

FAMILY CONNECTION

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE | Mark 4:35-41

SESSION SUMMARY

Jesus performed many miracles throughout His ministry, and yet, in moments of struggle, His disciples still questioned and panicked—as we see in this week's session. While the disciples were in the middle of the sea in a boat, a severe storm arose, and they feared for their lives. All the while, Jesus was sleeping. They thought He didn't care, but He got up and calmed the storm by simply speaking to the wind and waves. These verses show us that Jesus is worthy of our trust. Here are the major themes:

- Storms are not God's absence (Mark 4:35-38).
- Storms reveal God's authority (Mark 4:39-41).

CONVERSATION QUESTIONS

- When has our family struggled with something heavy in life and felt like God was sleeping?
- Why does it matter that we have faith even in the storms of life? How can our family anchor ourselves in the truth of God's character and His Word during those times?
- What are some ways we can remind ourselves of God's presence during difficult days?

FAMILY CHALLENGE

Give each family member an index card and invite them to write out the biggest storm in their lives right now. Then ask them to imagine Jesus speaking over that storm, saying "Silence! Be still!" (Mark 4:39). Discuss together how doing this helps you trust that, even if Jesus doesn't calm the storm today, He is with you in it. And one day, every storm will cease—because He has promised us eternal life in a new heaven and new earth, where all the old things have faded away.