prog. Department of Rehabilitation (adult)

Heart & Hands Resources *(August 2026)*

Alzheimer's Association

The Association works to provide care and support for all those affected by Alzheimer's and all other dementia. We are here to help. Our free nationwide 24/7 Helpline (800.272.3900) is staffed by master's-level dementia experts, providing confidential support and information to all those affected, in over 200 languages. We conduct face-to-face and virtual support groups and education programs. Our online community forum, ALZConnected®, provides a place for people with Alzheimer's disease and their care partners to connect with others, share questions, find answers and share opinions with individuals or groups in the Alzheimer's community. We provide caregivers and families with comprehensive online resources and information through our Alzheimer's and Dementia caregiving section, which features sections on early-stage, middle-stage and late-stage caregiving. Whether you're living with memory loss or caring for someone who is, ALZNavigator™, an online interactive tool, will guide you to your next steps. We make it easy for families to find programs and services using the Alzheimer's Association & AARP Community Resource Finder, a comprehensive database of dementia and aging-related resources.

For those caring for someone:

- **Alzheimer's and Dementia Caregiver Center (**alz.org/care**)** — a resource for caregivers, family and friends that provides reliable information and access to helpful online tools, including:
  - **ALZConnected®** (alzconnected.org) — an online community for people with dementia, caregivers, family and friends.
  - **Alzheimer's Navigator®** **(**alz.org/alzheimersnavigator) — an innovative tool for creating a customized plan of action for life with Alzheimer's.
  - **Community Resource Finder** (alz.org/CRF) — a tool for finding local resources, programs and support.

Angel Babies

Our perinatal palliative care program supports families whose unborn child has been diagnosed with a life-limiting condition, offering support and guidance during pregnancy and ideas for creating meaningful memories. For babies who survive after birth and require special care, we help families embrace their time together and, when necessary, prepare to say goodbye. Our Hinds Kids program is available as a care team for medically fragile babies and children, providing medical, emotional and spiritual support.

Attorney Melissa Proudian

Specializes in attaining Social Security Benefits

Autism Speaks

Autism Speaks is dedicated to creating an inclusive world for all individuals with autism throughout their lifespan. We do this through advocacy, services, support, research and innovation, and advances in care for autistic individuals and their families.

Baby Safe of Fresno

BabySafe of Fresno offers Car Seat Safety Classes to provide you with the necessary tools to ensure your baby is safe and secure in his or her seat. Classes offer trained technicians who will teach you how to make sure your car seat is fitted and installed correctly. Educate parents on the importance of using child safety seats properly. Classes offered in English and Spanish are held at various locations. Call for an upcoming class location.

Black Infant Health

Dedicated to reducing African American infant mortality rates in Fresno. The BIH Program focuses exclusively on empowering Black/African American women by connecting them with the vital care and support needed to promote healthy behaviors during pregnancy and continuing after her baby is born.

Central California Food Bank Calendar

Their mission is to ensure that no one in our community goes hungry. If you are facing hunger, they will serve you with nutritious food and compassionate support. Go to the website and select Find Food to access a calendar of local food pantries. They do their best to keep this calendar accurate and up to date. If a site is not listed as cancelled, it should be up and running.

Central Valley Regional Center

Central Valley Regional Center's mission is to help individuals with intellectual and developmental disabilities, and children at risk, to reach their goals. Their services include assessments, evaluations, programs, activities, and case management, all tailored to meet the unique needs of each person. Our person-centered approach focuses on each individual's wishes, preferences, and goals—covering housing, finances, decision-making, employment, and social connections.

Centro La Familia Advocacy Services

Provides direct advocacy and intervention services to low-income residents. Centro's mission is to empower low-income people to access life sustaining resources and become self-sufficient through education, training and social services. We assist families and individuals through targeted, culturally sensitive and bilingual programs that promote health and wellness, strengthen families, help victims of crime and encourage civic engagement.

City Center

"City Center by Fresno Mission is a comprehensive resource center for individuals and families facing homelessness, addiction, needing food, trafficking, and other crises. It offers a collaborative environment with various non-profit organizations on one shared massive campus. This allows visitors to access critical services, including shelter, healthcare, and job training, all in a single location."

Clovis Senior Center

The Clovis Senior Activity Center Mission is to provide seniors with activities and services to maintain a fulfilling and active life. Clovis Senior Services sponsors a wide range of classes, programs, and activities to promote healthy and independent living for individuals 50 years and older. No membership fee is required for Clovis residents, while individuals living outside the Clovis city limits require a $25.00 membership fee per year. Some classes and sessions have a small activity fee and/or registration fee. Also, participants are asked to complete a confidential registration form with contact information in case of emergencies and a liability waiver.

College Pantries

College food pantries offer free food, meals, and sometimes hygiene products to students facing food insecurity, providing support to help them focus on their education. To find a pantry, students should check their college's student affairs website.

Comprehensive Addiction Program

Comprehensive Addiction Program, Inc. is committed to providing evidence-based, outcome-tested treatment in a residential setting for adults battling substance abuse. Our mission is to empower individuals, helping them lead happy and healthy lives. With specialized programs and a commitment to proven methodologies, we create a supportive community fostering growth, healing, and a brighter future for all.

COUNSELING

Fresno Family Counseling Center (Fresno State):

If your insurance is completely out-of-network or you are underinsured, this university-affiliated center does not bill insurance directly but offers exceptionally low-cost, flat-rate out-of-pocket pricing for family and child adjustment counseling.

Cost: **Group classes** are **$30 for the initial session and $20 thereafter**]. Individualized sessions are $40 to start and $30 for subsequent sessions.
5151 N. Palm Ave Suite 200, Fresno, CA 93704
(559)-229-3085

Faith-Based Counseling Options

Faith-based and Christian counseling centers in the Fresno and Clovis area that explicitly provide therapy services for children, youth, and families. These organizations blend professional clinical therapy—such as play therapy or behavioral support—with biblical perspectives and Christian values.
Dedicated Faith-Based Centers for Children

Rapha Christian Counseling Center (Fresno):

They provide dedicated child, adolescent, and family therapy in a Christ-centered environment. They run specialized programs like creative counseling for kids that incorporates play therapy, anxiety support, and faith-based encouragement to help children navigate difficult life transitions.
Location: 1300 E Shaw Ave #154, Fresno, CA 93710
(559) 226-1100)

The Well Counseling Center (Fresno/Clovis Area): Affiliated with The Well Community Church, this center offers professional counseling from a Christian worldview. They have specific clinicians on staff who focus on children and teens dealing with anxiety or experiencing structural family changes.
Location: 7080 N Whitney Ave Ste 102, Fresno, CA 93720
(559-326-1181

New Covenant Community Church Counseling Center (Fresno/Clovis Border):
This center employs Licensed Marriage and Family Therapists (LMFTs) and clinical psychologists who provide a full range of therapy services for children, couples, and families from a distinct Christian perspective.
Location: 1744 E. Nees Ave. Fresno, CA 93720
(559-298-0688) Ask for the counseling extension

Hope & Healing Christian Counseling (Fresno): A non-profit organization providing biblically integrated mental health care. Their clinicians work directly with youth and families addressing behavioral challenges, family disruptions, and trauma.
Location: 728 E Bullard Ave Ste 102, Fresno, CA 93710
(559-449-1400)

Link Care Foundation (Fresno): Operating for over 60 years, they focus on deep, faith-based healing for the mind, body, and soul, offering clinical services tailored to families and individuals.
Kari Medieros (Specializes in children's issues).
Location: 1734 W Shaw Ave, Fresno, CA 93711
(559-439-5920)

Grace Donat – (Licensed Marriage & Family Therapist) formerly with Link Care now in private practice with Resilience Counseling Group. (Specializes in children's issues).
978 West Alluvial Ave., Suite 107, Fresno, CA 93711
(559-212-4894)

Biblical Counseling

By Debra Anderson - Debra is a trained biblical counselor.
Biblical Counseling is a personal discipleship ministry in which we address suffering and sin From a biblical worldview, seeking to restore and mature believers to true worship of God And right fellowship with others through truth and love. For more information or to make an appointment with her call, 559-593-3399 or email at debra@jaron.org.

Marriage Counseling

By Pastor Ron McLain
Pastor Ron McLain, an ordained pastor and trained pastoral counselor
(Masters Degree in Biblical Counseling), meets with couples with a range of

issues, including, but not limited to communication and conflict resolution issues, forgiveness of others and self, infidelity, parenting, stepfamilies, finances, and more. His approach is Christian but he is sensitive to wherever you might be at in your life as well. He's been married 55 years, doing counseling for 41 years and is passionate about healthy relationships. He offers skills-based, solutions-based counseling with home assignments to complete should you want to do that (some couples don't). His fee is an affordable $60/hour, payable by cash, no insurance accepted.
To book an appointment call, text or email. Hours are Tuesday - Thursday
8am - 5pm (4pm last appointment)
Clovis Christian Church, 1701 Locan Ave., Clovis, CA 93619
559-313-4226

Covenant Eyes

Covenant Eyes' Screen Accountability service with optional Internet Blocking helps protect your family from harmful online influences. Covenant Eyes is a surveillance application intended to help users reduce online pornography use. It tracks screen activity using AI, provides blurred screenshots, and blocks explicit content. Marketed to churches, parents, and individuals, the subscription-based service offers a family plan for $17 monthly.

Department of Rehabilitation

DOR administers the largest vocational rehabilitation and independent living programs in the country. Vocational rehabilitation services are designed to help job seekers with disabilities obtain competitive employment in integrated work settings. Independent living services may include peer support, skill development, systems advocacy, referrals, assistive technology services, transition services, housing assistance, and personal assistance services.

Divorce Care

Divorce Care is a safe place where caring people come alongside you as you find healing from the pain of separation or divorce. At this 13-week, video-based support group program, you'll find helpful counsel to manage the emotional turmoil and practical tools for decision-making.

Evangel Home

If you're a woman in need of shelter and support, we're here for you. Our program begins with a 30-day stay where you'll receive more than just a roof over your head. We provide warm meals, clean clothing, and caring, one-on-one counseling to help you begin your journey toward healing and hope.

Exceptional Parents Unlimited

Our mission is to guide and strengthen families and children with unique needs through early Intervention and supportive services that cultivate hope and resilience. We primarily work with 0 – 5-year-olds

Fresno County Department of Behavioral Health

Behavioral health services are available to Fresno County residents. We provide assessment, therapy, medication, case management, crisis intervention, treatment and other support services either directly or through our system of care. These programs are intended to help residents achieve the fullest and most productive life. There are different services for different needs and eligibility criteria.

Fresno Madera Area Agency on Aging

The spectrum of services offered through the Agency on Aging and community partners helps older adults and family caregivers to successfully manage day-to-day challenges. For assistance with navigating programs and services, call our Information and Assistance line:
559-214-0299 or 800-510-2020
Monday - Friday from 8am to 4:30pm
When you call, an experienced program coordinator will listen to your needs and provide you with referrals to organizations and programs that best match your needs. There's never a charge for our services, and all calls are kept confidential. The Fresno-Madera Area Agency on Aging provides a plethora of support services both directly and indirectly through a warm referral system of community service providers and case management. We believe in a holistic approach and meeting our aging and disabled adults, and their caregivers, where they are in their individual aging journey.

Fresno Rescue Mission

Serving The Homeless — We provide meals and groceries to families facing hunger. Offering dignity and hope to all who come through our doors. **We are a multifaceted organization providing shelter, recovery, and hope to homeless families, individuals battling addiction, and the incarcerated.**

Fresno State Speech, Language and Hearing Clinic

The basic services offered FREE by the Speech, Language and Hearing Clinic include diagnosis, and treatment for individuals who may experience a variety of different communication problems or disorders, such as autism spectrum disorders, cleft palate, voice disorders, hearing loss or deafness, cerebral palsy, fluency, articulation disorders, post stroke aphasia or language delay/disorders. Clients can self–refer and can live anywhere in the San Joaquin Valley. Services are provided by graduate students under the direct supervision of faculty members or contracted speech-language pathologists. All professional supervisors are licensed by the State of California and are certified by the American Speech-Language-Hearing Association in Speech Pathology or Audiology.

GriefShare

A Grief Share support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the Way.

Healthy Marriage Coalition

Our goal is to impart practical relationship skills to engaged and married couples, single parents and their children. Classes are six weeks long; two hours per class and are held in Fresno, California. The classes are $60/couple for the entire class and includes a workbook. These are not your normal marriage classes. We are male-friendly and help couples learn and use skills to have healthy conversations. Many couples report, after completing a class, that the skills have enabled them to talk about issues that they were unable to deal with before. In these classes, we teach, model, and coach couples to ensure that they know and use the skills in their marriage. This class is also for couples who are engaged or seriously dating.

Help Me Grow (connected with EPU)

Help Me Grow Fresno County (HMG) promotes developmental surveillance and screening and connects families through a centralized access point to community resources, including but not limited to: • Developmental and behavioral screenings/ assessments • Information, resources and materials • Referrals to community services with follow-up (such as referrals to EPU)

Hinds Hospice

At Hinds LifeCare, most patients are seen in their homes or in residential care facilities on any given day throughout Fresno, Madera, and Merced counties. Our hospice interdisciplinary care team includes nurses, home health aides, medical social workers, chaplains, medical directors, spiritual care providers, and counselors who assist with anticipatory grief. Volunteers visit patients where they live, making sure they are as comfortable as possible and providing respite for caregivers. The Hinds LifeCare Center for Grief & Healing is unique in that it serves not only hospice families, but also the community at large with grief support services. Children require different care than adults. The Hinds Kids Pediatric Program provides terminally ill children comfort and quality of life as they navigate this journey. Angel Babies/ Bebitos Angelitos offers a perinatal hospice program designed for families who have received this diagnosis, offering support and comfort during pregnancy, and providing ideas for creating loving memories.

Holy Cross Center for Women

Operated by Saint Agnes Medical Center in downtown Fresno, Holy Cross Center for Women provides diapers and clothing items for women and their children. Assistance with food, material assistance, maternity clothes and baby items, non-profit agencies, and peer-to-peer support.

Job Corps

Job Corps is the nation's largest free residential career training and education program for low-income young adults aged 16 through 24.

LaLeche League

La Leche League of Fresno offers several ways to support **you** on your breastfeeding journey. We offer phone/email support by accredited La Leche League Leaders, and monthly **support** group meetings. Occasionally we offer specialty meetings with enrichment topics and participate in additional community outreach activities.

Lighthouse Recovery Center

We are dedicated to helping women and their children develop new skills, achieve higher goals, and grow in their relationships with one another and with God. At The Light House, women experience a full continuum of care: secure, home-like residence; faith-building Bible studies; mentorship; and vital life-skills training in areas like anger management, parenting, career building, and wellness. Hands-on job training through our Light-WEAR apparel line, Cornerstone Coffee Company, and Ladybug Boutique and Gift equips each woman with practical work experience, helping her transition confidently into the workforce.

Link Care

Link Care partners with mission agencies, local churches, and the broader community to provide clinical counseling and pastoral care for global workers, ministry leaders, and individuals in need. We also offer safe, affordable senior housing that promotes well-being and connection.

Lori Ann Infant Program

The Lori Ann Infant Program of the Fresno Unified School District serves children with special needs from birth to 3 years of age. Children served have disabilities including complications of prematurity, syndromes, serious illnesses, speech, motor and other developmental challenges. Services are provided in the family's home and in the community at no cost to the family. Interpreters are available.

Love, Inc. (24-to-48-hour response time for all inquiries)

Love, INC., programs focus on connecting people with needs to partner churches and provide holistic, faith-based support, often through Transformational Ministries, which include mentorship, classes, goal setting, and emotional and spiritual support. Programs can address a variety of needs, including food, furniture, transportation, financial management, and even help with issues like housing and employment. To access Love INC assistance, go to our church office or call their number.

Marjaree Mason Center

Marjaree Mason Center provides emergency and longer-term Safe Housing, along with a wide variety of support services for victims of domestic violence in Fresno County.

Minor Wear Clothing Ministry

Minor Wear is a FREE service provided to families in our own community! We are open by appointment only for families in need! Please message with any further questions! Contact through Facebook.

Naomi's House

Naomi's House is a 34-bed, overnight shelter for single women experiencing homelessness. At Naomi's House, each woman is served with dignity and respect. Guests receive access to basic necessities, such as showers, clothing, meals, and medical and/or dental care. Case management services are also provided, which assist guests in finding housing, accessing mental health care, and learning to make positive life choices to achieve self-sufficiency.

New Creation Ministries

Faith-based counseling that gets to the root causes of why we struggle in our intimate relationships. Small confidential group sessions, teaching people how to relate to God and each other in honest, vulnerable ways. Large group sessions, helping unpack what healthy relational, spiritual and sexual engagement looks like.

Poverello House

Poverello House provides three meals a day, 365 days a year to men, women, and families along with services that improve people's quality of life. They provide referrals for physical/mental health, housing and substance abuse treatments, as well as personal care consisting of a clothing closet, showers, laundry and church services. They also provide a men's residential Rehabilitation Program, with an aftercare sober living facility.

Pregnancy Care Center

Pregnancy Care Center offers compassionate help to women and men through FREE pregnancy medical and support services. We educate our community on healthy relationships and sexual integrity and provide resources for healing to those who have experienced reproductive loss. Our services include pregnancy testing, early obstetrical ultrasound, prenatal education, options and advocacy, classes on pregnancy, childbirth & parenting, men's advocacy & mentoring, reproductive loss support, abortion recovery support, doctor referrals, community referrals & resources, and infant resource supplies.

Rape Counseling Services of Fresno (RCS)

24 hours a day, seven days a week, the 24-hour rape crisis line provides support and information to victims of rape and sexual violence. Trained, experienced advocates provide personal accompaniment 24 hours a day, seven days a week ,to sexual assault forensics ("rape kits") testing, they offer advocacy, support, information, and other help. RCS Fresno offers support and accompaniment to victims throughout the legal process, police interviews, appointments with the district attorney, and court hearings. We offer assessment, support and a range of guided referrals to other appropriate professionals and service providers. We provide short term crisis intervention and counseling for survivors of rape and sexual violence and assess for appropriate therapy referrals. RCS Fresno provides emotional support, medical and legal information, referrals and follow-up services to rape and sexual violence victims.

Re:generation

This is a Biblical 12-step discipleship process, re:generation recovery walks you through the pain, hurt, sin and brokenness in your life, the things you've done and the things that were done to you - so you can begin to experience hope, peace, joy, and a life of purpose. By building community and spending time every day reading and praying - re:generation helps focus our attention on the one who can heal and restore, Jesus.

No matter what you're coming in with: anxiety, eating disorders, depression, pornography, pride, sexual abuse, guilt, anger, codependency, same sex attraction, shame, abortion, adultery, or whatever else - God can restore it all.

Rescue the Children (homeless shelter)

A one-year residential program, plus aftercare – Rescue the Children provides a community that allows women with or without children seeking life transformation to find support through courses in life skills, relapse prevention, parenting, Biblical foundation, career services, case management, and counseling.

Safe Families for Children

Our goals are to keep children safe during a family crisis such as homelessness, hospitalization, or domestic violence in an effort to prevent child abuse and/or neglect. Support, stabilize, and strengthen families facing crisis by surrounding them with a caring, compassionate community. Reunite families and reduce the number of children entering the child welfare system. We seek to be an alternative to foster care, where appropriate. We do this by hosting vulnerable children and creating extended family–like support for families through a community of devoted volunteers who are motivated by compassion to keep children safe and families together.

Teen Challenge

We offer a variety of outreach programs, and we have a one-year residential drug recovery program for men and women over the age of 18, as well as adolescent boys ages 12 – 17. The one-year adult program starts with a student entering one of our Induction Centers for approximately three months, then transferring to one of two long term centers for an additional nine months. The one-year program is designed to address the physical, emotional and spiritual needs of our students. Over the course of their stay, we provide Christian discipleship classes, individual advising sessions, vocational training, basic computer classes, GED certificate and high school diploma courses and curriculum designed to help each student re-integrate into society.

Titus Men

Titus Men is a group of like-minded Christian brothers with a desire to serve others in an impactful way. We aim to accomplish this by performing small-scale service projects, focusing on helping those who don't have the ability or the means to do the job.

Valley Children's Adaptive Sports Program

The only program of its kind in Central California, Valley Children's Adaptive Sports Program provides free recreational and athletic experiences for children and young adults (up to age 21) with physical disabilities or mobility impairments.

Westcare (drug and alcohol recovery program)

Through our adult residential and outpatient services in both Fresno and Bakersfield, as well as our Adolescent Services outpatient programs in Hanford and Corcoran, we can provide individual and group counseling, education classes, relapse prevention, job assistance and family support services.

WIC (supplemental Nutrition Program)

The Women, Infants and Children (WIC) Supplemental Nutrition Program is a federally funded health and nutrition program for women who are pregnant, breastfeeding, post-partum and have children under 5 years old with monthly benefits on an electronic card for nutritious foods at no cost to the participant. They offer nutrition education on healthy eating and building a healthy lifestyle, individual nutrition counseling, breastfeeding education, support and referrals to family resources. Call for financial qualifications.

Workforce Connection

At Workforce Connection, we prepare the people in our community for careers in various industries that promote self-sufficiency, not just jobs to carry them through to the next paycheck. We do this by providing opportunities that build the knowledge, skills and attitudes necessary to meet employer needs and be competitive in the workforce of today. Workforce Connection is funded and directed by the Fresno Regional Workforce Development Board, which works on behalf of employers and job seekers throughout Fresno County to promote and sustain the economic vitality of the region.

STAFF ASSISTED SERVICES

Staff will assist you with:
Academic & career skill level evaluations
Job readiness & skill enhancement workshops
Training opportunities in demand occupations
High school diploma/equivalency assistance
Job placement assistance
Supportive services & more!
Minimum qualifications for enrollment include:

- Must be a Fresno County resident
- 18 years or older
- Authorized to work in the USA
- Males must meet military selective services requirements

Enrollment is NOT a requirement to use the resources below at any Workforce Connection locations.

You have access to:

- Phones, copy & fax machines
- Computers & interest services

- Job Board with current job opportunities
- Centralized access to partners and referrals

Heart & Hands Resources *(August 2026)*

Campus Bible Church 559-291-9116

Alzheimer's Association	1-800-272-3900
Angel Babies	559-248-8579
Attorney Melissa Proudian (SS Benefits)	559-554-1455
Autism Speaks	autismspeaks.org/contact-us
Baby Safe of Fresno	559-432-2223
Black Infant Health	559-600-1021
Central CA Food Bank locator	https://ccfoodbank.org/
Central Valley Regional Center	559-276-4300
Centro la Familia Advocacy Services	559-237-2961
City Center	559-444-0451
Clovis Senior Center	559-324-2750
College pantries	Fresno State/Clovis Community/Fresno City
Comprehensive Addiction Prog.	559-264-5096
Counseling	
Low cost	(559)-229-3085 - Family Counseling Fresno State
Biblical	559-593-3399 - Debra Anderson
Marriage	559-313-4226 - Pastor Ron McLain
Faith-Based Family Counseling	559-449-1400 - Hope & Healing Christian Counsel
	559-439-5920 - Link Care (Kari Medieros, Kids)
	559-298-0688 - New Covenant Community Church
	559-226-1100 - Rapha Christian Counseling Center
	559-212-4894 - Resilience Counseling Group (Grace Donat, Kids)
	559-326-1181 - The Well Counseling Center
Covenant Eyes	covenanteyes.com
Department of Rehabilitation	1-800-952-5544
Divorce care	divorcecare.org – Campus Bible Church
Domestic Violence Hotline	1-800-799-7233
Evangel Home	559-264-4714
Exceptional Parents Unlimited	559-229-2000
Fresno Co. Dept. of Behavioral Health	559-600-9180
Fresno Madera Area Agency on Aging	559-214-0299
Fresno Rescue Mission	559-268-0839
Fresno St. Speech, Lang & Hearing Clinic	559-278-2422
Grief Share	Campus Bible Church
Healthy Marriage Coalition	growyourmarraige.com
Help Me Grow	559-229-2000
Hinds Hospice	559-226-5683
Holy Cross Center for Women	559-237-3379

Job Corps	1-800-733-5627
LaLeche League	559-426-5553
Lighthouse Recovery Center	559-222-4824
Link Care	559-439-5920
Lori Ann Infant Program	559-248-7236
Love, Inc	559-244-0105
Marjaree Mason Center	559-237-4706
Minor Wear Clothing Ministry	contact via Facebook
Naomi's House	559-443-1531
New Creation Ministries	559-227-1066
Poverello House	559-498-6988
Pregnancy Care Center	559-237-0683
Rape Counseling Services (RCS)	559-222-7273
Rape, Abuse & Incest Hotline	1-800-656-4673
Re:generation	Campus Bible Church/ The Well
Rescue the Children	559-227-2190
Safe Families for Children	559-977-4782
Suicide Hotline	1-800-784-2433
Teen Challenge	559-387-5132
Titus Men	Campus Bible Church
Valley Children's Adaptive Sports	559-353-6659
Westcare	559-265-4800
WIC	559-263-1150
Workforce Connection	559-230-3600