



## Discipleship Check-In: Year 1

**Connect:** Commit to connecting in community

**Grow:** Commit to growing to become more like Jesus

**Go:** Commit to going wherever he leads us

**Personal Preparation for Group Time:** Use the content below to prepare for your group time.

- Prepare for a time of self-reflection
  - **Read:** Hebrews 5:12-14
  - **Reflect:** What is this scripture about? What does it say to you? What do you need to do about it?
  - **Pray:** Ask God to meet you where you are and speak to you personally with conviction through the power of the Holy Spirit.
- Questions for self-reflection (*Reflect, journal and be prepared to share in your group time*)
  - Where am I currently as it relates to Grow & Go? (*See Grow & Go Assessment below*)
  - How am I growing in my intimacy with God?
  - What is my next step spiritually? Physically?
  - How can I be held accountable?
  - How am I discipling others as I grow in my faith?
- **Grow & Go Assessment:** To help identify where you are currently, take time to draw a line from each practice to which spiritual stage best describes where you are in your journey. Choose one or two areas that you would like to focus on in the next semester.

	GROW & GO PRACTICE	SPIRITUAL STAGE
GROW	Say Yes to Jesus	<i>Infant (Needs Guidance)</i>
	Worship Daily	
	Connect in a Group	
	Serve the Body	<i>Child (Self-focused)</i>
	Learn God's Word	
	Invest in the Mission	
GO	Make a Friend	<i>Young Adult (Kingdom-focused)</i>
	Invite a Friend	
	Meet a Need	
	Right a Wrong	<i>Parent (Disciple-maker)</i>
	Share the Good News	
	Help Start New Churches	

## Discipleship Check-In Group Time Agenda

### *How are we Growing & Going?*

#### **Three Wins for the Discipleship Check-In (Total of 2.5 hours)**

1. Fellowship and Celebration: What has God done in our lives?
2. Personal and group spiritual growth: In what areas are we growing personally? As a group?
3. Next Steps and accountability: What is my next step personally? What is our next step as a group? How can we be accountable to each other?

#### **Fellowship (15 minutes)**

- Fellowship/Icebreaker/Celebrating growth & milestones

#### **Opening (15 minutes)**

- Read Ephesians 4:12-16
- Pray

#### **Personal Connection (30 minutes)**

- What are you celebrating in your life right now? Where are you being challenged?
- What do you believe God has been teaching you through this season?

#### **Grow (30 minutes)**

- How is your spiritual growth impacting your personal life (i.e., marriage, parenting, finances, calendar, workplace)?
- Are there any areas of temptation or confessions you need to share?
- How are you and your group currently growing in daily devotion and God's word?
- How are you growing in your relationship with Jesus and becoming more like him?
- What is your personal right next step to become more like Jesus?

#### **Go (30 minutes)**

- How are you and your group currently putting into action what you're learning?
- Where are you and your group in the process of finding regular rhythms of serving in the church? In the community?
- Where/who do you personally sense Jesus is leading you to in this season?
- What is your personal right next step to go wherever he leads you?

#### **Small Group Agreement Review (10 minutes)**

- Read through the Small Group Agreement
- Commit to the next semester/season as a group

#### **Discuss the Group's Next Steps (10 minutes)**

- Determine your Time, Place and Plan (*Review Time, Place and Plan resource guide*)
- What is our group's next study? (*Refer to the Roadmap*)
- What practices/experiences will we incorporate into the next semester?
  - Serve the Community
  - Group Prayer Experience
  - Personal Prayer Experience
  - Group Celebration or Social Connection

#### **Prayer & Close (10 minutes)**

- Read Hebrews 10:19-25
- Submit your confessions, hopes, plans and requests to God through a time of group prayer