



Small Discipleship Groups
Sermon Guide Questions
15 JANUARY 2023



Icebreaker: What is your favorite food of all time?
What is your least favorite?

1. Read aloud **Matthew 6:16-18**. What stands out to you in the text?
What impressions, curiosities, and questions arise?
2. Does Jesus expect us to fast - how do you know?
3. In your own words, how would you describe fasting? What is it for?
4. Give an illustration from your experience where God has "rewarded you" for what was done in secret.

Kingdom Worship: "Hungering for God"

15 JANUARY 2023

5. In your Christian life, is fasting a given? Like as essential to you as praying? As essential in your life as giving? Is God speaking to you through this Scripture - how?
6. What application do you derive from this discussion?
7. Just as we pray that God would help us to give in a way that brings Him glory, to pray in a way that brings Him glory, let us also pray that God will help us to fast in a way that brings Him glory.

