



## BOOK OF EPHESIANS

### NLT Life Application Bible Studies

#### 7 weeks | Book of the Bible study

### RECOMMENDED RESOURCES

- Copy of "Galatians/Ephesians: NLT Life Application Bible Studies" book
- Bible (The full text of Ephesians in the NLT is included in this book.)

### DESCRIPTION

In this study, we will see the power of the gospel to transform not only ourselves but how we live and serve in community with one another. Paul's letter to the Ephesians encourages and strengthens believers in their faith by teaching us the nature and purpose of the church, which is the body of Christ.

As disciples who are growing and disciple-makers who are going, our deep dive into this wonderful book will grow our understanding of God's purposes, Christ's place as the head of the church, and what it looks like to be a unified body of believers living by Christ's standards.

### Individual Study

- Complete weekly study content, scripture reading, and reflection questions
- Identify next steps to live out what you learn

### Group Time

- Discuss content and questions
- Encourage each other in taking next steps to live out what you learn

## STUDY OVERVIEW

We suggest breaking up each week's lesson into 5 days of daily devotion. Each day you will:

- Read the weekly lesson's scripture passage from Ephesians
- Complete the questions for one of the "5 R's" (Reflect, Read, Realize, Respond, Resolve)

Week 1: Lesson 7: All in the Family  
(Ephesians 1:1-14)

Week 2: Lesson 8: Alive!  
(Ephesians 1:15-2:10)

Week 3: Lesson 9: Tearing Down the Walls  
(Ephesians 2:11-3:21)

Week 4: Lesson 10: United We Stand  
(Ephesians 4:1-16)

Week 5: Lesson 11: Living in the Light  
(Ephesians 4:17-5:20)

Week 6: Lesson 12: Loving Submission  
(Ephesians 5:21-6:9)

Week 7: Lesson 13: Ready for Battle  
(Ephesians 6:10-24)

Next Week: Plan one week for a Discipleship Check-in and one week for an Experience (Personal Prayer, Group Prayer, Serve)