



# THE GOOD & BEAUTIFUL GOD

*Falling in love with the God Jesus knows*

**James Bryan Smith**  
**9 weeks | Book study**

## RECOMMENDED RESOURCES

- A copy of "The Good and Beautiful God" book
- Journal for personal reflection
- Bible

## ADDITIONAL RESOURCES

- Optional [Leader Guide](#)

## DESCRIPTION

We want to develop a clearer and more accurate picture of our God's true character. As we grow in our understanding and love for who he is, we will renew our desire to worship him daily and spend more time with him, leading us to a richer relationship with God.

This deep, loving, and transformative book will help us discover the narratives that Jesus lived by. We will better know the God he knew and the kingdom he proclaimed. And we will practice spiritual exercises that will help us grow in the knowledge of our good and beautiful God.

## Individual Study

- Read each week's chapter in "The Good and Beautiful God"
- Complete a soul training exercise to help the week's content sink deeper into your heart and mind
- Journal responses to soul training exercise reflection questions

## Group Time

- Follow the weekly discussion guides in the back of the book
- Discuss the content, soul training exercises, and scripture reading

## STUDY OVERVIEW

Week 1:	Chapter 1: What Are You Seeking? <i>Soul Training: Sleep</i>
Week 2:	Chapter 2: God is Good <i>Soul Training: Silence and Awareness of Creation</i>
Week 3:	Chapter 3: God is Trustworthy <i>Soul Training: Counting Your Blessings</i>
Week 4:	Chapter 4: God is Generous <i>Soul Training: Praying Psalm 23</i>
Week 5:	Chapter 5: God is Love <i>Soul Training: Lectio Divina</i>
Week 6:	Chapter 6: God is Holy <i>Soul Training: Margin</i>
Week 7:	Chapter 7: God is Self-Sacrificing <i>Soul Training: Reading the Gospel of John</i>
Week 8:	Chapter 8: God Transforms <i>Soul Training: Solitude</i>
Week 9:	Chapter 9: How to Make a Pickle <i>Soul Training: Slowing Down</i>

**Next Week:** Plan one week for a Discipleship Check-in and one week for an Experience (Personal Prayer, Group Prayer, Serve)