

SUNDAY

SERVICE PRETEENS



8:30 10:30	TEAM HUDDLE: Announcements, prayer, and service overview in the Explorers Room.
8:45 10:45	CHECK-IN: Welcome kids by name and invite them to join you at an activity.
9:05 11:05	WELCOME & WORSHIP: Join the kids - sing, dance, and model a heart of worship.
9:15 11:15	DISMISS PRETEENS: Give half the group a green lanyard and the other half a purple lanyard.
9:20 11:20	CONNECT ACTIVITY: Introduce the topic we are learning this week.
9:25 11:25	BIBLE LESSON: Teach the Bible story and have the kids look up verses with you.
9:45 11:45	SMALL GROUP ACTIVITY: Half the group do one activity & half will do the other activity.
9:55 11:55	SMALL GROUP ACTIVITY: Have the groups switch activities.
10:05 12:05	CHECK-OUT: Invite kids to choose an activity while they're waiting to be checked out.

PRETEENS



August 23, 2026 4-6TH

Check-Out Activities: **Corn Hole, Magnatiles, Bracelet Making**

Memory Verse: **Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. Deuteronomy 6:4-5**

Big Idea: **God takes care of us, so we should remember the many things He has done.**

Bible Passage: **The Book of Deuteronomy, Deuteronomy 32:7**

CONNECT ACTIVITY

Set up: **Print the “Zoom: Moving Truck” picture cards and cut apart. Write the numbers 1, 2, 3 or 4 on the back of each card, with #1 being the hardest image (top left) and #4 being the easiest image to guess (bottom right).**

Say: **Today we’re finishing a super fun series called “Zoom.” During “Zoom,” we’ve been zooming in and out of the first 5 books of the Bible — also known as the “Books of Moses.”**

Do you remember what the first 4 books are? (Take answers: Genesis, Exodus, Leviticus, and Numbers.) Today, we're going to zoom in and out of the last "Book of Moses," but first, we're going to zoom in and out of something else. Let's see if you can guess what it is.

Directions: Keep the "Zoom: Moving Truck" pictures turned over until the appropriate time. Each card is numbered, starting with 1 and ending with 4. When ready, turn over the first card and pass it around the group.

Ask the kids what they think is pictured and why they think that. After everyone has shared, turn over the second card and repeat. Each card will zoom further out on the mystery picture making it easier to identify.

Continue until all four cards have been turned over and the mystery picture is revealed. Congratulate the kids who guessed it right.

Question: Have you ever moved to a different house before? What sort of things did you have to remember for the big move?

PRETEENS



August 23, 2026 4-6TH

BIBLE LESSON

Hi everyone! Today we'll be zooming into and out of the Book of Deuteronomy. (Open Bible and hold it really close to your face.) We'll zoom in and look at some of the different stories in Deuteronomy, (hold Bible far away from your face) but then we'll zoom out to see what Deuteronomy shows us about God.

Moses had one more important thing to tell the Israelites before he died. Let's see what Moses told the Israelites. When the Israelites were wandering in the desert, they made a special agreement with God called a covenant.

God promised the Israelites that He would love them, take care of them, and give them a new land. In return, the Israelites promised to worship only God and live by His commandments.

Moses wanted the Israelites to remember their covenant with God when they moved into the Promised Land. Moses wanted the Israelites to REMEMBER all of the ways that God had cared for them in the past. He said that God was like an eagle who guarded his baby eaglets.

God hovered over them to protect them, He caught them and lifted them up when they fell, He helped them soar to the highest places in the land, and He fed them the finest foods. No other god was with them, only the one true God.

Finally, after Moses finished talking to the Israelites, he went off by himself into the desert, where he died. With Joshua as their new leader, the Israelites were now ready to enter the Promised Land!

Even though Moses didn't get to enter the Promised Land, he knew that if His people remembered how God had cared for them in the past, they would trust Him to care for them in the future.

REMEMBER THE DAYS OF LONG AGO

Wow! God sure wanted the Israelites to remember a lot of stuff. In fact, there are 23 different times in the Book of Deuteronomy that God tells His people to remember something.

When your parents have a lot of things they want you to remember, do they ever write it all down for you? (Kids respond.) That's basically what God did in the Book of Deuteronomy.

God knew that Moses wasn't going to be with the Israelites when they crossed into the Promised Land, so He had Moses write everything down that the Israelites needed to remember in their new land.

God wanted His people to remember the rules He gave them. He wanted them to remember the big agreement He had made with them. But, more than anything, God wanted the Israelites to remember the amazing things He had done for them.

**That's what our Bible verse for today shows us. Let's take a look at it. (Have kids open their Bibles to Deuteronomy 32:7. Choose a kid to read the verse aloud.) "Remember the days of long ago. Think about what the LORD did through those many years."
Deuteronomy 32:7a**

RACE TO REMEMBER

Imagine for a minute that you're one of the Israelites. Let's see if you can remember the days of long ago. We're going to have a competition to see if you can remember what the Lord did through those many years.

Have all the kids get into 2 teams. Give a leader from each team a piece of paper and a marker. When you say "go," have each group think of great things that God had done for the Israelites. Have the leader write down each thing on the paper.

If needed, prompt kids to think about what God did in the previous books of the Bible (Genesis, Exodus, Leviticus and Numbers.) Set a "1-minute timer." When the timer runs out, have the groups count up the number of examples they came up with. Ask the kids for some of the examples they came up with.

Great job — you would have made awesome Israelites! Why do you think God wanted the Israelites to remember all of these things? (Take responses.) Great answers! God wanted the Israelites to remember the things He had done for them, so they could have courage in their new land.

Sometimes it can be scary when you're going to a new place like the Promised Land, but if you remember all the things that God has done for you in the past, it's easier to trust that He'll take care of you in the future.

And do you know what? It's the same for us! God took care of the Israelites and He takes care of us too, so we should remember the many things He has done.

We might not be moving to the Promised Land, but there are plenty of times when we might feel nervous about something and we need to remember all of the ways that God has cared for us in the past so that we can trust Him with our future. In a little bit, we're going to remember some of the things God has done for us, but first, let's pray and thank God for taking care of us.

BIG BIBLE STORY QUESTIONS

- **What was your favorite part of the Book of Deuteronomy?**
- **What do you think the Book of Deuteronomy shows us about God?**
- **What are some things you remember that God has done for you in your life?**

PRETEENS



August 23, 2026 4-6TH
SMALL GROUP ACTIVITY 1

STONE FACE (Bible Memorization Activity)

Directions: **Place the Bible verse sign in the middle of the group and read it carefully with your kids several times so they can begin to memorize it.**

Today's Bible verse says: "Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength." Deuteronomy 6:4-5

When ready, remove the Bible verse sign. Tell the kids to recite the verse together while remaining stone faced. They may not laugh or smile.

Choose one kid to be the "Face Maker." While the other kids are reciting the verse, the "Face Maker" will make a funny face or do something silly in an attempt to get the other kids to laugh or smile.

Keep track of how many kids laugh or smile before the verse has been fully recited and give the "Face Maker" a point for each one. Continue until all of the kids have had a turn being the "Face Maker."

Questions:

- **Do you remember anything cool God has done for you?**
- **How has God cared for you and given you all the things you need?**
- **What's one special thing that God has given you or done for you?**

PRETEENS



August 23, 2026 **4-6TH**
SMALL GROUP ACTIVITY 2

TEN COMMANDMENTS MEMORY GAME

Say: **Moses told the Israelites to remember the special rules that God wanted them to live by. Most of these rules came from the 10 Commandments. Do you know any of the 10 Commandments? (Kids respond.) Let's find out by playing a little game!**

Directions: **Have the kids sit in the chairs. Split the kids into 2 teams. Give each kid from both teams a number 1-6 (if there are more than 12 kids you can make 3 teams). If the dice rolls their number they will race up to the front and have a chance to tell you one of the 10 Commandments.**

If they can tell you one of them, they get a point (no repeats, though). If not, the other team member has a chance to remember one. Keep rolling the dice until they've named as many of the Commandments as they can remember.

The Ten Commandments (Exodus 20:2–17 NIV)

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|--|---------------------------------------|
| 1. No other gods | 6. Do not murder |
| 2. No idols | 7. Do not commit adultery |
| 3. Do not misuse God's name | 8. Do not steal |
| 4. Keep the Sabbath holy | 9. Do not give false testimony |
| 5. Honor your father & mother | 10. Do not covet |

Nice work! God wanted the Israelites to remember the 10 Commandments because He knew that following these rules is the best way to live.

God also wanted everyone to know that the Israelites were special because they followed Him. By living differently from all of the other people, the Israelites would stand out big time! The other nations around them would see that the Israelites were living the best way and that God blessed them.

Questions:

- Why do you think it is important to remember what God has done for us in the past?**
- Why do you think it is important to remember and follow God's perfect rules for our life?**
- Sometimes it's easy to forget what God has done for us. What can we do to help us remember those things?**